

LISTAGEM PROVISÓRIA (PARA CONFERÊNCIA DE TEMPO)

CORRIDA DO 1º DE MAIO DE 2011

Patrocínio: USL/CGTP-IN

Apoio: USL/CGTP-IN

Data: 01/05/2011

Classif.: Relatório Faixa Etária Masculino e Feminino

Feminino de 20 até 39 anos - SENIOR

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Clube	Tempo
1	2	CLARISSE CRUZ	33	F2039	F				SPORTING CP	00:55:09
2	1290	MADALENA CARRIÇO	32	F2039	F				CS MARITIMO	00:55:25
3	1076	VERA NUNES	31	F2039	F				SL BENFICA	00:57:32
4	374	MARGARIDA DIONISIO	24	F2039	F				LINDA PASTORA SC	00:58:13
5	12	CELMA BONFIM	33	F2039	F				INDIVIDUAL	00:58:57
6	3	HELENA SAMPAIO	37	F2039	F				GRECAS	00:59:49
7	754	TANIA CABRAL	22	F2039	F				GARMIN/ COO	01:00:23
8	592	VERONICA SANTOS	34	F2039	F				CR LEOES P SALVO	01:01:34
9	1134	JOSEFA SANGE	35	F2039	F				JOANINHAS LEIÃO	01:01:59
10	181	CARLA PINTO	39	F2039	F				GD MACEDO OCULISTA	01:06:48
11	1356	ELIZABETE SOUSA	37	F2039	F				INDIVIDUAL	01:08:08
12	821	ALEXANDRA ALVES	28	F2039	F				INDIVIDUAL	01:11:40
13	552	CARLA S SANTOS	35	F2039	F				OS KAMARROS	01:11:48
14	1266	MARIA JOAO LOPES	30	F2039	F				CLUBE BOLINHA	01:12:09
15	747	SONIA ALEXANDRE	36	F2039	F				INDIVIDUAL	01:12:14
16	907	RAQUEL PEDRO	25	F2039	F				STAL	01:12:55
17	975	BRANCA DIAS	36	F2039	F				CCD O ALVITEJO	01:13:29
18	1153	MARIA AZEVEDO	32	F2039	F				WIKABOO	01:15:15
19	196	OLGA CORREIA	36	F2039	F				GD MACEDO OCULISTA	01:15:38
20	664	CARLA C CARDOSO	32	F2039	F				RUN 4 FUN	01:16:57
21	398	SANDRA SILVA	34	F2039	F				AMIGOS CORRIDA	01:18:28
22	1179	ROSA VASSINDULA	31	F2039	F				CDR ARRUDENSE	01:18:34
23	540	VANESSA REIS	32	F2039	F				GA MONSANTO	01:19:05
24	492	MADALENA BRANCO	38	F2039	F				CAMARA L CLUBE	01:19:53
25	246	RITA CARROLA	34	F2039	F				AÇOREANA C BANIF	01:20:20
26	575	MARILIA RIBEIRO	27	F2039	F				TOKANDAR	01:20:55
27	649	ELISABETE BARRADAS	31	F2039	F				INDIVIDUAL	01:20:59
28	1337	PAULA PENEDO	34	F2039	F				INDIVIDUAL	01:22:09
29	201	NOEMIA MONTEIRO	35	F2039	F				INDIVIDUAL	01:22:11
30	556	VANDA CAMPOS	33	F2039	F				CLUBE BOLINHA	01:22:11
31	1257	MARIA MAGALHAES	34	F2039	F				INDIVIDUAL	01:23:40
32	743	JOANA GOMES	28	F2039	F				TEJAVISTA	01:23:46
33	40	MARTA PIMENTEL	30	F2039	F				NERVOSISSIMOS	01:24:44
34	515	MARIANA MARQUES	22	F2039	F				NOVABASE	01:24:44

35	596	SONIA JANELA	38	F2039	F	S TEAM	01:25:47
36	780	ANGELA MESTRE	34	F2039	F	INDIVIDUAL	01:26:13
37	139	ANA LEITAO	36	F2039	F	INDIVIDUAL	01:27:29
38	634	TERESA FIGUEIREDO	37	F2039	F	INDIVIDUAL	01:27:35
39	825	RAQUEL CARVALHO	34	F2039	F	INDIVIDUAL	01:27:44
40	1331	HELIA FERREIRA	31	F2039	F	INDIVIDUAL	01:28:25
41	1013	PAULA COSTA	39	F2039	F	SS CGD	01:29:46
42	553	CELIA Mª DIAS	39	F2039	F	OS KAMARROS	01:31:25
43	571	DEOLINDA SANTOS	39	F2039	F	INDIVIDUAL	01:32:05
44	283	CRISTINA ALEXANDRA	31	F2039	F	INDIVIDUAL	01:32:33
45	559	PATRICIA PINO	31	F2039	F	NINJAS DA ESTRADA	01:32:55
46	386	SUSANA PINTO	36	F2039	F	INDIVIDUAL	01:32:57
47	387	PATRICIA DIAS	33	F2039	F	INDIVIDUAL	01:32:57
48	956	CARLA MARQUES	38	F2039	F	EIRAGYM	01:33:26
49	982	ISABEL PINTO	37	F2039	F	CLUBE ROBBIALAC	01:34:19
50	379	CLAUDIA SANTOS	26	F2039	F	INDIVIDUAL	01:34:29
51	44	LUISA FREITAS	29	F2039	F	CLUBE HERMES	01:34:37
52	47	ALEXANDRA INACIO	37	F2039	F	CLUBE HERMES	01:34:42
53	100	ANDREIA ROCHA	28	F2039	F	INDIVIDUAL	01:34:45
54	140	SANDRA SERAFIM	36	F2039	F	INDIVIDUAL	01:35:08
55	523	INES MENDES	26	F2039	F	INDIVIDUAL	01:37:46
56	522	DANIELA IGNAZITTO	37	F2039	F	INDIVIDUAL	01:38:36
57	1244	RITA J PROENÇA	30	F2039	F	INDIVIDUAL	01:38:40
58	1036	ALEXANDRINA FILIPE	39	F2039	F	CD GRUPO BES	01:40:14
59	275	CARLA JOYCE	30	F2039	F	INDIVIDUAL	01:40:55
60	1365	VANIA CABAÇO	27	F2039	F	SQUADRA	01:42:24
61	1366	VERA MARQUES	29	F2039	F	SQUADRA	01:42:24
62	1332	SONIA GAMITO	33	F2039	F	INDIVIDUAL	01:42:47
63	1338	ANDREIA ROCHA	32	F2039	F	INDIVIDUAL	01:43:47
64	1339	DORA MONTEIRO	37	F2039	F	INDIVIDUAL	01:43:48
65	624	SANDRA CAMPOS	36	F2039	F	INDIVIDUAL	01:45:32
66	989	SARA LOPES	25	F2039	F	INDIVIDUAL	01:46:02
67	560	RENATA CORREIA	32	F2039	F	NINJAS DA ESTRADA	01:47:52

Feminino de 40 até 49 anos - VETERANA 1

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Clube	Tempo
1	93	CHANTAL XHERVELLE	43	F4049	F				MACHADA RUNNERS	01:01:22
2	615	LUCILIA SOARES	49	F4049	F				SL BENFICA	01:02:27
3	756	PAULA FERNANDES	46	F4049	F				GARMIN/ COO	01:05:17
4	1186	LUISA MONTEIRO	41	F4049	F				CRD ARRUDENSE	01:05:23
5	761	SUSANA ALMEIDA	41	F4049	F				GARMIN/ COO	01:07:41
6	757	PAULA LEMOS	44	F4049	F				GARMIN/ COO	01:09:34
7	247	RUTE MATOS	40	F4049	F				AÇOREANA C BANIF	01:09:51
8	1005	ISABEL MOLEIRO	43	F4049	F				SS CGD	01:14:50
9	953	SÓNIA GOMES	40	F4049	F				CR LEOES P SALVO	01:17:36
10	895	Mª ROSA CONDEZ	44	F4049	F				MIRANTENSE FC	01:18:32
11	753	ISABEL RODRIGUES	40	F4049	F				GARMIN/ COO	01:18:38
12	429	TERESA PALMA	48	F4049	F				INDIVIDUAL	01:20:34
13	298	MANUELA GONÇALVES	43	F4049	F				CF OS AVISENSES	01:20:38
14	399	MARIA MALDONADO	43	F4049	F				AMIGOS CORRIDA	01:21:16
15	49	HENRIQUETA SOLIPA	49	F4049	F				RUNNERS	01:21:49
16	785	CECILIA NICOLAU	44	F4049	F				AA LEBRES SADO	01:23:03
17	352	CLAUDIA FERREIRA	44	F4049	F				INDIVIDUAL	01:23:31
18	393	Mª LURDES ANTONIO	41	F4049	F				LINK	01:24:00
19	728	ISABEL OLIVEIRA	41	F4049	F				RUN 4 FUN	01:24:03
20	729	AMELIA GONÇALVES	40	F4049	F				RUN 4 FUN	01:24:03
21	961	SANDRA DUARTE	41	F4049	F				INDIVIDUAL	01:24:52
22	1092	INES PEREIRA	40	F4049	F				C SARGENTO ARMADA	01:25:00
23	852	PAULA BATALHA	45	F4049	F				C MILLENIUM BCP	01:27:48
24	131	CARMINDA PIRES	48	F4049	F				INDIVIDUAL	01:29:32
25	378	VIRGILIA FREIRE	47	F4049	F				INDIVIDUAL	01:29:48
26	1120	LIDIA LOPES	49	F4049	F				GD SANTANDER TOTTA	01:30:17
27	751	FERNANDA PARRO	47	F4049	F				GARMIN/ COO	01:31:42
28	957	ALZIRA PEREIRA	45	F4049	F				EIRAGYM	01:33:27
29	580	ANABELA OLIVEIRA	47	F4049	F				10 PRAS 11	01:34:07
30	239	Mª MANUELA ANTON	44	F4049	F				INDIVIDUAL	01:35:43
31	197	PAULA COUTO	47	F4049	F				GD MACEDO OCULISTA	01:37:13
32	89	SANDRA CORREIA	41	F4049	F				INDIVIDUAL	01:39:42
33	602	ROSARIA PACHECO	49	F4049	F				INDIVIDUAL	01:49:57

Feminino de 50 até 59 anos - VETERANA 2

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Clube	Tempo
1	1146	MARGARIDA GODINHO	52	F5059	F				INDIVIDUAL	01:10:44
2	479	ROSA PRATAS	51	F5059	F				C FERROV PORTUGAL	01:17:34
3	1093	MAGNIFICA ALVAREDO	56	F5059	F				C SARGENTO ARMADA	01:18:09
4	1178	DEOLINDA ANTONIO	56	F5059	F				CRD ARRUDENSE	01:18:46
5	1384	MªLUZ CONCHINHA	52	F5059	F				CLUBE STRESS	01:22:10
6	718	PAULA MACHADO	56	F5059	F				CCDP MUN CASCAIS	01:22:57
7	109	LUISA RALHA	52	F5059	F				RUN 4 FUN	01:23:52
8	633	ANA SANTOS	51	F5059	F				LISBON RUNNERS	01:26:23
9	1317	Mª HELENA COSTA	55	F5059	F				DELICIAS MAR	01:27:20
10	1189	LUCILIA CASANOVA	55	F5059	F				INDIVIDUAL	01:28:23
11	198	ROSALINDA GONÇALVES	56	F5059	F				GD MACEDO OCULISTA	01:28:52
12	1191	LURDES LOPES	51	F5059	F				INDIVIDUAL	01:31:35
13	1050	VANDA AUGUSTO	56	F5059	F				ODIMARQ ALUMINIOS	01:31:52
14	885	MARIA LIMA	55	F5059	F				O CELEIRO MEMORIA	01:33:18
15	744	MANUELA BUSTORFF	56	F5059	F				TEJAVISTA	01:34:06
16	1318	JOSELIA ALMEIDA	53	F5059	F				DELICIAS MAR	01:37:02
17	959	DORA DUARTE	50	F5059	F				EIRAGYM	01:38:46
18	1190	Mª GORETTEH ALFAIA	51	F5059	F				INDIVIDUAL	01:42:15
19	944	CLARA MINA	50	F5059	F				CA VALE FIGUEIRA	01:46:02
20	244	IDALINA MADEIRA	50	F5059	F				AÇOREANA C BANIF	01:49:30

Feminino de 60 até 99 anos - VETERANA 3

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Clube	Tempo
1	331	MANUELA FOLGADO	60	F6099	F				C BENFICA ALG MEM	01:10:17
2	11	JOAQUINA FLORES	71	F6099	F				GA SUPERESTRELAS	01:14:02
3	1311	ISILDA BARRADAS	60	F6099	F				SL CAMPOLIDE	01:31:35
4	1383	M CARMO ANJOS	64	F6099	F				JF PORTELA	01:36:48

Masculino de 20 até 39 anos - SENIOR

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Clube	Tempo
1	1	HERMANO FERREIRA	28	M2039	M				GDR CONFORLIMPA	00:47:08
2	10	EUCLIDES VARELA	31	M2039	M				U CAXIENSES	00:48:08
3	5	BRUNO FRAGA	33	M2039	M				GDR REBOLEIRA	00:48:59
4	1181	ARTUR SANTIAGO	39	M2039	M				CRD ARRUDENSE	00:49:10
5	7	LUIS GINJA	37	M2039	M				GDR REBOLEIRA	00:49:12
6	375	PEDRO CONCEIÇÃO	22	M2039	M				LINDA PASTORA SC	00:49:23
7	994	PEDRO GOMES	33	M2039	M				BOAVISTA S MATEUS	00:49:31
8	1040	ELIAS VITANGUI	34	M2039	M				ODIMARQ ALUMINIOS	00:49:41
9	4	HUGO PINTO	27	M2039	M				RB RUNNING	00:49:55
10	1370	LUIS LIMA	39	M2039	M				SPORTZONE	00:49:58
11	1039	LUIS BATISTA	33	M2039	M				ODIMARQ ALUMINIOS	00:50:51
12	1185	DAVID FERNANDES	36	M2039	M				CRD ARRUDENSE	00:51:09
13	6	NUNO ROMAO	38	M2039	M				GDR REBOLEIRA	00:51:12
14	147	HELDER FERREIRA	36	M2039	M				UFCI TOMAR	00:52:05
15	980	PEDRO MAIA	37	M2039	M				AA MAFRA	00:52:52
16	1210	PEDRO GIL	38	M2039	M				GDR REBOLEIRA	00:54:05
17	302	RUI CHAVES	35	M2039	M				GD CARRIS	00:54:13
18	56	NUNO GRAÇA	27	M2039	M				A SACAVENENSE	00:54:28
19	1378	FILIPE JANUARIO	27	M2039	M				CCD AUT ALMADA	00:55:02
20	1187	MIGUEL SANTOS	20	M2039	M				CRD ARRUDENSE	00:55:10
21	677	RUI PACHECO	34	M2039	M				INDIVIDUAL	00:55:52
22	1199	SIMONE DELL ACQUA	30	M2039	M				ATLETICA C T PAVIA	00:55:54
23	1183	PAULO ALBINO	31	M2039	M				CDR ARRUDENSE	00:55:56
24	890	JANICIO SOARES	33	M2039	M				MIRANTENSE FC	00:57:03
25	803	JOAO P F BOA	25	M2039	M				CA PATAMEIRAS	00:57:25
26	1211	ILIDIO MENDES	31	M2039	M				GDR REBOLEIRA	00:57:26
27	922	ARTUR LOPES	38	M2039	M				STAL	00:57:42
28	1158	RICARDO FRANCO	26	M2039	M				WIKABOO	00:57:54
29	1360	JULIO BARROCO	31	M2039	M				RB RUNNING	00:58:04
30	778	RICARDO SEQUEIRA	36	M2039	M				GD DEUTSCHE BANK	00:58:15
31	1182	JOAO DIAS	39	M2039	M				CRD ARRUDENSE	00:58:18
32	400	MANUEL MASCARENHAS	28	M2039	M				AMIGOS CORRIDA	00:58:41
33	920	MARIO PARRULAS	37	M2039	M				STAL	00:58:54
34	676	HUGO ADELINO	37	M2039	M				A VALE SILENCIO	00:59:06
35	483	PAULO PALMA	33	M2039	M				CAMARA L CLUBE	00:59:22
36	1230	PEDRO S GONÇALVES	29	M2039	M				RB RUNNING	00:59:25
37	1041	ORLANDO CORREIA	39	M2039	M				ODIMARQ ALUMINIOS	00:59:57
38	1095	FERNANDO PEREIRA	37	M2039	M				C SARGENTO ARMADA	00:59:59
39	426	PAULO ALVES	33	M2039	M				GD IN CASA MOEDA	01:00:13
40	894	PAULO DURAES	39	M2039	M				CDR ARRUDENSE	01:00:17
41	1355	ANTONIO GOUVEIA	38	M2039	M				INDIVIDUAL	01:00:21

42	519	MILTON SILVA	31	M2039	M	INDIVIDUAL	01:00:33
43	968	JOSÉ A BORGES	35	M2039	M	INDIVIDUAL	01:00:37
44	364	SERAFIM PAULO	39	M2039	M	INDIVIDUAL	01:00:45
45	923	VICTOR REGO	36	M2039	M	STAL	01:00:47
46	897	CARLOS LOPES	36	M2039	M	MIRANTENSE FC	01:00:51
47	1124	LUIS RAFAEL	39	M2039	M	GD SANTANDER TOTTA	01:00:52
48	832	SAMUEL GALVEIA	30	M2039	M	INDIVIDUAL	01:00:55
49	1350	RICARDO FERREIRA	34	M2039	M	INDIVIDUAL	01:01:11
50	760	RUI LACERDA	38	M2039	M	GARMIN/ COO	01:01:31
51	779	EDGAR SEQUEIRA	37	M2039	M	GD DEUTSCHE BANK	01:01:50
52	1126	HAMILTOM DIAS	35	M2039	M	GD SANTANDER TOTTA	01:01:59
53	312	FERNANDO CANDEIAS	39	M2039	M	ADCR P JUDICIARIA	01:02:02
54	401	TELMO CARRILHO	35	M2039	M	AMIGOS CORRIDA	01:02:24
55	702	NUNO VERISSIMO	35	M2039	M	GELPINHOS	01:02:29
56	450	NUNO PITA	35	M2039	M	CCDT METRO LX	01:02:32
57	805	MIGUEL TAVARES	38	M2039	M	CA PATAMEIRAS	01:02:33
58	419	FERNANDO GOMES	37	M2039	M	UNIDOS MANUTENÇÃO	01:02:39
59	1349	NUNO FORTE	37	M2039	M	FIRST TEAM	01:02:48
60	1033	LUIS MONTEIRO	39	M2039	M	CD GRUPO BES	01:03:16
61	1260	JORGE MELO	32	M2039	M	CLUBE BOLINHA	01:04:02
62	494	EDGAR JACINTO	24	M2039	M	OS ZATOPQUES	01:04:20
63	1223	PAULO CARMO	36	M2039	M	#1	01:04:30
64	865	PEDRO P ROMANO	25	M2039	M	INDIVIDUAL	01:04:45
65	512	ADEMAR VERISSIMO	29	M2039	M	SINTRA 3	01:05:02
66	669	ANTONIO COELHO	36	M2039	M	A VALE SILENCIO	01:05:02
67	1321	VITOR VELOSO	35	M2039	M	TANDUR	01:05:16
68	1051	MIGUEL CARNEIRO	27	M2039	M	C SARGENTO ARMADA	01:05:17
69	759	PEDRO MENDES	32	M2039	M	GARMIN/ COO	01:05:18
70	1083	LUIS SALES	35	M2039	M	INDIVIDUAL	01:05:18
71	1184	JOAO LUIS	31	M2039	M	CDR ARRUDENSE	01:05:21
72	148	CARLOS M RODRIGUES	38	M2039	M	GD CHELAS	01:05:49
73	896	CARLOS MANUEL VITORINO	37	M2039	M	MIRANTENSE FC	01:05:49
74	449	NUNO AZEVEDO	32	M2039	M	CCDT METRO LX	01:06:00
75	797	DAVID KARIM	32	M2039	M	AD REAL ACADEMIA	01:06:17
76	359	PEDRO PLACIDO	32	M2039	M	INDIVIDUAL	01:06:20
77	149	FERNANDO CAEIRO	39	M2039	M	GD CHELAS	01:06:25
78	290	JOAO PRISAL	38	M2039	M	RAIL RUNNERS	01:06:28
79	1320	FILIPE FIDALGO	30	M2039	M	TANDUR	01:06:29
80	1227	HUGO PINA	29	M2039	M	INDIVIDUAL	01:06:35
81	790	RICARDO ALVES	35	M2039	M	PE DE ATLETA	01:06:36
82	612	HELDER VARANDA	33	M2039	M	ACADEMIA KORPO	01:06:54
83	58	VITOR LEBRE	36	M2039	M	INDIVIDUAL	01:07:17
84	611	ALEXANDRE SILVA	32	M2039	M	ACADEMIA KORPO	01:07:20
85	26	BRUNO PEREIRA	35	M2039	M	ORISTARS FARELO R	01:07:30
86	1385	MARIO SANTOS	27	M2039	M	INDIVIDUAL	01:07:31
87	771	LUIS ANTUNES	39	M2039	M	RB RUNNING	01:07:42
88	137	PAULO A CALDEIRA	33	M2039	M	INDIVIDUAL	01:07:43

89	1030	JOAO TOMAS	26	M2039	M	CD GRUPO BES	01:07:43
90	134	PAULO PINTO	38	M2039	M	FIGAS E AMIGOS	01:07:44
91	484	ERNESTO MONTEIRO	39	M2039	M	CAMARA L CLUBE	01:07:45
92	599	DAVID M LOUSADA	31	M2039	M	INDIVIDUAL	01:07:48
93	21	TIAGO P BASTOS	34	M2039	M	ORISTARS FARELO R	01:07:52
94	28	JOSE OLIVEIRA	39	M2039	M	ORISTARS FARELO R	01:07:52
95	266	PAULO TORRAO	39	M2039	M	AÇOREANA C BANIF	01:07:53
96	1327	MIGUEL T SOUSA	35	M2039	M	C COLAB AXA	01:08:00
97	858	NUNO M ALMEIDA	39	M2039	M	C MILLENIUM BCP	01:08:10
98	917	ALEXANDRE VAZ	33	M2039	M	STAL	01:08:21
99	497	NUNO COSTA SILVA	35	M2039	M	OS ZATOPEQUES	01:08:25
100	338	VITOR NOVAIS	35	M2039	M	GAA VILA FRANCA XIRA	01:08:28
101	163	RUI MILAGRES	39	M2039	M	INDIVIDUAL	01:08:40
102	195	SERGIO MONTES	33	M2039	M	GD MACEDO OCULISTA	01:08:42
103	462	ANTONIO SILVA	37	M2039	M	BAMOXIMBORA	01:08:44
104	380	DARIO LUZ	30	M2039	M	INDIVIDUAL	01:08:46
105	230	MARCOS OLIVEIRA	38	M2039	M	GD INE	01:08:47
106	53	CARLOS BEATO	38	M2039	M	LINDA PASTORA SC	01:08:50
107	270	RUI SILVA	35	M2039	M	AÇOREANA C BANIF	01:08:55
108	614	CESAR A T FERREIRA	27	M2039	M	SC CASAINHOS	01:08:55
109	1217	ANDRE VAZ	26	M2039	M	PERNAS GAFANHOTO	01:09:14
110	191	RICARDO MARTA	32	M2039	M	GD MACEDO OCULISTA	01:09:17
111	268	PEDRO BURGUETTE	35	M2039	M	AÇOREANA C BANIF	01:09:22
112	793	FERNANDO SOARES	36	M2039	M	INDIVIDUAL	01:09:22
113	402	MIGUEL CABRAL	37	M2039	M	AMIGOS CORRIDA	01:09:25
114	665	BRUNO CIPRIANO	28	M2039	M	INDIVIDUAL	01:09:26
115	1125	CARLOS TEIXEIRA	38	M2039	M	GD SANTANDER TOTTA	01:09:26
116	480	NUNO PIMENTA	34	M2039	M	INDIVIDUAL	01:09:27
117	417	RICARDO CEBOLA	28	M2039	M	UNIDOS MANUTENÇÃO	01:09:38
118	703	JOSE C MARQUES	21	M2039	M	INDIVIDUAL	01:09:40
119	1216	ANDRE BRANCO	36	M2039	M	PERNAS GAFANHOTO	01:09:50
120	48	RICARDO CABO	21	M2039	M	INDIVIDUAL	01:09:52
121	1006	TIAGO AVELÃS	36	M2039	M	SS CGD	01:09:55
122	564	VITOR CID	36	M2039	M	GDCT UNICRE	01:09:57
123	784	JOSE OLIVEIRA	37	M2039	M	AA LEBRES SADO	01:10:03
124	945	RICARDO FRANCO	39	M2039	M	INDIVIDUAL	01:10:03
125	1130	JOAO JESUS	35	M2039	M	GD SANTANDER TOTTA	01:10:09
126	585	PEDRO GABRIEL	36	M2039	M	AMIGOS PARQUE PAZ	01:10:11
127	606	ANTONIO DIAS	32	M2039	M	ACADEMIA KORPO	01:10:24
128	607	MANUEL MONTEIRO	33	M2039	M	ACADEMIA KORPO	01:10:24
129	568	AMERICO L CARVALHO	37	M2039	M	INDIVIDUAL	01:10:32
130	682	LUIS SANTOS	29	M2039	M	A VALE SILENCIO	01:10:34
131	1073	ALEXANDRE COSTA	35	M2039	M	CLUBE VODAFONE	01:10:35
132	202	ALEXANDRE MONTE LEE	33	M2039	M	INFOSISTEMA R TEAM	01:10:36
133	30	JOAO M MATIAS	27	M2039	M	CCDT MUN ODIVELAS	01:10:41
134	29	JOSE C MOREIRA	34	M2039	M	CCDT MUN ODIVELAS	01:10:42
135	555	RUI MIGUEL BATISTA	35	M2039	M	OS KAMARROS	01:10:54

136	71	JOAQUIM GRILO	34	M2039	M	INDIVIDUAL	01:11:02
137	1259	JORGE NABAIS	28	M2039	M	INDIVIDUAL	01:11:02
138	829	CARLOS M BARROSO	34	M2039	M	INDIVIDUAL	01:11:07
139	993	JOÃO CONSTANTINO	32	M2039	M	ORACLE	01:11:09
140	991	VITOR CORREIA	30	M2039	M	ORACLE	01:11:10
141	1019	CARLOS FERREIRA	36	M2039	M	CLUBE AUTOCOOPE	01:11:13
142	376	PEDRO SOUSA	32	M2039	M	INDIVIDUAL	01:11:26
143	528	BRUNO FRANCISCO	28	M2039	M	AMIGOS LUIS	01:11:29
144	811	NUNO M SANTOS	32	M2039	M	INDIVIDUAL	01:11:30
145	806	NUNO M DORES	28	M2039	M	CA PATAMEIRAS	01:11:34
146	1367	FERNANDO COSTA	34	M2039	M	INDIVIDUAL	01:11:39
147	1335	MARIO M SILVA	36	M2039	M	INDIVIDUAL	01:11:40
148	704	NELSON RODRIGUES	37	M2039	M	INDIVIDUAL	01:11:45
149	76	JOAO GONÇALVES	38	M2039	M	MEREDIANOS	01:11:46
150	358	PEDRO DUARTE	30	M2039	M	AA MAFRA	01:11:51
151	1159	ALEXANDRE P NUNES	35	M2039	M	INDIVIDUAL	01:11:51
152	35	CARLOS M MARQUES	35	M2039	M	INDIVIDUAL	01:12:02
153	77	RUI P SANTOS	36	M2039	M	MEREDIANOS	01:12:05
154	1293	JOAO P SANTOS	33	M2039	M	BLACK WHITE	01:12:13
155	1348	JOAO NASCIMENTO	39	M2039	M	VENDA PINHEIRO	01:12:13
156	1221	NUNO LUCAS	31	M2039	M	PERNAS GAFANHOTO	01:12:14
157	734	TITO HENRIQUES	37	M2039	M	INDIVIDUAL	01:12:20
158	605	PAULO SILVA	34	M2039	M	ACADEMIA KORPO	01:12:38
159	999	HUGO TAVARES	27	M2039	M	INDIVIDUAL	01:12:42
160	430	RUI SILVA	33	M2039	M	INDIVIDUAL	01:12:58
161	608	VALTER FONSECA	29	M2039	M	ACADEMIA KORPO	01:13:00
162	648	NUNO J F OLIVEIRA	35	M2039	M	INDIVIDUAL	01:13:05
163	1069	PEDRO DIAS	36	M2039	M	GDOA	01:13:13
164	38	ALEXANDRE VAZ	38	M2039	M	INDIVIDUAL	01:13:19
165	59	MALAQUIAS F LUZ	39	M2039	M	INDIVIDUAL	01:13:39
166	727	RUI OLIVEIRA	38	M2039	M	RUN 4 FUN	01:13:43
167	1234	RUI BERNARDINO	30	M2039	M	MA MORAIS	01:13:43
168	554	JOAO C DIAS	38	M2039	M	OS KAMARROS	01:13:47
169	231	NUNO MARTINS	39	M2039	M	GD INE	01:13:49
170	1142	NUNO SILVA	35	M2039	M	INDIVIDUAL	01:13:49
171	1235	ANTONIO BARBOSA	31	M2039	M	MA MORAIS	01:13:52
172	421	GIL X ALVES	34	M2039	M	UNIDOS MANUTENÇÃO	01:13:53
173	1113	ANTONIO LOURO	37	M2039	M	GD SANTANDER TOTTA	01:13:56
174	689	RUI TOMAS	28	M2039	M	A VALE SILENCIO	01:13:58
175	1016	ANDRÉ SOUSA	23	M2039	M	INDIVIDUAL	01:14:00
176	170	JOAO C S COSTA	38	M2039	M	INDIVIDUAL	01:14:04
177	461	PEDRO FILIPE PEREIRA	35	M2039	M	INDIVIDUAL	01:14:06
178	530	JOAO P GAMA	35	M2039	M	AMIGOS LUIS	01:14:08
179	671	DANIEL PINTO	26	M2039	M	A VALE SILENCIO	01:14:16
180	683	MARCO MELO	35	M2039	M	A VALE SILENCIO	01:14:16
181	1242	JOAO N FERNANDES	28	M2039	M	CLUBE STRESS	01:14:17
182	1222	CARLOS M F MACHADO	35	M2039	M	INDIVIDUAL	01:14:25

183	1299	PEDRO J MENDES	39	M2039	M	INDIVIDUAL	01:14:26
184	963	LUIS HENRIQUE COSTA	34	M2039	M	INDIVIDUAL	01:14:38
185	675	FILIFE RAMALHO	30	M2039	M	A VALE SILENCIO	01:14:45
186	1381	MIGUEL PINHO	39	M2039	M	INDIVIDUAL	01:15:12
187	987	GIL FERREIRA	25	M2039	M	INDIVIDUAL	01:15:17
188	916	JOÃO XAVIER	38	M2039	M	STAL	01:15:28
189	242	SERGIO CASTRO	32	M2039	M	INDIVIDUAL	01:16:02
190	992	PEDRO RIBEIRO	33	M2039	M	ORACLE	01:16:11
191	125	ANDRE F CARVALHO	27	M2039	M	INDIVIDUAL	01:16:16
192	285	NUNO M B MARTINS	39	M2039	M	INDIVIDUAL	01:16:16
193	967	LUÍS GONÇALVES	31	M2039	M	UDCA	01:16:20
194	223	ROGERIO NUNES	38	M2039	M	GD AGUIAS MOITA	01:16:21
195	176	CARLOS ANJOS	31	M2039	M	ASAS DEUS	01:16:22
196	986	JOEL GUEDES	36	M2039	M	INDIVIDUAL	01:16:33
197	252	DIOGO FERREIRA	38	M2039	M	AÇOREANA C BANIF	01:16:34
198	1064	JOAO REVES	39	M2039	M	LESMAS ALOPRADAS	01:16:44
199	639	EDUARDO BRITO	38	M2039	M	RUNNING OF D MARIA	01:16:46
200	126	JOAO MAFRA	38	M2039	M	SESIMBRA MAR	01:16:54
201	576	JORGE M RODRIGUES	34	M2039	M	INDIVIDUAL	01:17:00
202	1333	CARLOS PIRES	32	M2039	M	INDIVIDUAL	01:17:01
203	1231	RICARDO GALRAO	31	M2039	M	INDIVIDUAL	01:17:06
204	42	RICARDO GONÇALVES	34	M2039	M	NERVOSISSIMOS	01:17:09
205	233	PEDRO GOMES	25	M2039	M	GD INE	01:17:10
206	228	GONÇALO FERREIRA	38	M2039	M	GD INE	01:17:12
207	92	JOAO DAMASIO	37	M2039	M	GD O INDEPENDENTE	01:17:23
208	81	GONÇALO R SILVA	37	M2039	M	INDIVIDUAL	01:17:29
209	977	JOÃO P OLIVEIRA	35	M2039	M	INDIVIDUAL	01:17:29
210	427	JOSE LIBERATO	35	M2039	M	GD IN CASA MOEDA	01:17:33
211	763	ANTONIO DAMIAO	34	M2039	M	INDIVIDUAL	01:17:33
212	684	PAULO PIRES	36	M2039	M	A VALE SILENCIO	01:17:44
213	1219	JOSE P TOME	36	M2039	M	PERNAS GAFANHOTO	01:17:57
214	1325	NUNO GAMEIRO	30	M2039	M	INDIVIDUAL	01:18:02
215	1329	RUI ARAUJO	35	M2039	M	INDIVIDUAL	01:18:05
216	826	JOAO L VALENTE	35	M2039	M	INDIVIDUAL	01:18:12
217	1035	RUI GAMEIRO	37	M2039	M	CD GRUPO BES	01:18:16
218	1269	BRUNO MASSANO	29	M2039	M	CLUBE MARGINAL	01:18:16
219	1292	HELDER S PINTO	34	M2039	M	INDIVIDUAL	01:18:18
220	227	FRANCISCO CALDEIRA	37	M2039	M	GD INE	01:18:19
221	383	TIAGO CANHOTO	38	M2039	M	INDIVIDUAL	01:18:25
222	1359	MARCO COSTA	32	M2039	M	INDIVIDUAL	01:18:29
223	557	SERGIO COSTA	33	M2039	M	NINJAS DA ESTRADA	01:18:30
224	621	VIKTOR DASHCHENKO	34	M2039	M	VIKWASH	01:18:32
225	1218	JOSE MORENO	36	M2039	M	PERNAS GAFANHOTO	01:18:36
226	597	JOSE L GONÇALVES	35	M2039	M	INDIVIDUAL	01:18:38
227	39	RUI FALHAS	36	M2039	M	NERVOSISSIMOS	01:18:43
228	41	NUNO GONÇALVES	35	M2039	M	NERVOSISSIMOS	01:18:44
229	792	CELESTINO TAVARES	35	M2039	M	PE DE ATLETA	01:18:47

230	609	PEDRO BATISTA	31	M2039	M	ACADEMIA KORPO	01:18:53
231	327	CARLOS NEVES	31	M2039	M	OS INDOMAVEIS	01:18:55
232	234	LUIS M SIMOES	36	M2039	M	BRANDOA CORRE	01:18:57
233	874	BRUNO AMARAL	36	M2039	M	E TELHEIRAS R TEAM	01:19:04
234	311	RICARDO BERNARDO	34	M2039	M	INDIVIDUAL	01:19:22
235	168	FERNANDO FARIA	31	M2039	M	FUNDAÇÃO VCS	01:19:23
236	169	ANDRE TAVARES	22	M2039	M	FUNDAÇÃO VCS	01:19:24
237	1205	EDUARDO FIGUEIREDO	38	M2039	M	INDIVIDUAL	01:19:30
238	61	CARLOS M G R M SILVA	38	M2039	M	INDIVIDUAL	01:19:33
239	495	CARLOS PEREIRA	29	M2039	M	OS ZATOPEQUES	01:19:47
240	1172	NUNO JORGE	32	M2039	M	BRIGADA REUMATICO	01:19:54
241	43	JORGE LOURENÇO	33	M2039	M	CLUBE HERMES	01:20:00
242	350	PAULO PONTE	36	M2039	M	INFOSISTEMA R TEAM	01:20:08
243	618	RAUL FERREIRA	36	M2039	M	PEPPER HOUSE RT	01:20:08
244	1145	CRISTIAN N CIORAN	32	M2039	M	INDIVIDUAL	01:20:11
245	1288	MANUEL C ROSA	26	M2039	M	LINK	01:20:13
246	1291	PEDRO LOBO	28	M2039	M	LINK	01:20:16
247	418	MIGUEL SANTOS	33	M2039	M	UNIDOS MANUTENÇÃO	01:20:26
248	1071	JOSE NUNES FILHO	30	M2039	M	GDOA	01:20:28
249	1341	PAULO GARRAU	38	M2039	M	INDIVIDUAL	01:20:31
250	403	CARLOS MAMEDE	37	M2039	M	AMIGOS CORRIDA	01:20:34
251	315	CARLOS FREIRE	38	M2039	M	ADCR P JUDICIARIA	01:20:39
252	32	DANIEL J M MAINHA	29	M2039	M	CCDT MUN ODIVELAS	01:20:50
253	1201	PAULO DINIS	32	M2039	M	INDIVIDUAL	01:20:53
254	574	MAURO TEIXEIRA	31	M2039	M	TOKANDAR	01:20:56
255	973	PEDRO M LOPES	38	M2039	M	INDIVIDUAL	01:21:07
256	787	NUNO CARREIRA	31	M2039	M	PE DE ATLETA	01:21:09
257	1203	VITOR M MARTINS	36	M2039	M	INDIVIDUAL	01:21:10
258	309	PEDRO VALENTE	38	M2039	M	INDIVIDUAL	01:21:12
259	786	FRANCISCO DIAS	39	M2039	M	PE DE ATLETA	01:21:19
260	45	RUBEN BAHAMONDE	29	M2039	M	CLUBE HERMES	01:21:24
261	203	SERGIO MONTE LEE	35	M2039	M	INFOSISTEMA R TEAM	01:21:32
262	349	LUIS AMARO	34	M2039	M	INFOSISTEMA R TEAM	01:21:32
263	733	PEDRO FERREIRA	35	M2039	M	INDIVIDUAL	01:21:39
264	1226	JOSE BOURA	20	M2039	M	CD QUARTEIRA	01:21:40
265	947	CARLOS M M GUEDES	37	M2039	M	INDIVIDUAL	01:21:51
266	1075	CARLOS VIEGAS	31	M2039	M	CLUBE VODAFONE	01:21:55
267	1289	PEDRO L FIADEIRO	27	M2039	M	LINK	01:22:01
268	789	HUGO DIAS	32	M2039	M	PE DE ATLETA	01:22:26
269	277	FERNANDO ALMEIDA	39	M2039	M	INDIVIDUAL	01:22:37
270	902	FERNANDO NUNES	35	M2039	M	INDIVIDUAL	01:22:42
271	101	IVO PIMENTA	30	M2039	M	INDIVIDUAL	01:22:49
272	880	PEDRO CAIO	39	M2039	M	E TELHEIRAS R TEAM	01:22:53
273	496	GONÇALO SEABRA	33	M2039	M	OS ZATOPEQUES	01:22:59
274	889	SAUL RAFAEL	38	M2039	M	INDIVIDUAL	01:23:04
275	215	FREDERICO MELO	30	M2039	M	INDIVIDUAL	01:23:05
276	642	JOAO C CORREIA	26	M2039	M	INDIVIDUAL	01:23:05

277	481	RODRIGO F BERNARDO	35	M2039	M	INDIVIDUAL	01:23:08
278	1353	ALEXANDRE ABADE	36	M2039	M	INDIVIDUAL	01:23:22
279	214	JOAO MARTINS	29	M2039	M	INDIVIDUAL	01:23:47
280	1017	BRUNO SOUSA	33	M2039	M	INDIVIDUAL	01:23:52
281	1368	RUI FERREIRA	36	M2039	M	INDIVIDUAL	01:24:03
282	455	RICARDO DIAS	33	M2039	M	CCDT METRO LX	01:24:04
283	46	MANUEL PAIS	33	M2039	M	CLUBE HERMES	01:24:06
284	355	GONÇALO LOPES	25	M2039	M	INDIVIDUAL	01:24:07
285	1198	BRUNO VIEIRA	37	M2039	M	INDIVIDUAL	01:24:44
286	767	JORGE SANTOS	33	M2039	M	CCD SRS LISBOA	01:24:57
287	791	RUI ALVES	33	M2039	M	PE DE ATLETA	01:24:58
288	143	LUIS LIBORIO	28	M2039	M	INDIVIDUAL	01:25:31
289	816	PEDRO F CATARINO	23	M2039	M	TOUROS CAMPOLIDE	01:25:38
290	818	ANDRE MEDEIROS	23	M2039	M	TOUROS CAMPOLIDE	01:25:39
291	558	RODRIGO ABREU	33	M2039	M	NINJAS DA ESTRADA	01:25:40
292	296	FERNANDO GUIMARAES	25	M2039	M	CF OS AVISENSES	01:25:44
293	354	ANDRE COELHO	25	M2039	M	INDIVIDUAL	01:25:51
294	630	LUIS BOLETO	34	M2039	M	LISBON RUNNERS	01:26:23
295	113	LUIS F FERNANDES	28	M2039	M	INDIVIDUAL	01:26:45
296	520	JOAO GONÇALVES	20	M2039	M	INDIVIDUAL	01:26:45
297	770	VALTER SANTOS	22	M2039	M	INDIVIDUAL	01:26:45
298	603	LUIS PAISANA	36	M2039	M	ACADEMIA KORPO	01:26:59
299	156	HEITOR GOMES	38	M2039	M	GEORUNNERS	01:27:08
300	340	NUNO M D MOREIRA	35	M2039	M	INDIVIDUAL	01:27:08
301	138	RUI LEITAO	36	M2039	M	INDIVIDUAL	01:27:25
302	442	HUGO PINTO	35	M2039	M	CCDT METRO LX	01:27:38
303	1276	LUIS ALMEIDA	37	M2039	M	GUP GRALHAS	01:27:49
304	1319	JORGE M MENDES	37	M2039	M	INDIVIDUAL	01:27:59
305	289	RUI GERALDES	37	M2039	M	RAIL RUNNERS	01:28:01
306	1236	PEDRO M SILVA	39	M2039	M	INDIVIDUAL	01:28:13
307	95	DAVID CHUI LI	36	M2039	M	INDIVIDUAL	01:28:18
308	420	FELIPESOUSA	39	M2039	M	UNIDOS MANUTENÇÃO	01:28:35
309	687	RICARDO NICOLAU	29	M2039	M	A VALE SILENCIO	01:28:41
310	62	CARLOS F CORREIA	34	M2039	M	GD CARRIS	01:29:02
311	1352	CLAUDIO FERNANDES	38	M2039	M	BLACK WHITE	01:29:22
312	516	NUNO SANTOS	22	M2039	M	NOVABASE	01:29:37
313	525	JOAO MENDES	36	M2039	M	RECRET S EMPREIT	01:30:07
314	776	RICARDO TRINCHEIRAS	31	M2039	M	GD DEUTSCHE BANK	01:30:19
315	313	FERNANDO VILELAS	35	M2039	M	ADCR P JUDICIARIA	01:30:25
316	1081	TITO SANTOS	35	M2039	M	CLUBE VODAFONE	01:30:27
317	1312	FILIFE A MAGALHAES	26	M2039	M	INDIVIDUAL	01:30:31
318	339	HENRIQUE GABRIEL	37	M2039	M	INDIVIDUAL	01:31:16
319	1295	SERGIO M CORREIA	36	M2039	M	BLACK WHITE	01:31:23
320	477	PAULO BARATA	37	M2039	M	C FERROV PORTUGAL	01:31:29
321	725	JOAO P GONÇALVES	26	M2039	M	INDIVIDUAL	01:31:36
322	1354	GONCALO MALHEIRO	38	M2039	M	INDIVIDUAL	01:31:48
323	389	RUI SANTOS	27	M2039	M	INDIVIDUAL	01:32:03

324	1256	HELDER ALEXANDRE	28	M2039	M	TOR	01:32:11
325	1254	PEDRO CRUZINHA	38	M2039	M	TOR	01:32:12
326	1220	NUNO ABRANTES	30	M2039	M	PERNAS GAFANHOTO	01:32:13
327	1094	ALEXANDRE COSTA	37	M2039	M	C SARGENTO ARMADA	01:32:21
328	617	NUNO VICENTE	39	M2039	M	PEPPER HOUSE RT	01:32:24
329	1243	PAULO A PICA	30	M2039	M	INDIVIDUAL	01:32:27
330	1328	BRUNO F SALAZAR	35	M2039	M	C COLAB AXA	01:32:31
331	104	JOAO CARVALHO	31	M2039	M	INDIVIDUAL	01:32:37
332	465	TIAGO M C RIBEIRO	35	M2039	M	INDIVIDUAL	01:32:40
333	1241	LUIS PARREIRA	37	M2039	M	INDIVIDUAL	01:32:50
334	1074	ANTONIO SIETRA	39	M2039	M	CLUBE VODAFONE	01:33:08
335	570	PAULO SALES	31	M2039	M	INDIVIDUAL	01:33:10
336	1297	AFONSO BUSTORFF	22	M2039	M	TEJAVISTA	01:33:40
337	1127	FABIO DIAS	39	M2039	M	GD SANTANDER TOTTA	01:33:43
338	377	GONÇALO CARDOSO	30	M2039	M	INDIVIDUAL	01:34:23
339	114	FREDERICO A MONTEIRO	29	M2039	M	INDIVIDUAL	01:34:52
340	241	FERNANDO ANTUNES	31	M2039	M	INDIVIDUAL	01:35:13
341	1316	PEDRO S JUNIOR	30	M2039	M	INDIVIDUAL	01:35:13
342	474	MIGUEL BARATA	38	M2039	M	C FERROV PORTUGAL	01:35:21
343	1361	JOAO CRAVO	26	M2039	M	SQUADRA	01:35:37
344	141	RICARDO SILVA	35	M2039	M	INDIVIDUAL	01:36:21
345	666	HELDER F PAULA	25	M2039	M	INDIVIDUAL	01:36:55
346	1294	ASSIS FERNANDES	39	M2039	M	BLACK WHITE	01:38:13
347	777	FILIPE ANTUNES	36	M2039	M	GD DEUTSCHE BANK	01:38:21
348	1302	CHRISTIANNE WOLF	37	M2039	M	OS DUROS	01:38:58
349	1304	MARIO M LOUREIRO	25	M2039	M	OS DUROS	01:38:58
350	388	NUNO PEREIRA	36	M2039	M	INDIVIDUAL	01:39:29
351	1279	JOAO ALMEIDA	35	M2039	M	GUP GRALHAS	01:39:36
352	1363	NUNO SILVA	28	M2039	M	SQUADRA	01:40:48
353	1224	NUNO OLIVEIRA	34	M2039	M	#1	01:41:23
354	988	NELSON FERREIRA	23	M2039	M	INDIVIDUAL	01:41:33
355	1330	DANIEL VALENTE	32	M2039	M	INDIVIDUAL	01:42:53
356	1362	BRUNO MARQUES	29	M2039	M	SQUADRA	01:42:59
357	1364	PEDRO BELTRAO	27	M2039	M	SQUADRA	01:42:59
358	115	ANTONIO M Balsa	39	M2039	M	INDIVIDUAL	01:44:25
359	112	PAULO R FERREIRA	38	M2039	M	INDIVIDUAL	01:44:26
360	1271	RODRIGO A REIS	37	M2039	M	INDIVIDUAL	01:45:11
361	539	PEDRO CARDOSO	24	M2039	M	GA MONSANTO	01:47:44
362	1275	PEDRO MARIANO	26	M2039	M	INDIVIDUAL	01:48:51
363	650	BRUNO CAETANO	32	M2039	M	INDIVIDUAL	01:52:21
364	392	JOAO J CANAVERDE	37	M2039	M	LINK	01:58:51

Masculino de 40 até 44 anos - VETERANO 1

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Clube	Tempo
1	8	JOAO MARQUES	40	M4044	M				GDR REBOLEIRA	00:49:19
2	995	CARLOS ALVES	44	M4044	M				BOAVISTA S MATEUS	00:51:12
3	1180	ALEXANDRE MONTEIRO	44	M4044	M				CRD ARRUDENSE	00:54:37
4	1164	LUCIANO CONCEIÇÃO	44	M4044	M				FC DESPERTAR	00:55:00
5	178	ANTONIO SANTOS	43	M4044	M				GD MACEDO OCULISTA	00:55:09
6	199	VIRGILIO GOMES	42	M4044	M				GD MACEDO OCULISTA	00:55:25
7	189	PAULO PINHEIRO	40	M4044	M				GD MACEDO OCULISTA	00:55:26
8	269	RUI OLIVEIRA	40	M4044	M				AÇOREANA C BANIF	00:56:09
9	693	RUI INFANTE	40	M4044	M				C PRAÇAS ARMADA	00:56:09
10	1098	CARLOS JORGE	43	M4044	M				C SARGENTO ARMADA	00:56:25
11	1096	JORGE TEIXEIRA	40	M4044	M				C SARGENTO ARMADA	00:56:40
12	1042	PAULO CARVALHO	42	M4044	M				ODIMARQ ALUMINIOS	00:57:25
13	183	CARLOS MENDES	42	M4044	M				GD MACEDO OCULISTA	00:58:12
14	1097	PEDRO DIAS	40	M4044	M				C SARGENTO ARMADA	00:58:31
15	1251	LUIS PAULO	44	M4044	M				BAHIA	00:59:10
16	367	ANIBAL GASPAR	41	M4044	M				CCD O ALVITEJO	00:59:24
17	1148	VITOR M D LOPES	41	M4044	M				SERRA AMADORA	01:00:10
18	1026	CARLOS MONTEIRO	41	M4044	M				CD GRUPO BES	01:00:13
19	295	JOSE FELIX	43	M4044	M				CF OS AVISENSES	01:00:39
20	1263	PEDRO SILVA	40	M4044	M				CLUBE BOLINHA	01:00:40
21	924	CARLOS FERREIRA	41	M4044	M				STAL	01:00:46
22	251	CARLOS V SOUTO	44	M4044	M				AÇOREANA C BANIF	01:00:53
23	288	ANTONIO CARDOSO	44	M4044	M				CDUL	01:01:01
24	33	JORGE M DUQUE	44	M4044	M				SPORTING CP	01:01:09
25	267	PAULO VENTURA	40	M4044	M				AÇOREANA C BANIF	01:01:21
26	814	JOSE G MONTEIRO	40	M4044	M				INDIVIDUAL	01:01:27
27	1166	JOAO FIANCA	42	M4044	M				FC DESPERTAR	01:01:30
28	145	LUIS M V OLIVEIRA	40	M4044	M				STRUP	01:01:42
29	366	ROGERIO UARTE	43	M4044	M				GD S DOMINGOS	01:01:57
30	872	PAULO LOPES	42	M4044	M				BOLOTAOBRA	01:02:13
31	263	NUNO E SANTO	41	M4044	M				AÇOREANA C BANIF	01:02:27
32	712	PAULO OLIVEIRA	42	M4044	M				CCDP MUN CASCAIS	01:02:28
33	297	ADOLFO LOUREIRO	44	M4044	M				CF OS AVISENSES	01:02:51
34	217	FERNANDO FIGUEIREDO	44	M4044	M				FALCOES SELVAGENS	01:02:56
35	261	MARIO GOMES	41	M4044	M				AÇOREANA C BANIF	01:03:17
36	218	JOAO MONTEIRO	44	M4044	M				CDR ARRUDENSE	01:03:25
37	758	PAULO SANTOS	43	M4044	M				GARMIN/ COO	01:03:34
38	184	CONSTANTINO ARAUJO	44	M4044	M				GD MACEDO OCULISTA	01:03:51
39	1264	MIGUEL R TINTO	42	M4044	M				CLUBE BOLINHA	01:04:02
40	736	NELSON A COSTA	42	M4044	M				INDIVIDUAL	01:04:25
41	129	CARLOS ALBANO	41	M4044	M				SESIMBRA MAR	01:04:44

42	762	VÍTOR CABRITA	44	M4044	M	GARMIN/ COO	01:04:53
43	416	RUI CARDOSO	40	M4044	M	UNIDOS MANUTENÇÃO	01:05:06
44	438	EDUARDO LAGOA	43	M4044	M	CCDT METRO LX	01:05:07
45	407	JOSE CAMPOS	43	M4044	M	AMIGOS CORRIDA	01:05:39
46	439	EMANUEL GOMES	42	M4044	M	CCDT METRO LX	01:05:44
47	1247	NUNO M CORREIA	44	M4044	M	GD INE	01:06:28
48	498	PAULO BASILIO	43	M4044	M	OS ZATOPQUES	01:06:31
49	1057	JULIO RAMOS	43	M4044	M	MULTIFLOW	01:06:33
50	1032	LUIS GODINHO	44	M4044	M	CD GRUPO BES	01:07:27
51	319	DAVID FREITAS	43	M4044	M	ADCR P JUDICIARIA	01:07:31
52	368	CARLOS M JACINTO	42	M4044	M	INDIVIDUAL	01:07:34
53	871	JOSE COSTA	44	M4044	M	BOLOTAOBRA	01:07:39
54	123	JORGE D PINHEIRO	44	M4044	M	RUN 4 FUN	01:07:49
55	278	PAULO J ALVES	41	M4044	M	INDIVIDUAL	01:08:18
56	1196	PAULO FRADE	43	M4044	M	OS ZATOPQUES	01:08:48
57	260	LUIS ALBUQUERQUE	41	M4044	M	AÇOREANA C BANIF	01:08:55
58	931	LUÍS FERREIRA	44	M4044	M	URD ARRANHO	01:09:19
59	933	FERNANDO RODRIGUES	44	M4044	M	URD ARRANHO	01:09:20
60	700	ANTONIO ANGELINO	42	M4044	M	C BENFICA ALG MEM	01:09:23
61	1129	ANTONIO FERREIRA	40	M4044	M	GD SANTANDER TOTTA	01:09:26
62	720	JOSE C SILVA	40	M4044	M	CCDP MUN CASCAIS	01:09:27
63	914	MANUEL MATOS	40	M4044	M	STAL	01:09:27
64	165	NUNO MARQUES	43	M4044	M	RUN 4 FUN	01:09:54
65	25	LUIS MAGALHAES	42	M4044	M	ORISTARS FARELO R	01:09:58
66	88	EDUARDO CORREIA	44	M4044	M	INDIVIDUAL	01:10:06
67	166	JOAO FIALHO	40	M4044	M	RUN 4 FUN	01:10:07
68	951	CARLOS M C NEVES	43	M4044	M	INDIVIDUAL	01:10:07
69	978	MIGUEL S G GOMES	40	M4044	M	INDIVIDUAL	01:10:08
70	653	LUIS ALVARO	43	M4044	M	GD BANCO BPI	01:10:14
71	150	JORGE MARQUES	44	M4044	M	GD CHELAS	01:10:20
72	162	FERNANDO POLONIO	41	M4044	M	INDIVIDUAL	01:10:41
73	304	ANTONIO PIEDADE	44	M4044	M	GD CARRIS	01:10:55
74	458	GABRIEL CABRAL	44	M4044	M	AM Bº CV LUMIAR	01:11:13
75	929	FILIPE BRANCO	41	M4044	M	URD ARRANHO	01:11:16
76	732	LUIS DIONISIO SANTOS	43	M4044	M	INDIVIDUAL	01:11:25
77	808	PAULO GAMBOA	40	M4044	M	CA PATAMEIRAS	01:11:27
78	647	LUIS M G ALVES	42	M4044	M	INDIVIDUAL	01:11:40
79	1163	VIRGILI CORREIA	41	M4044	M	FC DESPERTAR	01:11:42
80	248	ANDRE QUARENTA	40	M4044	M	AÇOREANA C BANIF	01:11:44
81	1079	PEDRO LOURENÇO	41	M4044	M	CLUBE VODAFONE	01:11:45
82	705	MANUEL NOBRE	40	M4044	M	INDIVIDUAL	01:11:48
83	629	ANTONIO CARNEIRO	43	M4044	M	APOGMA	01:12:00
84	1023	JOÃO CAIRES	43	M4044	M	CLUBE AUTOCOOPE	01:12:04
85	864	LUIS BATISTA	40	M4044	M	INDIVIDUAL	01:12:24
86	1115	JOSE PEREIRA	41	M4044	M	GD SANTANDER TOTTA	01:12:35
87	883	ALEXANDRE DIAS	41	M4044	M	O CELEIRO MEMORIA	01:12:44
88	167	ERNESTINO AZEVEDO	42	M4044	M	INDIVIDUAL	01:12:45

89	1067	JOSE NUNES	43	M4044	M	GDOA	01:13:03
90	1000	PAULO LOURINHO	41	M4044	M	CAA BELEM	01:13:06
91	636	NORBERTO MARQUES	40	M4044	M	RUNNING OF D MARIA	01:13:10
92	447	JOSE CARMO	41	M4044	M	CCDT METRO LX	01:13:16
93	1358	JOSE SARAIVA	42	M4044	M	INDIVIDUAL	01:13:16
94	695	JOSE INFANTE	43	M4044	M	C PRAÇAS ARMADA	01:13:38
95	1151	RUI S PIRES	44	M4044	M	INDIVIDUAL	01:13:44
96	638	PAULO MARTINS	43	M4044	M	RUNNING OF D MARIA	01:13:50
97	256	JOAO SANTOS	41	M4044	M	AÇOREANA C BANIF	01:13:54
98	783	LUIS OLIVEIRA	41	M4044	M	AA LEBRES SADO	01:13:59
99	122	PAULO J REIS	40	M4044	M	SINDICATO F PUBLICA	01:14:00
100	521	JOAQUIM MARQUES	43	M4044	M	INDIVIDUAL	01:14:01
101	1018	CARLOS SÁ	41	M4044	M	INDIVIDUAL	01:14:03
102	1315	JOAO C MOTA	40	M4044	M	INDIVIDUAL	01:14:09
103	1087	LUIS BARROS	40	M4044	M	INDIVIDUAL	01:14:17
104	948	VÍTOR LOPES	42	M4044	M	INDIVIDUAL	01:15:03
105	835	LEONEL BRANDAO	43	M4044	M	C MILLENIUM BCP	01:15:38
106	232	NUNO ROMAO	43	M4044	M	GD INE	01:15:39
107	586	NUNO GOMES	41	M4044	M	AMIGOS PARQUE PAZ	01:15:41
108	937	LUÍS REIS	44	M4044	M	CA VALE FIGUEIRA	01:15:48
109	1272	JOAQUIM PAIVA	42	M4044	M	INDIVIDUAL	01:16:01
110	121	JORG LOHKEN	43	M4044	M	SINDICATO F PUBLICA	01:16:31
111	773	JOSE BARRINHA	40	M4044	M	INDIVIDUAL	01:16:55
112	1070	JOSE CARDOSO	42	M4044	M	GDOA	01:16:59
113	1063	FERNANDO ANTUNES	43	M4044	M	LESMAS ALOPRADAS	01:17:02
114	645	RICARDO M N SILVA	42	M4044	M	INDIVIDUAL	01:17:13
115	255	FRANCISCO PEREIRA	44	M4044	M	AÇOREANA C BANIF	01:17:22
116	82	LUIS M SANTOS	44	M4044	M	INDIVIDUAL	01:17:28
117	1167	PEDRO PEREIRA	41	M4044	M	FC DESPERTAR	01:17:31
118	357	FERNANDO ROCHA	41	M4044	M	INDIVIDUAL	01:17:37
119	652	RENATO CRUZ	42	M4044	M	GD BANCO BPI	01:17:37
120	655	PAULO ALMEIDA	43	M4044	M	GD BANCO BPI	01:17:38
121	901	RENATO LOUREIRO	43	M4044	M	INDIVIDUAL	01:17:38
122	782	MIGUEL CASTELA	40	M4044	M	AA LEBRES SADO	01:17:41
123	715	JOSE C PATINHA	40	M4044	M	CCDP MUN CASCAIS	01:17:42
124	454	RAFAEL SANTOS	44	M4044	M	CCDT METRO LX	01:17:44
125	905	PAULO SANTOS	42	M4044	M	STAL	01:17:45
126	222	JAIME MESTRE	40	M4044	M	GD AGUIAS MOITA	01:17:53
127	274	JOSE J SILVA	41	M4044	M	RADICAL GYM	01:17:58
128	146	JOSE MAGALHAES	43	M4044	M	RUN 4 FUN	01:18:01
129	316	FAUSTO ISALL	41	M4044	M	ADCR P JUDICIARIA	01:18:02
130	604	HORST LAUW	40	M4044	M	ACADEMIA KORPO	01:18:14
131	714	ALBERTO ABREU	43	M4044	M	CCDP MUN CASCAIS	01:18:21
132	794	CESAR A D LOPES	41	M4044	M	INDIVIDUAL	01:18:29
133	96	JOAO P ADEGAS	40	M4044	M	INDIVIDUAL	01:18:45
134	356	CARLOS A LUIS	41	M4044	M	INDIVIDUAL	01:18:52
135	772	FILIPE O A SA	40	M4044	M	INDIVIDUAL	01:19:02

136	932	HENRIQUE FERREIRA	40	M4044	M	URD ARRANHO	01:19:20
137	511	PAULO GONÇALVES	44	M4044	M	SINTRA 3	01:19:26
138	628	HELDER GANDARINHO	42	M4044	M	APOGMA	01:19:38
139	1077	NUNO PEDROSO	40	M4044	M	CLUBE VODAFONE	01:20:03
140	1150	FERNANDO S PIRES	41	M4044	M	INDIVIDUAL	01:20:03
141	962	LUIS SIMÃO	42	M4044	M	INDIVIDUAL	01:20:05
142	343	FERNANDO CALDAS	41	M4044	M	INDIVIDUAL	01:20:14
143	577	LUIS A SILVA	42	M4044	M	INDIVIDUAL	01:20:20
144	950	MANUEL LOPES	41	M4044	M	INDIVIDUAL	01:20:21
145	478	JULIO MARTINS	43	M4044	M	C FERROV PORTUGAL	01:20:39
146	903	ANIBAL SIMÕES	44	M4044	M	INDIVIDUAL	01:20:49
147	1212	PAULO MOREIRA	41	M4044	M	GDR REBOLEIRA	01:20:53
148	79	VITOR M P GONÇALVES	41	M4044	M	INDIVIDUAL	01:20:56
149	875	JOÃO PEREIRA	41	M4044	M	E TELHEIRAS R TEAM	01:21:04
150	972	MIGUEL C NETO	44	M4044	M	INDIVIDUAL	01:21:07
151	610	JOAO BEXIGA	40	M4044	M	ACADEMIA KORPO	01:21:17
152	1228	MARIO LOPES	43	M4044	M	CD QUARTEIRA	01:21:40
153	1229	JORGE BRITO	40	M4044	M	CD QUARTEIRA	01:21:43
154	960	PAULO JORGE	41	M4044	M	EIRAGYM	01:21:48
155	99	NUNO M M TEMPERA	41	M4044	M	RUN 4 FUN	01:21:55
156	750	ANTONIO SUL	42	M4044	M	GARMIN/ COO	01:21:56
157	600	JORGE CASTANHEIRA	42	M4044	M	INDIVIDUAL	01:22:00
158	1342	JOAO CAMACHO	40	M4044	M	INDIVIDUAL	01:22:09
159	848	JOSE M TEIXEIRA	40	M4044	M	C MILLENIUM BCP	01:22:10
160	1123	LUCIO SILVA	44	M4044	M	GD SANTANDER TOTTA	01:22:40
161	314	JOAO COSTA	40	M4044	M	ADCR P JUDICIARIA	01:22:56
162	317	MIGUEL GONÇALVES	44	M4044	M	ADCR P JUDICIARIA	01:22:56
163	353	PAULO FERREIRA	42	M4044	M	INDIVIDUAL	01:23:31
164	151	AMERICO PIMENTA	44	M4044	M	GD CHELAS	01:23:43
165	706	JOSE GONÇALVES	43	M4044	M	INDIVIDUAL	01:23:54
166	722	RUI TRIDADE	41	M4044	M	INDIVIDUAL	01:24:16
167	1204	JOSE XAVIER	41	M4044	M	INDIVIDUAL	01:24:34
168	164	JORGE ROMAO	42	M4044	M	INDIVIDUAL	01:24:45
169	809	JOSE MAGRO	41	M4044	M	O MUNDO CORRIDA	01:25:00
170	738	FERNANDO MARINHO	40	M4044	M	INDIVIDUAL	01:25:19
171	262	MIGUEL PEIXOTO	43	M4044	M	AÇOREANA C BANIF	01:25:45
172	98	ANSELMO LIMA	40	M4044	M	INDIVIDUAL	01:25:52
173	1336	PAULO MATIAS	42	M4044	M	INDIVIDUAL	01:26:13
174	1128	CARLOS PEREIRA	40	M4044	M	GD SANTANDER TOTTA	01:26:14
175	857	ANTONIO J ALMEIDA	44	M4044	M	C MILLENIUM BCP	01:26:27
176	348	MARCO SILVA	40	M4044	M	INDIVIDUAL	01:26:33
177	796	LUIS RIBEIRO	43	M4044	M	AD REAL ACADEMIA	01:26:53
178	51	JORGE ALMEIDA	42	M4044	M	RUNNERS	01:26:56
179	827	NELSON A BARREIROS	41	M4044	M	INDIVIDUAL	01:27:36
180	1248	PEDRO JOAO	40	M4044	M	INDIVIDUAL	01:27:47
181	567	CRISANTO CRUZ	42	M4044	M	GD O INDEPENDENTE	01:28:00
182	691	RICARDO SOUSA	40	M4044	M	INDIVIDUAL	01:28:08

183	672	EMILIO GONÇALVES	44	M4044	M	A VALE SILENCIO	01:28:41
184	841	ANTONIO RAMOS	40	M4044	M	C MILLENIUM BCP	01:29:44
185	1012	PAULO BAILÃO	40	M4044	M	SS CGD	01:29:46
186	423	JOSE C CORREIA	43	M4044	M	INDIVIDUAL	01:29:56
187	775	NUNO M ANTUNES	42	M4044	M	GD DEUTSCHE BANK	01:30:19
188	1116	ANTONIO CASTRO	41	M4044	M	GD SANTANDER TOTTA	01:32:26
189	1028	FERNANDO FILIPE	42	M4044	M	CD GRUPO BES	01:34:14
190	335	MARIO SANTOS	41	M4044	M	INDIVIDUAL	01:35:44
191	657	PAULO GODINHO	44	M4044	M	GD BANCO BPI	01:36:29
192	739	ABILIO MARINHO	41	M4044	M	INDIVIDUAL	01:37:51
193	119	PAULO C SILVA	44	M4044	M	INDIVIDUAL	01:37:58
194	839	VASCO S NUNES	40	M4044	M	C MILLENIUM BCP	01:38:20
195	276	JOSE PAIS	43	M4044	M	INDIVIDUAL	01:40:56
196	152	CARLOS ANDRADE	40	M4044	M	GD CHELAS	01:42:10

Masculino de 45 até 49 anos - VETERANO 2

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Clube	Tempo
1	9	EUGENIO NETO	48	M4549	M				GDR REBOLEIRA	00:51:14
2	731	GILBERTO FERNANDES	49	M4549	M				ACR FRADE CIMA	00:52:41
3	593	ALEXANDRE SOARES	49	M4549	M				CR LEOES P SALVO	00:52:56
4	1213	JOSE ANTUNES	45	M4549	M				GDR REBOLEIRA	00:52:58
5	190	HENRIQUE BARROS	48	M4549	M				INDIVIDUAL	00:53:12
6	1043	JOAO LUCAS	46	M4549	M				ODIMARQ ALUMINIOS	00:56:23
7	1049	JOSE LOPES	45	M4549	M				ODIMARQ ALUMINIOS	00:56:33
8	469	HUMBERTO VIAIS	48	M4549	M				C FERROV PORTUGAL	00:57:28
9	927	JOÃO MONTES	46	M4549	M				STAL	00:58:09
10	1165	JOAO ESTEVAO	45	M4549	M				FC DESPERTAR	00:59:42
11	216	RUI FALÇÃO	49	M4549	M				FALCOES SELVAGENS	00:59:44
12	1298	JOAQUIM I GOMES	47	M4549	M				CA OUVIDO	00:59:54
13	1038	JOAQUIM MARTINS	47	M4549	M				ODIMARQ ALUMINIOS	01:00:37
14	915	FRANCISCO CUNHA	46	M4549	M				INDIVIDUAL	01:01:01
15	851	JOSE NOBRE	47	M4549	M				C MILLENIUM BCP	01:01:26
16	934	JOAQUIM ALEXANDRE	45	M4549	M				URD ARRANHO	01:01:35
17	158	ALEXANDRE TEIXEIRA	47	M4549	M				AMIGOS ESTRELA	01:02:00
18	415	MANUEL SOARES	46	M4549	M				UNIDOS MANUTENÇÃO	01:02:16
19	1052	ANTONIO MARQUES	46	M4549	M				C SARGENTO ARMADA	01:02:23
20	701	JORGE H FERREIRA	46	M4549	M				GELPINHOS	01:02:29
21	1037	JOSE SILVA	47	M4549	M				ODIMARQ ALUMINIOS	01:03:20
22	60	ARTUR J M TAVARES	45	M4549	M				INDIVIDUAL	01:03:27
23	949	ANTONIO LOPES	46	M4549	M				INDIVIDUAL	01:03:30
24	1206	JOSE FILHO	48	M4549	M				BEJA AC	01:03:36
25	1376	SERGIO SANTOS	46	M4549	M				CCD AUT ALMADA	01:03:42
26	1200	JOAO LOURENÇO	45	M4549	M				AD REAL ACADEMIA	01:04:20
27	500	JOSE CUNHA	46	M4549	M				OS ZATOPEQUES	01:04:44
28	591	LUIS SOBRAL	49	M4549	M				GD AGUIAS MOITA	01:04:44
29	70	CARLOS NEVES	48	M4549	M				SPORTISEL	01:04:49
30	656	CARLOS CARDOSO	49	M4549	M				GD BANCO BPI	01:04:49
31	22	LUIS FARELO	45	M4549	M				ORISTARS FARELO R	01:04:51
32	485	MIGUEL VELEZ	47	M4549	M				CAMARA L CLUBE	01:05:16
33	969	PAULO SANTOS	46	M4549	M				AMIGOS PARQUE PAZ	01:05:28
34	1308	MANUEL FONSECA	47	M4549	M				SL CAMPOLIDE	01:05:28
35	318	JOEL BOUCEIRO	46	M4549	M				ADCR P JUDICIARIA	01:05:43
36	966	DAVID SANTOS	48	M4549	M				UDCA	01:05:46
37	1307	ALFREDO VALENTE	47	M4549	M				SL CAMPOLIDE	01:06:24
38	1021	JOÃO CALDAS	45	M4549	M				CLUBE AUTOCOOPE	01:06:33
39	1058	JOSE DIONISIO	49	M4549	M				MULTIFLOW	01:06:38
40	692	JOAO SANTOS	46	M4549	M				C PRAÇAS ARMADA	01:06:54
41	930	EDGAR FRANCISCO	45	M4549	M				URD ARRANHO	01:07:10

42	620	JOSE C CARLOS	48	M4549	M	INDIVIDUAL	01:07:13
43	23	JOAO CANDIDO	48	M4549	M	ORISTARS FARELO R	01:07:18
44	836	FERNANDO RODRIGUES	46	M4549	M	C MILLENIUM BCP	01:07:19
45	840	PEDRO CARLOS	46	M4549	M	INDIVIDUAL	01:07:27
46	118	EDUARDO CHAGAS	49	M4549	M	INDIVIDUAL	01:07:35
47	250	ARLINDO DUARTE	46	M4549	M	AÇOREANA C BANIF	01:07:36
48	69	FERNANDO CARMO	48	M4549	M	SPORTISEL	01:08:15
49	347	CARLOS FERREIRA	49	M4549	M	GAFE	01:08:19
50	501	JOSE MORAIS	49	M4549	M	OS ZATOPEQUES	01:08:22
51	435	ANTONIO PEREIRA	46	M4549	M	CCDT METRO LX	01:08:41
52	155	PAULO CARDOSO	48	M4549	M	GD CHELAS	01:08:43
53	1195	OSCAR OLIVEIRA	45	M4549	M	OS ZATOPEQUES	01:08:48
54	1326	JUAN COSTA	45	M4549	M	INDIVIDUAL	01:09:20
55	310	ACACIO CONCAISRÃ	48	M4549	M	INDIVIDUAL	01:09:29
56	582	JOSE MENDES	45	M4549	M	10 PRAS 11	01:10:07
57	716	ANTONIO PACARIÇO	49	M4549	M	CCDP MUN CASCAIS	01:10:15
58	434	ANTONIO GONÇALVES	46	M4549	M	CCDT METRO LX	01:10:27
59	913	PAULO GUERREIRO	45	M4549	M	STAL	01:10:30
60	939	MANUEL CHINITA	46	M4549	M	CA VALE FIGUEIRA	01:10:33
61	1029	JOAO BORREGA	46	M4549	M	CD GRUPO BES	01:10:35
62	68	JOAO HENRIQUES	48	M4549	M	SPORTISEL	01:10:40
63	1004	DAVID FAUSTINO	45	M4549	M	SS CGD	01:10:45
64	305	JOSE LOPES	46	M4549	M	GD CARRIS	01:10:55
65	529	LUIS GAMA	47	M4549	M	AMIGOS LUIS	01:10:56
66	499	JORGE LEITAO	46	M4549	M	OS ZATOPEQUES	01:11:04
67	1323	PAULO A GOMES	45	M4549	M	PRAZER CORRIDA	01:11:11
68	1306	DAVID PALMEIRO	45	M4549	M	SL CAMPOLIDE	01:11:15
69	802	JOAO BRAZ	49	M4549	M	CA PATAMEIRAS	01:11:33
70	445	JOAO SEQUEIRA	48	M4549	M	CCDT METRO LX	01:11:34
71	159	ARLINDO BRAS	47	M4549	M	AMIGOS ESTRELA	01:11:37
72	873	FAUSTINO PEREIRINHA	48	M4549	M	BOLOTAOBRA	01:11:57
73	385	JORGE MARRAO	48	M4549	M	INDIVIDUAL	01:12:10
74	838	PAULO C PAIS	46	M4549	M	C MILLENIUM BCP	01:12:13
75	1380	JOSE GONCALVES	48	M4549	M	CF OS AVISENSES	01:12:19
76	1072	JOSE PENA	46	M4549	M	GDOA	01:12:20
77	912	LUÍS PORTELINHA	48	M4549	M	STAL	01:12:28
78	194	JOSE OLIVEIRA	45	M4549	M	GD MACEDO OCULISTA	01:12:29
79	730	CARLOS GONÇALVES	45	M4549	M	RUN 4 FUN	01:12:33
80	565	GONÇALO OLIVEIRA	49	M4549	M	GDCT UNICRE	01:12:35
81	293	RUI FEIO	47	M4549	M	CF OS AVISENSES	01:12:40
82	463	LUIS VERDELHO	49	M4549	M	BAMOXIMBORA	01:12:46
83	635	JORGE FILIPE	45	M4549	M	INDIVIDUAL	01:12:58
84	1066	JOAQUIM VARANDAS	48	M4549	M	GDOA	01:13:15
85	294	MANUEL SARAIVA	49	M4549	M	CF OS AVISENSES	01:13:18
86	1099	JORGE NETO	45	M4549	M	C SARGENTO ARMADA	01:13:21
87	581	JOAQUIM OLIVEIRA	47	M4549	M	10 PRAS 11	01:13:27
88	127	CARLOS PINHO	46	M4549	M	SESIMBRA MAR	01:13:47

89	815	JAIME VEIGA	48	M4549	M	EMSA TEAM	01:13:52
90	623	FERNANDO FERNANDES	49	M4549	M	APOGMA	01:13:54
91	1174	ANTONIO P MATA	49	M4549	M	RUN 4 FUN	01:13:56
92	453	PEDRO CUNHA	47	M4549	M	CCDT METRO LX	01:13:57
93	813	MARIO R LUCIO	47	M4549	M	INDIVIDUAL	01:14:04
94	658	JOSE MAGALHAES	49	M4549	M	GD BANCO BPI	01:14:14
95	594	JOAQUIM L FERREIRA	48	M4549	M	INDIVIDUAL	01:14:21
96	651	FERNANDO MORAIS	48	M4549	M	GD BANCO BPI	01:14:33
97	955	JOÃO PEREIRA	47	M4549	M	EIRAGYM	01:14:36
98	601	JOSE PACHECO	45	M4549	M	INDIVIDUAL	01:14:37
99	1054	TEODORO TINDADE	49	M4549	M	RUN 4 FUN	01:14:39
100	1068	JOSE ANDRADE	46	M4549	M	GDOA	01:14:51
101	637	ORLANDO MARTINS	45	M4549	M	RUNNING OF D MARIA	01:15:06
102	859	PAULO J MATEUS	45	M4549	M	SOLAR COLINA	01:15:14
103	404	LUIS BARBOT	47	M4549	M	AMIGOS CORRIDA	01:15:23
104	405	JOAO P COSTA	49	M4549	M	AMIGOS CORRIDA	01:15:23
105	323	JOSE L F SOUSA	49	M4549	M	INDIVIDUAL	01:15:39
106	102	JOSE NOGUEIRA	49	M4549	M	INDIVIDUAL	01:16:01
107	487	EDUARDO MANSO	49	M4549	M	CAMARA L CLUBE	01:16:10
108	476	ANTONIO FERREIRA	48	M4549	M	C FERROV PORTUGAL	01:16:27
109	1062	ALBINO FERREIRA	46	M4549	M	LESMA ALOPRADAS	01:16:43
110	144	MARIO FERREIRA	48	M4549	M	INDIVIDUAL	01:16:46
111	1088	CARLOS M O SILVA	46	M4549	M	INDIVIDUAL	01:16:57
112	328	MARIO GARDALHA	47	M4549	M	OS INDOMAVEIS	01:17:18
113	54	CARLOS CONCEIÇÃO	47	M4549	M	A SACAVENENSE	01:17:21
114	1309	ANTONIO LIMA	48	M4549	M	SL CAMPOLIDE	01:17:24
115	1207	RUBEN A COSTA	46	M4549	M	INDIVIDUAL	01:17:35
116	243	QUIRINO NETO	49	M4549	M	INDIVIDUAL	01:17:38
117	860	ARLINDO SANTOS	49	M4549	M	INDIVIDUAL	01:17:54
118	674	FERNANDO SILVA	46	M4549	M	A VALE SILENCIO	01:17:58
119	921	JOSÉ FARIA	49	M4549	M	STAL	01:18:07
120	1386	GUILHERME ROSA	47	M4549	M	INDIVIDUAL	01:18:38
121	965	BENTO VALENTE	45	M4549	M	UDCA	01:18:42
122	1176	CARLOS COELHO	49	M4549	M	INDIVIDUAL	01:18:50
123	1055	JORGE ESTEVES	46	M4549	M	RUN 4 FUN	01:18:56
124	1160	ANTONIO FRANCO	45	M4549	M	SS MONTEPIO GERAL	01:19:10
125	238	JOAQUIM CORRULA	45	M4549	M	BRANDOA CORRE	01:19:24
126	847	PAULO H REBOCHO	46	M4549	M	C MILLENIUM BCP	01:19:25
127	510	MANUEL MONTES	48	M4549	M	SINTRA 3	01:19:26
128	78	ARTUR XAVIER	47	M4549	M	INDIVIDUAL	01:19:33
129	626	JOAO SIMOES	47	M4549	M	APOGMA	01:19:46
130	919	HEITOR PEREIRA	45	M4549	M	STAL	01:19:46
131	509	ADALBERTO GRILO	49	M4549	M	SINTRA 3	01:19:54
132	619	MARIO MENDES	49	M4549	M	PEPPER HOUSE RT	01:20:08
133	24	JOAQUIM HERMENEGILDO	48	M4549	M	ORISTARS FARELO R	01:20:19
134	86	JOSE C M MELO	48	M4549	M	INDIVIDUAL	01:20:55
135	1377	JOSE MORAIS	49	M4549	M	CCD AUT ALMADA	01:21:15

136	428	JOAO FREIRE	45	M4549	M	GD IN CASA MOEDA	01:21:38
137	976	VÍTOR RODRIGUES	47	M4549	M	CONSTRUÇÕES CR	01:22:04
138	1258	MANUEL TIAGO	49	M4549	M	INDIVIDUAL	01:22:26
139	105	MARIO LINO	48	M4549	M	INDIVIDUAL	01:22:52
140	641	ADRIANO VITORINO	49	M4549	M	RUNNING OF D MARIA	01:23:25
141	486	ADELINO PIRES	48	M4549	M	CAMARA L CLUBE	01:23:45
142	1169	JOAO PINHEIRO	45	M4549	M	STEFFA S	01:23:49
143	737	LUIS DUQUE	46	M4549	M	INDIVIDUAL	01:24:12
144	1262	JOAO LOBO	45	M4549	M	CLUBE BOLINHA	01:24:15
145	1100	ANTONIO PEREIRA	47	M4549	M	C SARGENTO ARMADA	01:25:01
146	644	MARIO LUIS	46	M4549	M	CARAPUS CORRIDA	01:25:24
147	717	ANTONIO J TAVARES	46	M4549	M	CCDP MUN CASCAIS	01:26:01
148	632	ANTONIO G SOARES	48	M4549	M	LISBON RUNNERS	01:26:23
149	537	LUIS ANTUNES	49	M4549	M	GA MONSANTO	01:27:31
150	235	JOSE PIEDADE	48	M4549	M	BRANDOA CORRE	01:27:35
151	685	PAULO PORTUGAL	46	M4549	M	A VALE SILENCIO	01:27:37
152	1334	JOSE M V BATISTA	49	M4549	M	INDIVIDUAL	01:27:43
153	344	FREDERICO SOUSA	47	M4549	M	LEBRES TARTARUGAS	01:27:55
154	160	FERNANDO MATIAS	45	M4549	M	AMIGOS ESTRELA	01:28:39
155	643	AGOSTINHO DIAS	45	M4549	M	CARAPUS CORRIDA	01:29:36
156	1007	ANDRÉ NORONHA	46	M4549	M	SS CGD	01:29:38
157	1346	JORGE L GOMES	49	M4549	M	INDIVIDUAL	01:31:31
158	755	LUIS PARRO	49	M4549	M	GARMIN/ COO	01:31:45
159	542	RUI CHAVES	47	M4549	M	QUIOSQUE MIRANTE	01:31:52
160	1106	ANTONIO PEREIRA	45	M4549	M	GD SANTANDER TOTTA	01:33:18
161	1027	CARLOS NABIÇA	47	M4549	M	CD GRUPO BES	01:33:48
162	1285	ANTONIO CORREIA	47	M4549	M	INDIVIDUAL	01:34:42
163	938	ANTÓNIO MINA	49	M4549	M	CA VALE FIGUEIRA	01:42:09

Masculino de 50 até 54 anos - VETERANO 3

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Clube	Tempo
1	1138	JOÃO GOMES	51	M5054	M				ADL APELACONENSES	00:54:13
2	186	FELIX PAULOS	53	M5054	M				GD MACEDO OCULISTA	00:54:15
3	192	JORGE REIS	53	M5054	M				GD MACEDO OCULISTA	00:55:01
4	1215	JOAO T SILVA	52	M5054	M				CD MAFRA	00:58:04
5	1053	JOAQUIM BICO	52	M5054	M				C SARGENTO ARMADA	00:58:59
6	225	ANTONIO SANTOS	52	M5054	M				GD INE	00:59:12
7	925	MANUEL RODRIGUES	51	M5054	M				STAL	00:59:56
8	1060	ORLANDO RODRIGUES	53	M5054	M				INDIVIDUAL	01:00:00
9	470	PEDRO EETEVEENS	52	M5054	M				C FERROV PORTUGAL	01:00:21
10	1044	ANTONIO SANTOS	51	M5054	M				ODIMARQ ALUMINIOS	01:00:58
11	1103	DUARTE SARES	54	M5054	M				C SARGENTO ARMADA	01:01:41
12	94	JAIME LAMEGO	51	M5054	M				MACHADA RUNNERS	01:02:29
13	1351	SERGIO MACATRAO	54	M5054	M				CTT CALDAS RAINHA	01:02:46
14	513	ANTONIO SABIDO	53	M5054	M				SPORTZONE	01:03:00
15	598	JOSE PEIXOTO	52	M5054	M				INDIVIDUAL	01:03:15
16	899	LEANDRO SANTOS	54	M5054	M				INDIVIDUAL	01:03:16
17	282	ANTONIO MARÇAL	51	M5054	M				INDIVIDUAL	01:04:07
18	1238	JORGE RODRIGUES	53	M5054	M				GD AMARO	01:04:17
19	928	OSCAR SANTOS	54	M5054	M				STAL	01:04:28
20	132	RAUL QUARESMA	51	M5054	M				O MUNDO CORRIDA	01:04:40
21	444	JOAO MIRANDA	52	M5054	M				CCDT METRO LX	01:05:59
22	451	ORLANDO SILVA	53	M5054	M				CCDT METRO LX	01:06:05
23	868	ANTONIO COSTA	53	M5054	M				BOLOTAOBRA	01:06:32
24	437	BARROS COSTA	54	M5054	M				CCDT METRO LX	01:06:39
25	432	ALIPIO OLIVEIRA	50	M5054	M				CCDT METRO LX	01:06:44
26	867	AUGUSTO SEMEDO	53	M5054	M				BOLOTAOBRA	01:07:23
27	110	HILARIO TORRES	51	M5054	M				RUN 4 FUN	01:07:48
28	414	MIGUEL CARTUCHO	53	M5054	M				UNIDOS MANUTENÇÃO	01:08:32
29	1008	ÁLVARO FURTADO	52	M5054	M				SS CGD	01:08:51
30	467	GUILHERME GONÇALVES	50	M5054	M				C FERROV PORTUGAL	01:08:54
31	613	CARLOS A M BATISTA	50	M5054	M				SC CASAINHOS	01:09:03
32	361	MANUEL R MARTINS	54	M5054	M				INDIVIDUAL	01:09:15
33	279	DOUGLAS FRY	54	M5054	M				CD MAFRA	01:09:24
34	273	JOSE MORAIS	50	M5054	M				SERVICONTABIL	01:09:29
35	1059	GASPAR LANEIRO	51	M5054	M				MULTIFLOW	01:09:40
36	566	EURICO PEREIRA	51	M5054	M				GD O INDEPENDENTE	01:09:47
37	833	ANTONIO J BRAGA	51	M5054	M				C MILLENIUM BCP	01:10:06
38	979	MANUEL PERAS	54	M5054	M				INDIVIDUAL	01:10:16
39	422	JOAO PALMA	50	M5054	M				AAE BNU	01:10:23
40	673	FERNANDO AVELINO	51	M5054	M				A VALE SILENCIO	01:10:34
41	254	FERNANDO CELESTINO	52	M5054	M				AÇOREANA C BANIF	01:10:43

42	583	JOSE BORGES	51	M5054	M	10 PRAS 11	01:10:59
43	72	CARLOS F SANTOS	50	M5054	M	INDIVIDUAL	01:11:02
44	587	MIGUEL MARQUES	50	M5054	M	AMIGOS PARQUE PAZ	01:11:03
45	73	CARLOS SOUSA	54	M5054	M	INDIVIDUAL	01:11:49
46	1141	ANTONIO J H FERREIRA	52	M5054	M	INDIVIDUAL	01:12:01
47	1173	HERNANI MONTEIRO	50	M5054	M	A VALE SILENCIO	01:12:49
48	1369	MARIO J RAMOS	52	M5054	M	INDIVIDUAL	01:12:57
49	1086	JOSE GABRIEL	53	M5054	M	INDIVIDUAL	01:13:01
50	456	RUI ARAUJO	52	M5054	M	CCDT METRO LX	01:13:13
51	460	MANUEL RODRIGUES	52	M5054	M	AM Bº CV LUMIAR	01:13:15
52	721	LUIS REIS	52	M5054	M	CCDP MUN CASCAIS	01:13:24
53	219	FRANCISCO SILVA	50	M5054	M	FALCOES SELVAGENS	01:13:26
54	670	ANTONIO FERNANDES	54	M5054	M	A VALE SILENCIO	01:13:28
55	406	CARLOS J COSTA	50	M5054	M	AMIGOS CORRIDA	01:13:36
56	573	JOAO VERISSIMO	53	M5054	M	TOKANDAR	01:13:51
57	488	LICINIO FIDALGO	51	M5054	M	CAMARA L CLUBE	01:14:09
58	459	DANIEL NUNES	51	M5054	M	AM Bº CV LUMIAR	01:14:21
59	909	EDUARDO SILVA	50	M5054	M	STAL	01:14:38
60	1104	HENRIQUE ALVAREDO	53	M5054	M	C SARGENTO ARMADA	01:14:43
61	768	ANTONIO SIMOES	53	M5054	M	CCD SRS LISBOA	01:14:48
62	535	JOSE AIRES	53	M5054	M	GA MONSANTO	01:15:09
63	1168	BELCHIOR GUIOMAR	53	M5054	M	STEFFA S	01:15:13
64	1156	MIGUEL SOUSA	50	M5054	M	WIKABOO	01:15:14
65	1154	ANTONIO LEMOS	52	M5054	M	WIKABOO	01:15:21
66	1372	ALCIDES NUNES	52	M5054	M	INDIVIDUAL	01:15:22
67	157	MARIO SILVA	50	M5054	M	GEORUNNERS	01:15:46
68	475	MANUEL ANTONIO	54	M5054	M	C FERROV PORTUGAL	01:15:47
69	910	JOÃO ALVES	50	M5054	M	STAL	01:15:49
70	346	CARLOS GONÇALVES	54	M5054	M	LEBRES TARTARUGAS	01:15:51
71	84	JORGE PAULO	52	M5054	M	RUN 4 FUN	01:16:13
72	75	VITOR M TEIXEIRA	52	M5054	M	INDIVIDUAL	01:16:18
73	272	VIRGILIO MADEIRA	52	M5054	M	AÇOREANA C BANIF	01:16:45
74	549	JOAQUIM SEITA	52	M5054	M	AA PEGO LONGO	01:16:51
75	1108	JOSE MARÇAL	54	M5054	M	GD SANTANDER TOTTA	01:16:51
76	590	JOSE GARRIDO	50	M5054	M	AMIGOS PARQUE PAZ	01:16:56
77	681	LUCIANO TOMAS	54	M5054	M	A VALE SILENCIO	01:16:56
78	321	ANTONIO M S SILVA	51	M5054	M	INDIVIDUAL	01:17:00
79	1056	MANUEL AZEVEDO	54	M5054	M	MULTIFLOW	01:17:09
80	130	DAMIAO REGA	50	M5054	M	INDIVIDUAL	01:17:16
81	161	JORGE L LOPES	54	M5054	M	AMIGOS ESTRELA	01:17:21
82	1085	ANTONIO AMIEIRO	54	M5054	M	ALTO MOINHO	01:17:32
83	911	FERNANDO MOURA	50	M5054	M	STAL	01:17:46
84	798	ALBINO TOMAS	54	M5054	M	CA PATAMEIRAS	01:17:56
85	881	JOÃO MILHEIRO	51	M5054	M	O CELEIRO MEMORIA	01:18:06
86	719	JORGE JOURDAN	50	M5054	M	CCDP MUN CASCAIS	01:18:31
87	1300	CARLOS GONÇALVES	54	M5054	M	INDIVIDUAL	01:18:39
88	1175	ANTONIO MOREZO	51	M5054	M	INDIVIDUAL	01:18:46

89	533	CARLOS COELHO	50	M5054	M	GA MONSANTO	01:19:06
90	536	JOSE MONTEIRO	54	M5054	M	GA MONSANTO	01:19:17
91	503	ANTONIO JACINTO	51	M5054	M	OS ZATOPEQUES	01:19:32
92	390	JOSE C FORTE	52	M5054	M	LINK	01:19:40
93	1157	JOSE MOTA	51	M5054	M	WIKABOO	01:19:40
94	505	ORLANDO SILVA	54	M5054	M	OS ZATOPEQUES	01:19:46
95	257	JOAQUIM GUERREIRO	50	M5054	M	AÇOREANA C BANIF	01:19:51
96	135	VITOR RODRIGUES	54	M5054	M	FIGAS E AMIGOS	01:19:54
97	952	MANUEL R NUNES	54	M5054	M	OS ZATOPEQUES	01:19:55
98	1002	JÚLIO CASTRO	51	M5054	M	CAA BELEM	01:20:01
99	27	JOSE CAVACO	50	M5054	M	ORISTARS FARELO R	01:20:29
100	745	LUIS MIRANDA	51	M5054	M	TEJAVISTA	01:20:43
101	236	JOSE DIAS	51	M5054	M	BRANDOA CORRE	01:20:55
102	678	JOSE MOGA	53	M5054	M	A VALE SILENCIO	01:20:57
103	504	PHLIM O KANE	53	M5054	M	OS ZATOPEQUES	01:20:58
104	1202	PAULO F DIEGUES	50	M5054	M	INDIVIDUAL	01:21:11
105	588	LUIS FONSECA	50	M5054	M	AMIGOS PARQUE PAZ	01:21:14
106	1034	RICARDO FERNANDES	51	M5054	M	CD GRUPO BES	01:21:27
107	1161	JAIME GOMES	54	M5054	M	SS MONTEPIO GERAL	01:21:54
108	1373	JOSE CATITA	52	M5054	M	GARMIN/ COO	01:21:55
109	1102	FRANCISCO CURTINHA	53	M5054	M	C SARGENTO ARMADA	01:21:57
110	822	JOAQUIM M MAMEDE	53	M5054	M	INDIVIDUAL	01:22:00
111	1001	JOSÉ CASTRO	52	M5054	M	CAA BELEM	01:22:06
112	1020	JOSÉ DIAS	53	M5054	M	CLUBE AUTOCOOPE	01:22:08
113	627	ABELCARVALHO	53	M5054	M	INDIVIDUAL	01:22:20
114	1162	PEDRO RAMOS	51	M5054	M	SS MONTEPIO GERAL	01:22:20
115	408	LUIS NEVES	52	M5054	M	AMIGOS CORRIDA	01:22:50
116	735	PAULO J S A CRUZ	51	M5054	M	INDIVIDUAL	01:22:57
117	1011	LUÍS BOTTO	52	M5054	M	SS CGD	01:23:01
118	946	LUÍS ROMANEIRO	51	M5054	M	INDIVIDUAL	01:23:13
119	551	LUCIO M MORAIS	51	M5054	M	INDIVIDUAL	01:23:19
120	740	JOSE POTES	53	M5054	M	TEJAVISTA	01:23:42
121	108	JOAO RALHA	51	M5054	M	RUN 4 FUN	01:23:43
122	154	JORGE SOUSA	50	M5054	M	GD CHELAS	01:23:43
123	1324	RUI M SILVA	51	M5054	M	RUN 4 FUN	01:23:43
124	345	CARLOS TEIXEIRA	50	M5054	M	LEBRES TARTARUGAS	01:24:00
125	1101	MADEIRA MOREIRA	50	M5054	M	C SARGENTO ARMADA	01:24:14
126	981	RAUL COSTA	50	M5054	M	CLUBE ROBBIALAC	01:25:52
127	1065	ANTONIO HENRIQUES	50	M5054	M	INDIVIDUAL	01:26:10
128	221	RUI RALHA	53	M5054	M	RUN 4 FUN	01:26:18
129	1232	VASCO MONTEIRO	50	M5054	M	INDIVIDUAL	01:26:45
130	710	FREIRE MATINHA	54	M5054	M	AMIGOS MATINHA	01:26:50
131	50	CARLOS RENATO	51	M5054	M	RUNNERS	01:26:56
132	489	JOAO FIGUEIREDO	54	M5054	M	CAMARA L CLUBE	01:27:29
133	1246	JOAQUIM CAMOES	50	M5054	M	INDIVIDUAL	01:29:04
134	226	CARLOS DIAS	51	M5054	M	GD INE	01:29:47
135	259	JOSE SEQUEIRA	50	M5054	M	AÇOREANA C BANIF	01:29:51

136	424	ALAN BRANOI	50	M5054	M	INDIVIDUAL	01:29:55
137	849	JOAO J CUNHA	53	M5054	M	C MILLENIUM BCP	01:30:05
138	709	JOAO MATINHA	51	M5054	M	AMIGOS MATINHA	01:30:16
139	502	JOSE CORDEIRO	51	M5054	M	OS ZATOPÉQUES	01:30:56
140	1278	ARMENIO CORREIA	51	M5054	M	GUP GRALHAS	01:31:07
141	448	MARQUES ALEXANDRE	53	M5054	M	CCDT METRO LX	01:31:28
142	518	JOSE L O LOPES	53	M5054	M	INDIVIDUAL	01:31:30
143	1192	MARIO PIRES	52	M5054	M	INDIVIDUAL	01:31:37
144	844	JOQUIM O FULGENCIO	53	M5054	M	C MILLENIUM BCP	01:32:02
145	1188	JOSE MARTINS	52	M5054	M	INDIVIDUAL	01:32:14
146	1252	EMIDIO ALEXANDRE	52	M5054	M	TOR	01:32:14
147	443	JOAO CUNHA	50	M5054	M	CCDT METRO LX	01:32:47
148	1310	ANTONIO SILVA	51	M5054	M	SL CAMPOLIDE	01:32:52
149	985	ANTÓNIO MOURA	54	M5054	M	PLUMAS	01:33:16
150	1265	FRANCISCO AFONSO	50	M5054	M	CLUBE BOLINHA	01:33:45
151	550	LUIS MARQUES	54	M5054	M	AA PEGO LONGO	01:33:55
152	668	AFONSO PINTO	50	M5054	M	A VALE SILENCIO	01:34:05
153	180	ARTUR DINIS	53	M5054	M	GD MACEDO OCULISTA	01:34:23
154	265	PAULO PEIXOTO	52	M5054	M	AÇOREANA C BANIF	01:35:41
155	1131	LIGORIO BORLOT	52	M5054	M	CR ALVORADA	01:39:16
156	746	JORGE M NARCISO	50	M5054	M	SMO PROGRESSO	01:40:13
157	788	ACACIO PEREIRA	50	M5054	M	PE DE ATLETA	01:55:53

Masculino de 55 até 59 anos - VETERANO 4

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Clube	Tempo
1	996	SILVESTRE GOMES	55	M5559	M				BOAVISTA S MATEUS	00:52:57
2	1048	AIRES PRATAS	55	M5559	M				ODIMARQ ALUMINIOS	00:53:21
3	187	GABRIEL GONÇALVES	56	M5559	M				GD MACEDO OCULISTA	00:58:14
4	1047	FERNANDO FERNANDES	56	M5559	M				ODIMARQ ALUMINIOS	00:58:35
5	1122	AUGUSTO LOPES	57	M5559	M				GD SANTANDER TOTTA	00:59:42
6	370	DOMINGOS NECA	56	M5559	M				JOVENS SERRA MINAS	01:00:50
7	1132	JOAO RODRIGUES	57	M5559	M				CR ALVORADA	01:01:40
8	466	AIRES S PEDRO	56	M5559	M				C FERROV PORTUGAL	01:02:45
9	193	JOSE INOCENCIO	59	M5559	M				GD MACEDO OCULISTA	01:02:51
10	337	MARIO AMADOR	57	M5559	M				GAA VILA FRANCA XIRA	01:03:40
11	1112	ANASTACIO VALADAS	57	M5559	M				GD SANTANDER TOTTA	01:04:46
12	1010	JOAQUIM FRADE	55	M5559	M				SS CGD	01:05:12
13	870	LUIS PEREIRA	59	M5559	M				BOLOTAOBRA	01:05:26
14	869	AUGUSTO BRITO	55	M5559	M				BOLOTAOBRA	01:05:45
15	185	DOMINGOS GONÇALVES	57	M5559	M				GD MACEDO OCULISTA	01:06:11
16	1090	JOSE FAUSTINO	57	M5559	M				INDIVIDUAL	01:06:19
17	229	JOSE GOMES	56	M5559	M				GD INE	01:06:51
18	363	MARIO NEVES	55	M5559	M				AA PEGO LONGO	01:06:51
19	372	ALBERTO CAPELA	55	M5559	M				JOVENS SERRA MINAS	01:07:25
20	472	CARLOS SANTOS	59	M5559	M				C FERROV PORTUGAL	01:07:40
21	646	FERNANDO ANACLETO	59	M5559	M				INDIVIDUAL	01:07:42
22	926	JOSÉ PINHO	57	M5559	M				STAL	01:08:02
23	120	VENANCIO GUERREIRO	56	M5559	M				A SACAVENENSE	01:08:13
24	308	JOSE CARLOS	55	M5559	M				CDR ARRUDENSE	01:08:39
25	287	HENRIQUE ROMAO	55	M5559	M				AMIGOS ALCATRAO	01:09:02
26	182	HENRIQUE ADREGA	58	M5559	M				GD MACEDO OCULISTA	01:09:33
27	490	DOMINGOS RIBEIRO	55	M5559	M				CAMARA L CLUBE	01:10:12
28	752	FERNANDO MENDES	57	M5559	M				GARMIN/ COO	01:10:14
29	253	FERNANDO ANDRADE	56	M5559	M				AÇOREANA C BANIF	01:10:44
30	1061	FERNANDO CORREIA	59	M5559	M				LESMAS ALOPRADAS	01:10:58
31	694	POSSIDONIO CONSTANTINO	58	M5559	M				C PRAÇAS ARMADA	01:11:00
32	1046	JOSE BRANQUINHO	56	M5559	M				ODIMARQ ALUMINIOS	01:11:31
33	799	ANTONIO MORAIS	58	M5559	M				CA PATAMEIRAS	01:11:34
34	804	MANUEL CALISTO	59	M5559	M				CA PATAMEIRAS	01:11:37
35	468	NEVES SILVA	58	M5559	M				C FERROV PORTUGAL	01:11:54
36	91	HENRIQUE SANTOS	57	M5559	M				GD O INDEPENDENTE	01:12:38
37	63	CARLOS RANGEL	58	M5559	M				INDIVIDUAL	01:12:44
38	1193	IDALECIO BARROS	56	M5559	M				INDIVIDUAL	01:13:03
39	765	MANUEL TEIXEIRA	56	M5559	M				CCD SRS LISBOA	01:13:50
40	322	JOAQUIM F BACALHAU	56	M5559	M				INDIVIDUAL	01:13:55
41	807	FRANCISCO FARRAJOTA	58	M5559	M				CA PATAMEIRAS	01:13:56

42	271	TAM AFONSO	58	M5559	M	AÇOREANA C BANIF	01:14:12
43	281	JORGE PAULINO	55	M5559	M	CD MAFRA	01:14:18
44	578	MANUEL FIDALGO	58	M5559	M	CCD EFACEC LX	01:14:23
45	280	DIAMANTINO ALBUQUERQUE	57	M5559	M	CD MAFRA	01:14:26
46	1114	FERNANDO MARQUES	56	M5559	M	GD SANTANDER TOTTA	01:14:36
47	381	MIGUEL MENDES	56	M5559	M	INDIVIDUAL	01:14:50
48	1109	JOAO ROCHA	59	M5559	M	GD SANTANDER TOTTA	01:15:12
49	964	MANUEL CRISPIM	59	M5559	M	UDCA	01:15:26
50	369	CARLOS CLARO	57	M5559	M	JOVENS SERRA MINAS	01:16:00
51	742	JOSE GOMES	57	M5559	M	TEJAVISTA	01:16:01
52	491	VITOR ANTUNES	55	M5559	M	CAMARA L CLUBE	01:16:10
53	940	VIRGILLIO NASCIMENTO	56	M5559	M	CA VALE FIGUEIRA	01:16:12
54	941	ANTÓNIO SILVA	58	M5559	M	CA VALE FIGUEIRA	01:16:26
55	464	MANUEL ALVES	55	M5559	M	SFUAP	01:16:29
56	616	CESARIO SANCHES	58	M5559	M	INDIVIDUAL	01:16:45
57	711	JULIO MEIRELES	59	M5559	M	CCDP MUN CASCAIS	01:17:04
58	64	DOMINGOS PIRES	58	M5559	M	INDIVIDUAL	01:17:14
59	534	FRANCISCO PINHEIRO	56	M5559	M	GA MONSANTO	01:17:14
60	324	JOSE NEVES	59	M5559	M	OS INDOMAVEIS	01:17:17
61	1281	ABILIO TAVARES	56	M5559	M	INDIVIDUAL	01:17:20
62	55	CARLOS PEREIRA	59	M5559	M	A SACAVENENSE	01:17:28
63	471	CUSTODIO JANUARIO	58	M5559	M	C FERROV PORTUGAL	01:17:44
64	1314	NORBERTO COELHO	55	M5559	M	ACADEMIA LUMIAR	01:17:45
65	31	ELISIO F COSTA	55	M5559	M	CCDT MUN ODIVELAS	01:17:59
66	1374	ARMANDO GONCALVES	58	M5559	M	CCD AUT ALMADA	01:18:27
67	830	JORGE ALVES	56	M5559	M	AMIGOS PARQUE PAZ	01:18:34
68	286	FERNANDO VERGAMOTA	55	M5559	M	AMIGOS ALCATRAO	01:18:43
69	1371	JOSE ROBALO	56	M5559	M	INDIVIDUAL	01:18:56
70	1105	FERNANDO OLIVEIRA	55	M5559	M	C SARGENTO ARMADA	01:19:01
71	188	INACIO GONÇALVES	59	M5559	M	GD MACEDO OCULISTA	01:19:10
72	527	JOAO P FRANCO	56	M5559	M	INDIVIDUAL	01:19:29
73	1347	JORGE JESUS	58	M5559	M	VENDA PINHEIRO	01:19:31
74	245	BERNARDINO SOARES	58	M5559	M	INDIVIDUAL	01:19:47
75	541	VITOR RODRIGUES	56	M5559	M	GA MONSANTO	01:20:10
76	688	ORLANDO COUTO	56	M5559	M	A VALE SILENCIO	01:20:26
77	713	JOAQUIM BARROCAS	59	M5559	M	CCDP MUN CASCAIS	01:20:31
78	264	OSCAR RODRIGUES	59	M5559	M	AÇOREANA C BANIF	01:20:38
79	766	FERNANDO AZEVEDO	58	M5559	M	CCD SRS LISBOA	01:21:00
80	336	MANUEL HORTA	59	M5559	M	GAA VILA FRANCA XIRA	01:21:23
81	362	ANTONIO BRITO	59	M5559	M	GD S DOMINGOS	01:21:33
82	531	MARIO LIMA	58	M5559	M	FUNDAÇÃO VCS	01:21:40
83	1031	JORGE PEREIRA	56	M5559	M	CD GRUPO BES	01:22:47
84	1022	AMERICO COSTA	56	M5559	M	CLUBE AUTOCOOPE	01:22:53
85	325	ANTONIO SILVA	55	M5559	M	OS INDOMAVEIS	01:23:35
86	1387	JORGE MARQUES	58	M5559	M	INDIVIDUAL	01:23:44
87	831	JOSE GALVEIA	58	M5559	M	INDIVIDUAL	01:23:58
88	532	ANTONIO REYES	57	M5559	M	GA MONSANTO	01:24:18

89	850	FERNANDO DOMINGUES	55	M5559	M	C MILLENIUM BCP	01:24:37
90	906	JOSÉ MAURICIO	55	M5559	M	STAL	01:24:58
91	1268	DOMINGOS PEREIRA	57	M5559	M	CLUBE MARGINAL	01:25:48
92	1135	LUIS TORRÃO	57	M5559	M	GDCT REPSOL	01:26:04
93	1267	FRANCISCO COITO	59	M5559	M	CLUBE MARGINAL	01:26:18
94	1121	HENRIQUE MARÇAL	57	M5559	M	GD SANTANDER TOTTA	01:26:27
95	436	CRUZ MARQUES	59	M5559	M	CCDT METRO LX	01:26:50
96	493	HENRIQUE VILHENA	55	M5559	M	INDIVIDUAL	01:27:26
97	1014	SEVERINO ROSA	55	M5559	M	SS CGD	01:27:36
98	1270	GERMANO BERNARDO	55	M5559	M	PRAZER CORRIDA	01:28:12
99	856	CARLOS A TOME	59	M5559	M	C MILLENIUM BCP	01:28:44
100	200	VITOR SILVA	58	M5559	M	GD MACEDO OCULISTA	01:29:54
101	440	FERNANDO CARDOSO	58	M5559	M	CCDT METRO LX	01:30:21
102	1107	SALVADOR AFONSO	57	M5559	M	GD SANTANDER TOTTA	01:30:36
103	1144	ANTONIO PINHO	58	M5559	M	O MUNDO CORRIDA	01:31:20
104	741	JOÃO PARRA	55	M5559	M	TEJAVISTA	01:31:59
105	224	ALBERTO PINA	56	M5559	M	GD INE	01:32:07
106	680	JOSE REBOCHO	55	M5559	M	A VALE SILENCIO	01:32:17
107	764	MARIO G FREITAS	55	M5559	M	INDIVIDUAL	01:32:24
108	1379	JOAQUIM MACHADO	58	M5559	M	CCD AUT ALMADA	01:36:24
109	1015	JOAQUIM LAVADO	57	M5559	M	SS CGD	01:39:46
110	579	ADELINO CASTRO	59	M5559	M	CCD EFACEC LX	01:50:31

Masculino de 60 até 64 anos - VETERANO 5

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Clube	Tempo
1	983	CARLOS PEREIRA	60	M6064	M				FALCOES SELVAGENS	01:00:37
2	1240	EDUARDO TANGANHITO	64	M6064	M				GD AMARO	01:02:54
3	1045	FERNANDO CHAMUSCA	61	M6064	M				ODIMARQ ALUMINIOS	01:03:26
4	749	JOAO HEITOR	60	M6064	M				INDIVIDUAL	01:04:53
5	1118	ANTONIO CRUZ	63	M6064	M				GD SANTANDER TOTTA	01:05:10
6	292	JOAO CARVALHO	61	M6064	M				CF OS AVISENSES	01:06:36
7	1025	FERNANDO MARQUES	61	M6064	M				CP EDP CARREGADO	01:07:14
8	1117	FERNANDO CARDOSO	62	M6064	M				GD SANTANDER TOTTA	01:09:18
9	884	JOSÉ MONTGIRO	63	M6064	M				O CELEIRO MEMORIA	01:10:08
10	258	JOAQUIM OLIMPIO	60	M6064	M				AÇOREANA C BANIF	01:11:06
11	177	ANTONIO ARAUJO	60	M6064	M				GD MACEDO OCULISTA	01:11:13
12	882	FLORIVAL ANDRADE	62	M6064	M				O CELEIRO MEMORIA	01:11:33
13	800	AUGUSTO CRUZ	62	M6064	M				CA PATAMEIRAS	01:11:34
14	679	JOSE PEREIRA	64	M6064	M				A VALE SILENCIO	01:13:34
15	342	SILVINO MARTINS	61	M6064	M				AMIGOS CORRIDA	01:13:36
16	801	CARLOS ANTUNES	60	M6064	M				CA PATAMEIRAS	01:13:56
17	341	JOAO CAEIRO	63	M6064	M				AMIGOS CORRIDA	01:14:37
18	1139	RENE DUARTE	61	M6064	M				INDIVIDUAL	01:14:40
19	854	SERGIO ANJOS	63	M6064	M				C MILLENIUM BCP	01:14:55
20	85	AUGUSTO FERREIRA	62	M6064	M				INDIVIDUAL	01:15:26
21	1133	GILBERTO GONÇALVES	62	M6064	M				CR ALVORADA	01:16:15
22	548	ANTONIO PEREIRA	64	M6064	M				AA PEGO LONGO	01:16:52
23	365	FERNANDO GUERREIRO	64	M6064	M				GD S DOMINGOS	01:17:23
24	1149	ARMANDO LOURO	63	M6064	M				INDIVIDUAL	01:17:34
25	781	MANUEL SEQUEIRA	60	M6064	M				AA LEBRES SADO	01:17:42
26	106	ANTONIO CAMPOS	62	M6064	M				INDIVIDUAL	01:17:45
27	544	ARMANDO TAVARES	62	M6064	M				AA PEGO LONGO	01:17:52
28	853	MARIO CAMPOS	62	M6064	M				C MILLENIUM BCP	01:17:57
29	326	AVELINO VESTIAS	61	M6064	M				OS INDOMAVEIS	01:19:13
30	943	JOSÉ LINDO	64	M6064	M				CA VALE FIGUEIRA	01:19:24
31	384	JOSE CANHOTO	62	M6064	M				INDIVIDUAL	01:19:28
32	589	ANTONIO O VINAGRE	63	M6064	M				AMIGOS PARQUE PAZ	01:19:29
33	1357	ANTONIO SERRANO	60	M6064	M				INDIVIDUAL	01:20:27
34	824	VIRGILIO FERRAZ	62	M6064	M				FALÇOES CHILE	01:21:07
35	1197	RAUL PIMENTA	60	M6064	M				INDIVIDUAL	01:21:28
36	545	MANUEL CARDOSO	63	M6064	M				AA PEGO LONGO	01:21:31
37	622	IVAN MOVCHAN	61	M6064	M				VIKWASH	01:21:42
38	1003	JORGE ALMEIDA	62	M6064	M				CAA BELEM	01:22:06
39	954	JOÃO TORRADO	62	M6064	M				EIRAGYM	01:22:12
40	34	JOSE R FERREIRA	62	M6064	M				INDIVIDUAL	01:22:20
41	136	JOAQUIM C LOPES	62	M6064	M				RUN 4 FUN	01:22:52

42	1091	JOAQUIM FRAGOSO	61	M6064	M	CCD CASA PIA	01:25:30
43	843	ANTONIO SOUSA	64	M6064	M	C MILLENIUM BCP	01:26:56
44	90	JOAO LANDEIRO	64	M6064	M	INDIVIDUAL	01:27:27
45	886	EDUARDO MARTINS	63	M6064	M	O CELEIRO MEMORIA	01:28:06
46	547	MARTINHO FREIRE	64	M6064	M	AA PEGO LONGO	01:28:07
47	412	FERNANDO NETO	61	M6064	M	UNIDOS MANUTENÇÃO	01:28:39
48	707	ISMAEL MATINHA	60	M6064	M	AMIGOS MATINHA	01:30:20
49	507	FILIFE PEDRO	60	M6064	M	OS ZATOPEQUES	01:30:56
50	970	MANUEL MARTOS	61	M6064	M	AD REAL ACADEMIA	01:31:24
51	543	MANUEL FERREIRA	64	M6064	M	QUIOSQUE MIRANTE	01:31:49
52	1296	PEDRO M DELGADO	62	M6064	M	TEJAVISTA	01:33:40
53	506	RUI ALBERTO	60	M6064	M	OS ZATOPEQUES	01:34:28
54	892	JOAQUIM A SANTOS	63	M6064	M	MIRANTENSE FC	01:35:35
55	391	HELDER J VARANDAS	63	M6064	M	LINK	01:36:21
56	171	JOAQUIM CAPUCHO	60	M6064	M	HAVITI	01:38:23
57	87	EBERHARD WILHELM	63	M6064	M	INDIVIDUAL	01:39:51
58	37	JOSE P HENRIQUES	61	M6064	M	INDIVIDUAL	01:39:53
59	1225	AMADEU SILVA	63	M6064	M	INDIVIDUAL	01:41:47

Masculino de 65 até 99 anos - VETERANO 6

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Clube	Tempo
1	1239	ALBINO NEIVA	65	M6599	M				GD AMARO	01:03:53
2	1177	FRANCISCO FERNANDES	67	M6599	M				CRD ARRUDENSE	01:06:05
3	409	ANTONIO BELO	66	M6599	M				AMIGOS CORRIDA	01:06:54
4	1382	MIGUEL CHARRUA	68	M6599	M				JF PORTELA	01:07:20
5	514	JOSE CONCEIÇÃO	65	M6599	M				SPORTZONE	01:09:10
6	538	MIGUEL SILVA	66	M6599	M				GA MONSANTO	01:11:13
7	904	MANUEL GONÇALVES	65	M6599	M				STAL	01:12:23
8	1140	JOSE VALÉRIO	65	M6599	M				INDIVIDUAL	01:13:50
9	1111	MANUEL ROBALO	65	M6599	M				GD SANTANDER TOTTA	01:13:56
10	410	DOMINGOS DURO	66	M6599	M				AMIGOS CORRIDA	01:14:37
11	320	MANUEL MOREIRA	66	M6599	M				ADCR P JUDICIARIA	01:14:40
12	107	JOAQUIM H SILVERIO	65	M6599	M				INDIVIDUAL	01:16:05
13	1089	JEREMIAS RIBEIRO	68	M6599	M				INDIVIDUAL	01:18:17
14	473	MARTINS BARATA	67	M6599	M				C FERROV PORTUGAL	01:18:41
15	918	ANTÓNIO VARANDAS	65	M6599	M				STAL	01:18:59
16	699	FERNANDO FERREIRA	72	M6599	M				C BENFICA ALG MEM	01:19:59
17	1137	RAMIRO MIGUEL	65	M6599	M				INDIVIDUAL	01:20:47
18	891	JOSÉ C SEABRA	66	M6599	M				MIRANTENSE FC	01:20:53
19	67	LUCIANO ASSUNÇÃO	65	M6599	M				SPORTISEL	01:21:42
20	508	ANTONIO MATEUS	68	M6599	M				OS ZATOPEQUES	01:21:59
21	984	JOAQUIM ARAUJO	66	M6599	M				PLUMAS	01:22:01
22	1261	JOSE PRAÇA	65	M6599	M				CLUBE BOLINHA	01:22:21
23	654	RUI VIGOÇO	66	M6599	M				GD BANCO BPI	01:22:51
24	66	RAUL HENRIQUES	76	M6599	M				GA OS MATULOES	01:24:34
25	1110	JOSE RIBEIRO	66	M6599	M				GD SANTANDER TOTTA	01:25:06
26	1084	ARMENIO SILVA	73	M6599	M				INDIVIDUAL	01:25:29
27	300	LEOPOLDINO MARCELINO	71	M6599	M				GD ARRIFANA	01:25:58
28	1119	DINIS SOUSA	70	M6599	M				GD SANTANDER TOTTA	01:27:07
29	299	ANTONIO VEIGA	73	M6599	M				CF OS AVISENSES	01:27:28
30	329	ANTONIO CASTANHEIRA	68	M6599	M				OS INDOMAVEIS	01:29:13
31	351	JOSE CONCEIÇÃO	65	M6599	M				INDIVIDUAL	01:30:05
32	708	ANTONIO MATINHA	68	M6599	M				AMIGOS MATINHA	01:30:20
33	1136	AMADEU FERREIRA	69	M6599	M				GDCT REPSOL	01:30:39
34	446	JOSE PIRES	75	M6599	M				CCDT METRO LX	01:32:47
35	301	ARTUR G MARCELINO	70	M6599	M				GD ARRIFANA	01:34:16
36	65	ARMANDO LUIS	65	M6599	M				GA OS MATULOES	01:35:19
37	1143	FERNANDO P RODRIGUES	69	M6599	M				INDIVIDUAL	01:35:27
38	179	ARMANDO CARMO	74	M6599	M				GD MACEDO OCULISTA	01:39:12
39	330	MANUEL SANTOS	69	M6599	M				OS INDOMAVEIS	01:41:35
40	441	GUALDINO FREIRE	65	M6599	M				CCDT METRO LX	01:42:09
41	971	FERNANDO LOPES	65	M6599	M				AD REAL ACADEMIA	01:58:28

