

CORRIDA 1º MAIO 2015 - 01/05/2015

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	2	YOUSSEF EL KALAY	M	34		00:47:22	00:47:22	SL BENFICA
2	1	CARLOS SILVA	M	32		00:48:26	00:48:25	GDR REBOLEIRA
3	821	PEDRO ARSÉNIO	M	32		00:48:42	00:48:41	CA ODIMARQ
4	822	LUIS RAÇÕES	M	39		00:51:29	00:51:27	CA ODIMARQ
5	909	ARTUR SANTIAGO	M	43		00:52:27	00:52:26	NUCLEOEIRAS
6	828	MÁRIO CASACA	M	42		00:52:35	00:52:33	CA ODIMARQ
7	11	ANA MAFALDA FERREIRA	F	27		00:52:57	00:52:56	SPORTING CP
8	732	JOÃO GINJA	M	49		00:53:14	00:53:13	NAZ ABÓBODA
9	1387	MICHELE AGOSTINI	M	24		00:54:22	00:54:20	SAN MARINO
10	9	CARLOS FREITAS	M	44		00:54:30	00:54:29	GFD RUNNING
11	1498	JOSÉ LOPES	M	49		00:55:10	00:55:08	CA ODIMARQ
12	923	PAULO RAMOS	M	52		00:55:25	00:55:24	STAL
13	1070	FRANCISCO MENDES	M	41		00:55:25	00:55:25	A JORGE PINA
14	907	VITOR LIMA	M	47		00:55:35	00:55:34	NUCLEOEIRAS
15	76	PAULO ALVES	M	37		00:55:38	00:55:34	GDCT IN CASA MOEDA
16	1540	PEDRO MESTRE	M	43		00:55:51	00:55:48	NETCORRIER LOGISTICA
17	1447	ANTÓNIO MURTEIRA	M	47		00:55:59	00:55:53	CARRASCO&AMIGOS
18	1425	JOÃO MIRANDA	M	44		00:56:06	00:55:58	INDIVIDUAL
19	1127	AMBRÓSIO PEREIRA	M	41		00:56:15	00:56:14	UA POVOENSE
20	77	RICARDO NEVES	M	40		00:56:30	00:56:29	GDCT IN CASA MOEDA
21	786	RUI FONTE-BOA	M	25		00:56:49	00:56:48	CA PATAMEIRAS
22	19	VERA FERNANDES	F	29		00:56:57	00:56:54	RB RUNNING
23	20	SÉRGIO LIMA	M	32		00:56:59	00:56:56	RB RUNNING
24	827	ANTÓNIO HENRIQUES	M	58		00:57:02	00:56:57	CA ODIMARQ
25	1384	RICARDO OLIVEIRA	M	35		00:57:08	00:57:03	C PRAÇAS ARMADA
26	886	RUI HENRIQUES	M	35		00:57:09	00:57:01	SS MONTEPIO GERAL
27	1072	HÉLDER BAPTISTA	M	33		00:57:11	00:57:10	A JORGE PINA
28	1007	LUIS RIO	M	43		00:57:13	00:57:06	GDC BANCO PORTUGAL
29	1423	JOÃO F FERREIRA	M	37		00:57:14	00:57:14	INDIVIDUAL
30	722	JOSÉ BARRINHA	M	44		00:57:27	00:57:26	VILA FRIA JG SEGUROS
31	651	TIAGO VERMELHO	M	29		00:57:37	00:57:34	GRD RIBEIRA LAGE
32	826	AIRES PRATAS	M	59		00:57:38	00:57:37	CA ODIMARQ
33	1420	LUIS TOMÉ	M	43		00:57:42	00:57:17	SERU LECEIA
34	833	FERNANDO CANDEIAS	M	43		00:57:42	00:57:33	SS CGD
35	1196	JOSÉ QUEIROZ	M	44		00:57:45	00:57:43	CCD O ALVITEJO
36	12	MARGARIDA DIONÍSIO	F	28		00:57:54	00:57:53	ACD SRA DESTERRO
37	931	JOÃO MONTES	M	50		00:57:56	00:57:52	STAL
38	792	PAULO NEVES	M	49		00:57:58	00:57:58	CA PATAMEIRAS
39	981	EMANUEL BANDEIRA	M	39		00:57:59	00:57:46	ALCATRAZ COFFEE RUNNERS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
40	820	MARCO QUEDAS	M	31		00:58:01	00:58:00	CA ODIMARQ
41	741	RUI CABRAL	M	37		00:58:03	00:58:01	NA PAPAGAIOS CASCAIS
42	1042	JAN S NASS	M	23		00:58:07	00:58:02	NORUEGA
43	743	JOSÉ BORGES	M	47		00:58:09	00:58:08	NA PAPAGAIOS CASCAIS
44	1010	ANTÓNIO SIMÕES	M	45		00:58:10	00:58:04	GDC BANCO PORTUGAL
45	544	JANÍCIO REIS	M	37		00:58:11	00:58:09	C BENFICA ALG M MARTINS
46	493	SÉRGIO CLARO	M	29		00:58:14	00:58:03	GARMIN/ CO OEIRAS
47	188	JOÃO AFONSO	M	45		00:58:17	00:58:08	C BENFICA ALG M MARTINS
48	1056	FRANCISCO ANTUNES	M	25		00:58:19	00:57:48	MAFRA COM VENTO - ESTABIL
49	1134	PAULO ARRENEGA	M	48		00:58:21	00:58:20	UA POVOENSE
50	870	PAULO COSTA	M	49		00:58:23	00:58:19	RB RUNNING
51	659	SERGIO PAIVA	M	42		00:58:28	00:58:27	CARRASCO&AMIGOS
52	554	MARCO PINTO	M	23		00:58:34	00:58:14	SC REBOLEIRA DAMAIA
53	1482	PAULO CARVALHO	M	46		00:58:35	00:58:16	SC REBOLEIRA DAMAIA
54	1458	PEDRO MARQUES	M	39		00:58:37	00:58:35	GD CHELAS
55	976	JOSÉ NEVES	M	36		00:58:41	00:58:31	ALCATRAZ COFFEE RUNNERS
56	346	ANGELO SILVA	M	32		00:58:55	00:58:44	CCDT METRO LX
57	583	RUI OLIVEIRA	M	44		00:58:58	00:58:57	AÇOREANA C BANIF
58	140	JOÃO MIRANDA	M	56		00:59:03	00:58:55	CCDT METRO LX
59	1272	ANTÓNIO SANTOS	M	56		00:59:05	00:58:55	GD INE
60	1569	LUIS SANTOS	M	30		00:59:06	00:58:55	AMIGOS VALE DO SILÊNCIO
61	409	LUCIANO TOMÁS	M	58		00:59:06	00:58:55	A VALE SILÊNCIO
62	660	MANUEL SOARES	M	50		00:59:06	00:59:03	UNIDOS DA MANUTENÇÃO
63	406	FERNANDO RODRIGUES	M	47		00:59:12	00:59:10	A VALE SILÊNCIO
64	1126	ALEXANDRE MONTEIRO	M	48		00:59:16	00:59:15	UA POVOENSE
65	943	ARTUR LOPES	M	43		00:59:17	00:59:06	STAL
66	800	GABRIEL GONÇALVES	M	60		00:59:22	00:59:21	SC REBOLEIRA DAMAIA
67	734	PAULO SILVA	M	42		00:59:32	00:59:23	NAZ ABÓBODA
68	1424	JOSÉ MESTRE	M	24		00:59:36	00:59:33	INDIVIDUAL
69	1252	JOÃO FERNANDES	M	26		00:59:40	00:59:14	INDIVIDUAL
70	611	JORGE CAIADO	M	44		00:59:43	00:59:14	AMIGOS DA CORRIDA.COM
71	1345	ANASTÁCIO VALADAS	M	61		00:59:47	00:59:44	GD SANTANDER TOTTA
72	1023	PEDRO MOTA	M	44		00:59:55	00:59:46	ASC VALE GRANDE
73	664	GIL X ALVES	M	38		01:00:00	00:59:58	UNIDOS DA MANUTENÇÃO
74	602	MANUEL VILELA	M	51		01:00:01	00:59:57	GD O INDEPENDENTE
75	924	JOSÉ SANTOS	M	49		01:00:03	01:00:02	STAL
76	522	DÁRIO LUZ	M	34		01:00:05	01:00:00	INDIVIDUAL
77	1242	TIAGO CASTELA	M	27		01:00:15	01:00:09	C NOTURNA P NAÇÕES
78	1024	CARLOS PASCOAL	M	51		01:00:23	01:00:12	ASC VALE GRANDE

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
79	1559	PAULO PINTO	M	42		01:00:25	01:00:19	FIGAS E AMIGOS
80	724	JOSÉ BAPTISTA	M	49		01:00:33	01:00:31	VILA FRIA JG SEGUROS
81	1133	LUÍSA MONTEIRO	F	48		01:00:41	01:00:40	UA POVOENSE
82	624	ANTÓNIO JESUS	M	38		01:00:41	01:00:35	SAPATISTA
83	868	PEDRO SEABRA	M	33		01:00:43	01:00:37	RB RUNNING
84	490	RICARDO SANTOS	M	35		01:00:47	01:00:38	GARMIN/ CO OEIRAS
85	47	PEDRO MARQUES	M	46		01:00:49	01:00:25	SERU LECEIA
86	561	ALEXANDRA ALVES	F	32		01:00:49	01:00:48	AÇOREANA C BANIF
87	982	TONY ANACLETO	M	32		01:00:51	01:00:38	ALCATRAZ COFFEE RUNNERS
88	978	PEDRO NEVES	M	34		01:00:51	01:00:38	ALCATRAZ COFFEE RUNNERS
89	1389	RICARDO BRAZ	M	29		01:00:55	01:00:41	PENICHEACORRER
90	600	DAVID PEREIRA	M	23		01:00:59	01:00:55	GD O INDEPENDENTE
91	1046	ANTÓNIO VALE	M	57		01:01:08	01:01:07	GRD OS FIXES
92	1136	MÁRCIO PEREIRA	M	32		01:01:09	01:00:59	UA POVOENSE
93	1390	ANDRÉ SOUSA	M	26		01:01:12	01:00:59	PENICHEACORRER
94	353	NUNO A SOARES	M	33		01:01:20	01:01:18	VANDOMA
95	1222	BRUNO SAFARA	M	34		01:01:21	01:01:00	MONSANTO RT
96	360	RICARDO FERNANDES	M	34		01:01:21	01:00:50	OS COTAS
97	1497	PEDRO GOMES	M	41		01:01:23	01:01:13	REST O CARTAXEIRO
98	229	FERNANDO J VICENTE	M	49		01:01:25	01:01:24	INDIVIDUAL
99	1264	FRANCISCO SERRANO	M	41		01:01:29	01:01:18	GD INE
100	594	JOSE PAJINHA	M	54		01:01:32	01:01:31	TEAM NETO
101	1330	JOÃO JESUS	M	39		01:01:32	01:01:27	GD SANTANDER TOTTA
102	458	JOÃO SOARES	M	61		01:01:33	01:01:32	C BENFICA ALG M MARTINS
103	1407	MARCOS A PEREIRA	M	59		01:01:35	01:01:31	INDIVIDUAL
104	703	NUNO S ANTUNES	M	40		01:01:38	01:01:17	INDIVIDUAL
105	347	SÉRGIO NUNES	M	40		01:01:39	01:01:34	TUNA OPERÁRIA SINTRA
106	824	FERNANDO CHAMUSCA	M	65		01:01:43	01:01:38	CA ODIMARQ
107	302	ABÍLIO FERNANDES	M	44		01:01:45	01:01:32	C MILLENNIUM BCP
108	803	HORÁCIO ALEXANDRE	M	34		01:01:47	01:01:45	PENICHEACORRER
109	460	LUIS ALVES	M	45		01:01:48	01:01:24	C BENFICA ALG M MARTINS
110	979	LUIS MARQUES	M	42		01:01:52	01:01:42	ALCATRAZ COFFEE RUNNERS
111	553	CONSTANTINO ARAÚJO	M	48		01:01:52	01:01:34	SC REBOLEIRA DAMAIA
112	559	FRANCISCO CALÇADA	M	50		01:01:53	01:01:50	CCD O ALVITEJO
113	1254	NUNO G SILVA	M	39		01:01:54	01:01:47	CORRER LISBOA
114	476	RUI GERALDES	M	41		01:01:55	01:01:45	RAIL RUNNERS
115	1227	MANUEL FERREIRA	M	46		01:02:02	01:01:58	INDIVIDUAL
116	912	RICARDO LANCEIRO	M	37		01:02:03	01:01:48	NUCLEOEIRAS
117	1240	RUI FILIPE	M	51		01:02:03	01:01:45	OS ZATOPEQUES

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
118	791	ORLANDO CORREIA	M	43		01:02:04	01:01:51	CA PATAMEIRAS
119	66	ALEXANDRE DIAS	M	34		01:02:05	01:02:02	TOPO DE GAMA
120	1415	JOSÉ P RUA	M	37		01:02:06	01:01:44	WIKABOO
121	1391	NUNO PEIXOTO	M	25		01:02:08	01:01:52	PENICHEACORRER
122	983	PEDRO FARTO	M	35		01:02:08	01:01:56	ALCATRAZ COFFEE RUNNERS
123	1472	NUNO GONÇALO	M	32		01:02:13	01:02:03	CARAP AUS DE CORRIDA
124	75	NUNO SOUSA	M	41		01:02:17	01:02:13	GDCT IN CASA MOEDA
125	1224	PETER STEINHAUSEN	M	62		01:02:18	01:02:17	INDIVIDUAL
126	489	RICARDO PEREIRA	M	44		01:02:20	01:01:59	GARMIN/ CO OEIRAS
127	1119	JOSÉ LOPES	M	51		01:02:27	01:02:21	REST O CARTAXEIRO
128	1244	PEDRO CARDOSO	M	33		01:02:34	01:02:27	CORRER LISBOA
129	717	BRUNO GONÇALVES	M	36		01:02:35	01:02:24	INDIVIDUAL
130	908	FERNANDO POLÓNIO	M	45		01:02:37	01:02:33	NUCLEOEIRAS
131	623	NUNO EMANUEL	M	38		01:02:37	01:02:37	SAPATISTA
132	1530	PAULO S RODRIGUES	M	47		01:02:47	01:02:44	INDIVIDUAL
133	1426	ALICE ROMA	F	45		01:02:50	01:02:42	INDIVIDUAL
134	648	SÉRGIO C NUNES	M	21		01:02:51	01:02:47	INDIVIDUAL
135	496	EDUARDO FILIPE	M	31		01:02:51	01:02:45	INDIVIDUAL
136	1011	FERNANDO MARTINS	M	44		01:02:53	01:02:46	GDC BANCO PORTUGAL
137	1106	LAURA GRILO	F	30		01:02:55	01:01:53	CPPEA
138	1036	CLÁUDIO ROCHA	M	40		01:02:58	01:02:56	LIS RUNNING CPA
139	436	FREDERICO WIBORG	M	44		01:02:59	01:02:31	WL84
140	801	JOSÉ L GONÇALVES	M	39		01:03:02	01:02:51	PENICHEACORRER
141	910	ANTÓNIO SABIDO	M	57		01:03:04	01:02:53	NUCLEOEIRAS
142	356	JOÃO P OLIVEIRA	M	39		01:03:11	01:02:59	METRO2011
143	1197	LUIS QUEIROZ	M	42		01:03:14	01:03:04	CCD O ALVITEJO
144	584	PAULO PEREIRA	M	48		01:03:23	01:03:20	AÇOREANA C BANIF
145	1354	LÚCIA OLIVEIRA	F	36		01:03:24	01:03:20	GENERG
146	733	JORGE RODRIGUES	M	49		01:03:25	01:02:56	NAZ ABÓBODA
147	735	CARLOS MARQUES	M	49		01:03:25	01:02:56	NAZ ABÓBODA
148	147	ORLANDO SILVA	M	57		01:03:25	01:03:20	CCDT METRO LX
149	667	JOAQUIM OLIVEIRA	M	48		01:03:36	01:03:28	CP EDP LISBOA
150	1348	AUGUSTO LOPES	M	60		01:03:39	01:03:34	GD SANTANDER TOTTA
151	484	ANTÓNIO ALMEIDA	M	43		01:03:44	01:03:24	GARMIN/ CO OEIRAS
152	603	EURICO PEREIRA	M	55		01:03:45	01:03:42	GD O INDEPENDENTE
153	1019	ARMANDO CORREIA	M	32		01:03:46	01:03:34	SC CASAÍNHOS
154	125	PEDRO MARTINS	M	37		01:03:49	01:03:41	PEDROS
155	254	RUI BRÁS	M	46		01:03:50	01:03:38	CLUBE NOVO BANCO
156	491	RUI LACERDA	M	42		01:03:51	01:03:40	GARMIN/ CO OEIRAS

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
157	661	RUI CARDOSO	M	44		01:03:52	01:03:49	UNIDOS DA MANUTENÇÃO
158	770	PEDRO MAGALHAES	M	41		01:03:53	01:03:38	LINDA-A-PASTORA SC
159	631	EDUARDO SANTOS	M	36		01:03:55	01:03:50	GELPEIXE
160	1388	BRUNO BRAZ	M	31		01:03:56	01:03:42	PENICHEACORRER
161	1033	MANUEL SOUSA	M	43		01:04:00	01:03:50	C PRAÇAS ARMADA
162	608	PEDRO CUNHA	M	42		01:04:02	01:03:41	SFUAP
163	710	LEONTINO LAMPREIA	M	28		01:04:05	01:03:24	INDIVIDUAL
164	1275	GONÇALO FERREIRA	M	42		01:04:07	01:03:58	GD INE
165	653	FERNANDO CORREIA	M	50		01:04:07	01:03:53	CARRASCO&AMIGOS
166	656	PAULO LOPES	M	43		01:04:18	01:04:16	CARRASCO&AMIGOS
167	1245	GONÇALO FERREIRA	M	41		01:04:24	01:04:18	INDIVIDUAL
168	838	JOAQUIM FRADE	M	59		01:04:25	01:04:22	SS CGD
169	767	LUIS M SANTOS	M	32		01:04:26	01:04:23	LUSO ATLÂNTICA SEGUROS
170	829	JOAQUIM MARTINS	M	51		01:04:27	01:04:13	CA ODIMARQ
171	173	JOSÉ INOCÊNCIO	M	63		01:04:30	01:04:28	C BENFICA ALG M MARTINS
172	768	ANTÓNIO MARÇAL	M	55		01:04:31	01:04:20	INDIVIDUAL
173	1401	RUI S MARTINS	M	41		01:04:33	01:04:09	DEVAGAR SE VAI AO LONGE
174	1030	PAULO GONÇALVES	M	40		01:04:34	01:04:18	C PRAÇAS ARMADA
175	249	PEDRO SANGUINO	M	32		01:04:36	01:04:24	CLUBE NOVO BANCO
176	1295	ALEXANDRA PORTELA	F	45		01:04:37	01:04:36	C BENFICA T VEDRAS
177	562	ANDRÉ QUARENTA	M	44		01:04:38	01:04:32	AÇOREANA C BANIF
178	582	RICARDO ALVES	M	32		01:04:38	01:04:30	AÇOREANA C BANIF
179	869	ISIDRO DUARTE	M	47		01:04:43	01:04:36	RB RUNNING
180	606	MÁRIO ALVES	M	59		01:04:46	01:04:32	SFUAP
181	1502	ANTONIO VILELA	M	45		01:04:53	01:04:37	FUNDAÇÃO INATEL
182	1082	OVIDIU PLESCA	M	18		01:04:56	01:04:40	INDIVIDUAL
183	278	TIAGO MENDES	M	41		01:04:59	01:04:50	C MILLENNIUM BCP
184	1130	FÁBIO FERREIRA	M	28		01:04:59	01:04:57	UA POVOENSE
185	183	ANTONIO ANGELINO	M	45		01:04:59	01:04:52	C BENFICA ALG M MARTINS
186	1219	ANTÓNIO GUERREIRO	M	62		01:05:03	01:04:53	MONSANTO RT
187	918	NUNO SILVA	M	42		01:05:05	01:05:02	AERO RUNNERS
188	742	JOSÉ CARLOS	M	52		01:05:06	01:05:03	NA PAPAGAIOS CASCAIS
189	940	JOÃO XAVIER	M	42		01:05:07	01:05:06	STAL
190	930	CARLOS FERREIRA	M	46		01:05:07	01:05:06	STAL
191	1085	RICARDO PITA	M	34		01:05:09	01:04:27	CÂMARA L CLUBE
192	1009	ADELINO SEMEDO	M	61		01:05:09	01:05:00	GDC BANCO PORTUGAL
193	1418	RICARDO CUNHA	M	28		01:05:11	01:04:56	INDIVIDUAL
194	1560	AMÁVEL FIGUEIREDO	M	54		01:05:19	01:05:13	FIGAS E AMIGOS
195	527	GONÇALO LOPES	M	29		01:05:27	01:05:27	RUN 4 FUN

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
196	1301	PAULO M Q GONÇALVES	M	45		01:05:29	01:04:52	INDIVIDUAL
197	604	JORGE FRAGA	M	48		01:05:30	01:05:25	GD O INDEPENDENTE
198	399	CARLOS LUZ	M	43		01:05:31	01:05:15	BRRNIGHTRUNNERS
199	1440	LUIS PAULO	M	48		01:05:41	01:04:27	INDIVIDUAL
200	1328	FÁBIO PASSOS	M	28		01:05:42	01:05:30	GD SANTANDER TOTTA
201	324	JOÃO A FREITAS	M	37		01:05:42	01:05:35	INDIVIDUAL
202	382	HÉLDER BORGES	M	39		01:05:45	01:04:55	SMF - SOMOS MUITA FORTES
203	84	HÉLDER VALADAS	M	34		01:05:47	01:05:32	OS PERIGOSOS
204	1567	LUZIA DIAS	F	44		01:05:50	01:05:48	SC PORTUGAL
205	1166	ALFREDO VALENTE	M	51		01:05:50	01:05:47	AB CAMPOLIDE
206	1247	MIGUEL CARDOSO	M	37		01:05:51	01:05:21	INDIVIDUAL
207	488	PAULO MENEZOS	M	42		01:05:58	01:05:47	GARMIN/ CO OEIRAS
208	471	PEDRO FERREIRA	M	44		01:06:01	01:05:49	INDIVIDUAL
209	938	PAULO GUERREIRO	M	49		01:06:02	01:05:56	STAL
210	89	EDUARDO A SILVA	M	52		01:06:06	01:05:34	INDIVIDUAL
211	189	NELSON CASANOVA	M	31		01:06:06	01:05:45	C BENFICA ALG M MARTINS
212	1088	ERNESTO MONTEIRO	M	43		01:06:06	01:05:46	CÂMARA L CLUBE
213	1120	FERNANDO CARREIRO	M	53		01:06:07	01:06:01	REST O CARTAXEIRO
214	456	MARCO NÓBREGA	M	40		01:06:08	01:06:04	C BENFICA ALG M MARTINS
215	186	JORGE SANTOS	M	62		01:06:08	01:06:04	C BENFICA ALG M MARTINS
216	946	LUIS BATATA	M	38		01:06:11	01:06:02	STAL
217	338	LUIS LOPES	M	46		01:06:19	01:05:56	A VALE SILÊNCIO
218	1373	PAULO ALMEIDA	M	50		01:06:21	01:06:12	INDIVIDUAL
219	90	EUGÉNIO RUIVO	M	61		01:06:24	01:06:23	INDIVIDUAL
220	699	PAULO OLIVEIRA	M	46		01:06:26	01:05:59	CCDP MUN CASCAIS
221	1191	PEDRO M RAPOSO	M	31		01:06:27	01:06:12	INDIVIDUAL
222	1294	HERLANDER MARTINS	M	58		01:06:33	01:06:11	GD SAO DOMINGOS
223	1476	HERNÂNI FERNANDES	M	44		01:06:36	01:06:06	INDIVIDUAL
224	114	JOSÉ V FAUSTINO	M	61		01:06:37	01:06:36	INDIVIDUAL
225	666	DANIELA MARINHEIRO	F	37		01:06:39	01:06:38	CP EDP LISBOA
226	1408	FRANCISCO TEIXEIRA	M	31		01:06:43	01:06:24	INDIVIDUAL
227	1174	FERNANDO ANACLETO	M	63		01:06:46	01:06:41	INDIVIDUAL
228	1568	JUAN COSTA	M	49		01:06:48	01:06:43	INDIVIDUAL
229	112	HÉLIO PATRÍCIO	M	43		01:06:51	01:05:57	NS S MIGUEL
230	1053	JORGE SIMÕES	M	46		01:06:51	01:06:11	RUNNIG OF D. MARIA
231	448	LUIS P NUNES	M	39		01:06:51	01:06:20	INDIVIDUAL
232	1236	PAULO BASÍLIO	M	47		01:07:00	01:06:03	OS ZATOPEQUES
233	761	LUIS OLIVEIRA	M	41		01:07:01	01:06:45	BRRNIGHTRUNNERS
234	242	LUIS GODINHO	M	48		01:07:02	01:06:04	CLUBE NOVO BANCO

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
235	971	TIAGO MARQUES	M	32		01:07:10	01:06:20	LISBOA RACKET CENTER
236	103	PAULO FERREIRA	M	44		01:07:12	01:07:08	INDIVIDUAL
237	327	ANDRÉ SANTOS	M	38		01:07:12	01:07:06	A VALE SILÊNCIO
238	337	LEONEL NEVES	M	56		01:07:12	01:07:06	A VALE SILÊNCIO
239	958	RUI PLÁCIDO	M	39		01:07:14	01:06:40	INDIVIDUAL
240	804	JOSÉ PEIXOTO	M	56		01:07:15	01:07:03	PENICHEACORRER
241	1005	JOAQUIM BORRALHO	M	68		01:07:17	01:05:56	GDC BANCO PORTUGAL
242	1561	ARMANDO JORGE SILVA	M	35		01:07:18	01:07:10	
243	1316	FILIPE D MARQUES	M	38		01:07:19	01:07:08	INDIVIDUAL
244	470	ANTÓNIO L MARTINS	M	49		01:07:20	01:07:18	INDIVIDUAL
245	587	VÍRGILIO MADEIRA	M	56		01:07:21	01:06:55	AÇOREANA C BANIF
246	1369	DAVID RESINA	M	52		01:07:23	01:06:54	INDIVIDUAL
247	1473	PEDRO M SANTOS	M	28		01:07:26	01:06:37	INDIVIDUAL
248	1281	MÁRIO MIGUEL	M	65		01:07:31	01:07:21	STAL
249	1496	BRUNO GODINHO	M	34		01:07:32	01:06:25	INDIVIDUAL
250	533	JOSÉ BOUCEIRO	M	50		01:07:33	01:06:46	INDIVIDUAL
251	221	MANUEL RODRIGUES	M	56		01:07:34	01:07:14	AA AGUALVA
252	1453	MÁRIO J BASTARDO	M	37		01:07:36	01:07:15	INDIVIDUAL
253	325	FAUSTO PEREIRA	M	34		01:07:36	01:06:30	INDIVIDUAL
254	1533	LUIS PEREIRA	M	35		01:07:38	01:06:50	AFRS
255	1049	JOÃO S NUNES	M	51		01:07:38	01:07:35	INDIVIDUAL
256	215	LEONEL SELEIRO	M	58		01:07:39	01:07:22	AA AGUALVA
257	220	FRANCISCO PESSOA	M	41		01:07:40	01:07:23	AA AGUALVA
258	1086	PEDRO FERNANDES	M	35		01:07:44	01:06:53	CÂMARA L CLUBE
259	236	HUGO CARAGO	M	42		01:07:44	01:07:35	CLUBE NOVO BANCO
260	1027	JOÃO SANTOS	M	50		01:07:45	01:07:45	C PRAÇAS ARMADA
261	463	CARLOS JESUS	M	40		01:07:46	01:07:16	AD MUNDO CORRIDA
262	138	CARLOS N DIAS	M	54		01:07:49	01:07:13	CCDT METRO LX
263	1342	ANTÓNIO CRUZ	M	67		01:07:49	01:07:42	GD SANTANDER TOTTA
264	1220	ÁLVARO SANTOS	M	39		01:07:50	01:07:50	MONSANTO RT
265	928	ÓSCAR SANTOS	M	58		01:07:50	01:07:43	STAL
266	1511	ANTONIO B FERNANDES	M	51		01:07:51	01:07:16	INDIVIDUAL
267	481	JOÃO F RIBAU	M	32		01:07:52	01:07:08	INDIVIDUAL
268	1221	SORAIA FERREIRA	F	39		01:07:53	01:07:09	MONSANTO RT
269	853	RUI MARTINS	M	35		01:07:53	01:07:43	SS CGD
270	455	JORGE PINHO	M	40		01:07:53	01:07:47	C BENFICA ALG M MARTINS
271	265	MAURÍCIO MARQUES	M	41		01:07:54	01:07:02	INDIVIDUAL
272	48	LIBERTO SANTOS	M	48		01:07:55	01:07:28	INDIVIDUAL
273	739	FILIPE BRANCO	M	45		01:07:57	01:06:55	URD ARRANHÓ

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
274	49	JOSÉ C NUNES	M	46		01:07:58	01:07:30	INDIVIDUAL
275	1273	CARLOS SANTOS	M	46		01:07:59	01:07:31	GD INE
276	1231	MÁRIO LOURENÇO	M	49		01:08:00	01:07:52	C PRAÇAS ARMADA
277	1414	MANUEL SILVA	M	60		01:08:02	01:07:57	INDIVIDUAL
278	1256	JOSÉ DUARTE	M	36		01:08:02	01:07:04	INDIVIDUAL
279	130	HORÁCIO OLIVEIRA	M	40		01:08:03	01:07:37	INDIVIDUAL
280	720	NARCISO SÁ	M	49		01:08:04	01:07:55	C BENFICA ALG M MARTINS
281	408	FERNANDO AVELINO	M	55		01:08:07	01:07:46	A VALE SILÊNCIO
282	465	FERNANDO ROSETE	M	44		01:08:09	01:07:15	RUN 4 FUN
283	539	MIGUEL T SOUSA	M	69		01:08:10	01:07:39	C COLAB AXA
284	179	CARLOS OLEASTRO	M	52		01:08:10	01:07:28	C BENFICA ALG M MARTINS
285	839	JORGE MORGADO	M	53		01:08:11	01:07:05	SS CGD
286	109	PAULO QUENDERA	M	39		01:08:11	01:07:54	BRRNIGHTRUNNERS
287	1501	FABIO COELHO	M	29		01:08:13	01:07:49	FUNDAÇÃO INATEL
288	291	NUNO RAMINHOS	M	45		01:08:19	01:08:03	C MILLENNIUM BCP
289	1278	MARCOS OLIVEIRA	M	42		01:08:20	01:08:05	GD INE
290	1279	PEDRO MOREIRA	M	41		01:08:20	01:08:05	GD INE
291	1421	PEDRO CABRAL	M	36		01:08:20	01:07:30	INDIVIDUAL
292	1121	DUARTE COSTA	M	33		01:08:28	01:07:34	REST O CARTAXEIRO
293	1080	ANTÓNIO L FERREIRA	M	31		01:08:29	01:08:05	INDIVIDUAL
294	1139	PAULO CODINHA	M	48		01:08:30	01:07:39	CÂMARA L CLUBE
295	68	VITOR AMADO	M	61		01:08:30	01:08:24	INDIVIDUAL
296	332	JOÃO BOGALHEIRO	M	45		01:08:34	01:08:32	A VALE SILÊNCIO
297	1111	JOÃO RODRIGUES	M	43		01:08:36	01:08:04	NUCLEOIRAS
298	977	TIAGO GOUVEIA	M	36		01:08:36	01:08:12	ALCATRAZ COFFEE RUNNERS
299	1093	PAULO FONSECA	M	45		01:08:37	01:07:39	CÂMARA L CLUBE
300	788	PAULO GAMBOA	M	44		01:08:38	01:08:27	CA PATAMEIRAS
301	906	Mª CONCEIÇÃO LOPES	F	48		01:08:40	01:08:35	NUCLEOIRAS
302	248	PEDRO GABRIEL	M	40		01:08:41	01:07:53	CLUBE NOVO BANCO
303	1445	PEDRO LOURENÇO	M	43		01:08:41	01:07:49	INDIVIDUAL
304	25	JOSÉ MOREIRA	M	38		01:08:42	01:08:40	CCDT MUN ODIVELAS
305	1538	VITOR NOVAIS	M	39		01:08:42	01:07:44	GAA VF XIRA
306	784	JOÃO VEIGA	M	26		01:08:44	01:08:04	CORRER LISBOA
307	560	CARLA CALÇADA	F	45		01:08:44	01:08:40	CCD O ALVITEJO
308	1115	TELMO PEDRO	M	37		01:08:45	01:07:47	INDIVIDUAL
309	1071	JOÃO GREGÓRIO	M	38		01:08:46	01:08:19	A JORGE PINA
310	264	RUI P JULIÃO	M	50		01:08:48	01:07:52	GEORUNNERS
311	263	RUI PIRES	M	48		01:08:48	01:07:52	GEORUNNERS
312	1180	TIAGO DIOGO	M	37		01:08:51	01:08:27	INDIVIDUAL

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
313	1064	LUIS SOARES	M	48		01:08:52	01:08:07	APOGMA
314	1193	MAURO SÁ PEREIRA	M	31		01:08:52	01:08:19	OS AMIGOS DA ALAMEDA
315	575	NUNO COELHO	M	46		01:08:55	01:08:50	AÇOREANA C BANIF
316	205	PEDRO PAULINO	M	38		01:08:56	01:07:51	INDIVIDUAL
317	1168	MANUEL FONSECA	M	51		01:08:57	01:08:50	AB CAMPOLIDE
318	763	JOÃO PARADINHA	M	41		01:09:06	01:07:58	AD MANTEIGAS
319	762	DAVID SARAIVA	M	33		01:09:06	01:08:00	AD MANTEIGAS
320	613	JAIME SOUSA	M	53		01:09:06	01:08:43	AMIGOS DA CORRIDA.COM
321	305	NUNO NAIÁ	M	40		01:09:08	01:09:05	C MILLENNIUM BCP
322	187	JOAQUIM COSTA	M	64		01:09:08	01:08:43	C BENFICA ALG M MARTINS
323	725	ANDRÉ SÁ	M	38		01:09:09	01:08:58	VILA FRIA JG SEGUROS
324	929	MANUEL RODRIGUES	M	55		01:09:10	01:08:17	STAL
325	1169	MANUEL MARTINS	M	58		01:09:10	01:09:05	AB CAMPOLIDE
326	1008	JOSÉ MONTEIRO	M	58		01:09:10	01:08:17	GDC BANCO PORTUGAL
327	622	JOÃO PEREIRA	M	52		01:09:11	01:08:33	SAPATISTA
328	207	HUGO COSTA	M	35		01:09:13	01:07:48	INDIVIDUAL
329	1555	ANTONIO J MONTEIRO	M	42		01:09:14	01:08:46	NS LEOES FRONTEIRA
330	1399	EMANUEL FREITAS	M	51		01:09:15	01:09:11	LAS TOURS SINTRA
331	36	NUNO R GOMES	M	39		01:09:16	01:08:57	INDIVIDUAL
332	794	JOSÉ M DIAS	M	67		01:09:17	01:09:10	CA PATAMEIRAS
333	1187	LUIS CHAMBEL	M	39		01:09:20	01:09:06	TEAM SABICOR /REXCOL
334	894	SÉRGIO FELICIANO	M	37		01:09:20	01:09:15	CORRER LISBOA
335	1228	RICARDO MENDES	M	36		01:09:22	01:09:08	INDIVIDUAL
336	845	ORLINDO FIGUEIREDO	M	67		01:09:22	01:09:11	SS CGD
337	773	CARLOS CASEIRO	M	57		01:09:23	01:08:57	LINDA-A-PASTORA SC
338	637	JOÃO MONIZ	M	20		01:09:23	01:08:47	INDIVIDUAL
339	1318	GONÇALO OLIVEIRA	M	53		01:09:27	01:09:27	GDCT UNICRE
340	1319	NUNO DUARTE	M	40		01:09:27	01:09:27	GDCT UNICRE
341	1574	ARTUR DUARTE	M	43		01:09:29	01:08:37	INDIVIDUAL
342	504	PAULO RANA	M	50		01:09:30	01:08:25	INDIVIDUAL
343	378	JORGE NUNES	M	37		01:09:30	01:08:59	GD BANCO BPI
344	996	ARMANDO CORREIA	M	63		01:09:30	01:09:20	LESMAS ALOPRADAS
345	494	SUSANA ALMEIDA	F	45		01:09:30	01:09:25	GARMIN/ CO OEIRAS
346	1575	NUNO ARCHE	M	48		01:09:30	01:08:36	INDIVIDUAL
347	549	CATARINA DINIS	F	27		01:09:32	01:08:29	CA FUNCHAL
348	578	PAULO FERNANDES	M	46		01:09:34	01:08:55	AÇOREANA C BANIF
349	1449	JOSÉ MATOS	M	42		01:09:38	01:08:50	CARRASCO&AMIGOS
350	992	PEDRO SALVADOR	M	38		01:09:39	01:09:20	INDIVIDUAL
351	480	ANA F FERREIRA	F	31		01:09:40	01:08:56	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
352	1290	LUIS XAVIER	M	28		01:09:40	01:08:58	GD SAO DOMINGOS
353	935	EDUARDO SILVA	M	54		01:09:40	01:09:23	STAL
354	691	DIOGO HENRIQUES	M	16		01:09:49	01:09:45	CCDP MUN CASCAIS
355	687	ANTÓNIO HORTA	M	61		01:09:49	01:09:38	CCDP MUN CASCAIS
356	932	FERNANDO AZEVEDO	M	62		01:09:53	01:09:26	STAL
357	1353	PEDRO CUNHA	M	45		01:09:55	01:09:19	INDIVIDUAL
358	1481	ALEXANDRE COSTA	M	39		01:09:55	01:09:47	CLUBE VODAFONE
359	593	MÁRIO V SOARES	M	32		01:09:57	01:08:39	INDIVIDUAL
360	634	JOÃO ARAÚJO	M	24		01:09:57	01:08:39	INDIVIDUAL
361	984	JOSÉ MACHADO	M	44		01:09:57	01:09:50	A VALE SILÊNCIO
362	1303	NUNO LUCAS	M	35		01:09:59	01:09:06	PERNAS DE GAFANHOTO
363	1554	PEDRO MONTEIRO	M	42		01:10:00	01:09:40	INDIVIDUAL
364	329	ARMANDO ALMEIDA	M	55		01:10:00	01:09:23	A VALE SILÊNCIO
365	1434	CARLOS BENTO	M	40		01:10:01	01:09:51	RAIL RUNNERS
366	359	BRUNO LOUREIRO	M	40		01:10:02	01:09:30	OS COTAS
367	304	HÉLDER DIOGO	M	44		01:10:03	01:09:45	C MILLENNIUM BCP
368	719	ALBINO NEIVA	M	69		01:10:08	01:09:20	C BENFICA ALG M MARTINS
369	538	JOEL GUEDES	M	40		01:10:08	01:09:37	C COLAB AXA
370	1444	PEDRO PROENÇA	M	44		01:10:09	01:09:37	INDIVIDUAL
371	1352	ALDÓNIO FERNANDES	M	61		01:10:09	01:09:56	LINDA-A-PASTORA SC
372	97	PEDRO CARVALHO	M	42		01:10:10	01:09:24	CORRER LISBOA
373	654	FERNANDO SOUSA	M	56		01:10:11	01:09:10	CARRASCO&AMIGOS
374	1017	SARA LOUREIRO	F	26		01:10:11	01:09:49	SC CASAÍNHOS
375	1344	JORGE ALVES	M	37		01:10:14	01:09:11	GD SANTANDER TOTTA
376	457	RUI EMÍDIO	M	58		01:10:18	01:10:09	C BENFICA ALG M MARTINS
377	532	HILÁRIO TORRES	M	55		01:10:21	01:09:23	INDIVIDUAL
378	1314	JOSÉ CARLOS MARCELINO	M	52		01:10:21	01:09:43	INDIVIDUAL
379	818	JUVENAL MOREIRA	M	51		01:10:23	01:10:13	ND AUTOCOOPE
380	425	VITOR M AZEVEDO	M	36		01:10:23	01:10:14	INDIVIDUAL
381	689	ANTÓNIO PUCARIÇO	M	43		01:10:23	01:09:39	CCDP MUN CASCAIS
382	904	PEDRO TEIXEIRA	M	44		01:10:25	01:09:45	IRUN
383	1486	PEDRO GUARITA	M	41		01:10:26	01:09:37	INDIVIDUAL
384	1340	MIGUEL CUNHA	M	39		01:10:27	01:10:15	GD SANTANDER TOTTA
385	726	BERNARDO FIGUEIREDO	M	44		01:10:30	01:10:30	VILA FRIA JG SEGUROS
386	635	PEDRO FAVINHA	M	42		01:10:30	01:10:17	INDIVIDUAL
387	518	PAULO CAMPOS	M	44		01:10:31	01:09:42	PERNAS DE GAFANHOTO
388	137	CARLOS MOREIRA	M	62		01:10:32	01:09:52	CCDT METRO LX
389	708	ANTÓNIO ORLANDO	M	38		01:10:37	01:10:00	INDIVIDUAL
390	771	PEDRO CANELAS	M	42		01:10:37	01:10:01	LINDA-A-PASTORA SC

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
391	707	RAUL B COELHO	M	37		01:10:37	01:09:58	INDIVIDUAL
392	319	LUIS M SILVA	M	42		01:10:38	01:09:32	INDIVIDUAL
393	4	ARMANDO ALDEGALEGA	M	75		01:10:38	01:10:37	SC PORTUGAL
394	240	JORGE PEREIRA	M	60		01:10:40	01:10:15	CLUBE NOVO BANCO
395	851	PEDRO LUZIO	M	38		01:10:42	01:10:06	SS CGD
396	796	JOÃO P SILVA	M	46		01:10:43	01:10:28	SS CGD
397	861	CARLOS SILVA	M	51		01:10:44	01:09:36	CCD CA MÚTUO
398	1223	JOÃO CRISÓSTOMO	M	51		01:10:46	01:10:27	INDIVIDUAL
399	17	SALETE TAVARES	F	42		01:10:48	01:10:30	CA BARREIRA
400	196	PEDRO RIO	M	32		01:10:48	01:10:13	CLUBE ROBBIALAC
401	146	NUNO PITA	M	39		01:10:49	01:10:33	CCDT METRO LX
402	1246	CARLOS SOUSA	M	58		01:10:49	01:10:35	OS PERIGOSOS
403	310	HUMBERTO BRITO	M	40		01:10:49	01:10:05	CCDT METRO LX
404	1047	MANUEL ARAÚJO	M	53		01:10:50	01:10:48	GRD OS FIXES
405	339	NUNO BOGALHEIRO	M	42		01:10:53	01:10:51	A VALE SILÊNCIO
406	1402	RUI SANTOS	M	35		01:10:54	01:10:25	INDIVIDUAL
407	873	PEDRO VARANDA	M	43		01:10:55	01:10:38	INDIVIDUAL
408	1478	MIGUEL LOPES	M	39		01:10:55	01:09:48	99% CORRIDAS GRATUITAS
409	1477	INÊS MARQUES	F	38		01:10:56	01:10:08	99% CORRIDAS GRATUITAS
410	1257	CÉSAR QUINTAS	M	35		01:10:57	01:09:59	INDIVIDUAL
411	1014	PEDRO PINTO	M	29		01:10:58	01:10:44	GDC BANCO PORTUGAL
412	1006	JOAQUIM FERRÃO	M	54		01:10:58	01:10:06	GDC BANCO PORTUGAL
413	952	ANDRÉ FRADA	M	24		01:11:01	01:10:07	INDIVIDUAL
414	200	ANTÓNIO GONÇALVES	M	53		01:11:03	01:10:38	ALVERCA URBAN RUNNERS
415	142	JOSÉ L SANTOS	M	45		01:11:04	01:10:34	CCDT METRO LX
416	449	PAULO RODRIGUES	M	44		01:11:04	01:10:34	INDIVIDUAL
417	461	JANUÁRIO COELHO	M	62		01:11:04	01:10:17	C BENFICA ALG M MARTINS
418	625	JORGE TAVARES	M	38		01:11:05	01:10:27	SAPATISTA
419	1110	SARA MARINHO	F	24		01:11:05	01:10:34	NUCLEOEIRAS
420	1216	JOSÉ C CARDOSO	M	54		01:11:05	01:10:34	NUCLEOEIRAS
421	601	JOÃO DAMÁSIO	M	40		01:11:06	01:11:03	GD O INDEPENDENTE
422	129	JOÃO R LUZ	M	38		01:11:09	01:10:53	INDIVIDUAL
423	1386	CARLOS JACINTO	M	46		01:11:10	01:11:01	INDIVIDUAL
424	287	CARLOS RAMOS	M	48		01:11:11	01:10:33	C MILLENNIUM BCP
425	444	HENRIQUE NARCISO	M	50		01:11:14	01:10:27	TOKATODOS
426	765	VITOR MORAIS	M	56		01:11:15	01:11:00	INDIVIDUAL
427	936	JOÃO ALVES	M	54		01:11:15	01:10:49	STAL
428	859	SOFIA ARGENTINA	F	35		01:11:18	01:11:18	SS CGD
429	837	JOÃO CABRITO	M	52		01:11:19	01:10:44	SS CGD

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
430	1349	JOSÉ PEREIRA	M	45		01:11:21	01:11:08	GD SANTANDER TOTTA
431	398	MIGUEL PAULINO	M	21		01:11:22	01:11:16	INDIVIDUAL
432	882	JOSÉ GUERREIRO	M	58		01:11:23	01:10:44	SS MONTEPIO GERAL
433	1283	RICARDO P SOUSA	M	35		01:11:23	01:10:46	SS MONTEPIO GERAL
434	954	SÉRGIO TELES	M	29		01:11:23	01:10:43	ADC CATUJAL
435	321	NUNO FREITAS	M	35		01:11:23	01:11:05	A LIVRES CANEÇAS
436	435	ANTÓNIO PEREIRA	M	26		01:11:24	01:10:29	WL84
437	679	DOMINGOS P SILVA	M	39		01:11:25	01:10:23	INDIVIDUAL
438	1125	MARCELINO FALÉ	M	61		01:11:25	01:11:19	GD O INDEPENDENTE
439	224	RUI R GOMES	M	32		01:11:26	01:10:09	CORRER LISBOA
440	1165	RUI RODRIGUES	M	49		01:11:27	01:11:08	AB CAMPOLIDE
441	581	PEDRO BURGUETE	M	39		01:11:28	01:10:45	AÇOREANA C BANIF
442	136	ANTÓNIO E GONÇALVES	M	50		01:11:30	01:10:49	CCDT METRO LX
443	128	JOSÉ M BARRADAS	M	35		01:11:31	01:11:14	INDIVIDUAL
444	411	ANGELO FERNANDES	M	41		01:11:31	01:10:28	INDIVIDUAL
445	852	PEDRO SANTANA	M	38		01:11:32	01:10:47	SS CGD
446	1248	RENATO NEVES	M	30		01:11:33	01:10:37	INDIVIDUAL
447	1513	PAULO J GARCIA	M	44		01:11:34	01:10:45	PERNAS DE GAFANHOTO
448	139	HUGO PINTO	M	39		01:11:35	01:11:33	CCDT METRO LX
449	202	JOÃO MAGALHÃES	M	37		01:11:36	01:11:19	INDIVIDUAL
450	1251	JOÃO COSTA	M	26		01:11:40	01:11:14	INDIVIDUAL
451	939	CARLOS LOPES	M	49		01:11:42	01:11:15	STAL
452	914	ÁLVARO PINTO	M	58		01:11:44	01:10:42	AD REAL ACADEMIA
453	232	CARLOS NABIÇA	M	51		01:11:44	01:11:19	CLUBE NOVO BANCO
454	1450	JOÃO TAVARES	M	39		01:11:50	01:11:42	CCD AT
455	1563	BRIAN 'KEANE	M	27		01:11:52	01:10:56	ZATOPEQUES
456	665	JOÃO M MARQUES	M	44		01:11:56	01:11:15	INDIVIDUAL
457	985	ANTÓNIO PAINHA	M	47		01:11:56	01:11:49	INDIVIDUAL
458	702	NUNO ALCOBIA	M	39		01:11:56	01:11:17	INDIVIDUAL
459	721	JOSÉ L CAETANO	M	62		01:11:56	01:11:38	C COLAB AXA
460	1135	ZULMIRA BELO	F	48		01:11:57	01:11:54	UA POVOENSE
461	165	CARLOS B COSTA	M	43		01:12:00	01:11:52	CCD AT
462	209	JORGE LEITE	M	45		01:12:02	01:11:45	FUNDAÇÃO INATEL
463	71	JOÃO FREIRE	M	49		01:12:02	01:10:53	GDCT IN CASA MOEDA
464	1194	TIAGO ABREU	M	32		01:12:03	01:11:29	OS AMIGOS DA ALAMEDA
465	1091	PAULO GONÇALVES	M	43		01:12:04	01:11:17	CÂMARA L CLUBE
466	1138	ROSA VASSINDULA	F	41		01:12:05	01:12:00	UA POVOENSE
467	431	ARTUR DENOMINATO	M	43		01:12:08	01:11:14	PILINHA RUNNERS
468	1543	HENRIQUE ALVAREDO	M	58		01:12:13	01:11:53	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
469	681	JORGE COSTA	M	40		01:12:14	01:11:46	CORRER LISBOA
470	1250	ALFREDO FIGUEIREDO	M	52		01:12:15	01:11:47	INDIVIDUAL
471	901	NUNO ANTUNES	M	46		01:12:20	01:12:08	INDIVIDUAL
472	1539	ANTONIO RIBEIRO	M	53		01:12:21	01:11:22	GAA VF XIRA
473	163	DIOGO LEITE	M	27		01:12:22	01:12:12	INDIVIDUAL
474	429	CARLOS RANGEL	M	62		01:12:23	01:12:18	INDIVIDUAL
475	115	CARLOS G MARQUES	M	44		01:12:24	01:12:03	INDIVIDUAL
476	492	SANDRA ROMANO	F	34		01:12:25	01:12:16	GARMIN/ CO OEIRAS
477	331	HERNÂNI SILVA	M	53		01:12:27	01:12:25	A VALE SILÊNCIO
478	585	SÉRGIO CAJADO	M	41		01:12:31	01:12:15	AÇOREANA C BANIF
479	1261	RICARDO GONÇALVES	M	33		01:12:32	01:11:15	BILHUDOS DE S BENTO
480	998	PAULO REVÊS	M	43		01:12:32	01:12:17	LESMAS ALOPRADAS
481	1487	GEORG WALDSCHUTZ	M	27		01:12:34	01:11:44	LEBRES E TARTARUGAS
482	217	FERNANDO SANTOS	M	62		01:12:38	01:12:17	AA AGUALVA
483	243	LUIS LINO	M	45		01:12:38	01:11:46	CLUBE NOVO BANCO
484	1238	LUIS GRAVE	M	57		01:12:42	01:11:41	OS ZATOPEQUES
485	640	ARTUR GONÇALVES	M	39		01:12:42	01:11:31	AA LEBRES SADO
486	1406	BENTO RAMINHOS	M	45		01:12:46	01:12:29	INDIVIDUAL
487	731	PEDRO A TAVARES	M	34		01:12:50	01:12:24	INDIVIDUAL
488	564	ARMANDO PARREIRA	M	46		01:12:52	01:12:47	AÇOREANA C BANIF
489	961	JOAQUIM CRISPIM	M	59		01:12:53	01:12:49	UDCA
490	1083	LINO SILVA	M	42		01:12:53	01:12:28	ALVERCA URBAN RUNNERS
491	577	NUNO FORTE	M	41		01:12:54	01:11:44	AÇOREANA C BANIF
492	580	PAULO VENTURA	M	44		01:12:54	01:11:44	AÇOREANA C BANIF
493	218	ALBERTO FERNANDES	M	61		01:12:55	01:12:33	AA AGUALVA
494	216	BERNARDO GRADÍSSIM	M	56		01:12:55	01:12:33	AA AGUALVA
495	633	FRANCISCO AUGUSTO	M	45		01:12:56	01:11:55	INDIVIDUAL
496	1124	RICARDO CAPELO	M	31		01:12:58	01:11:39	ALVERCA URBAN RUNNERS
497	588	FERNANDO CELESTINO	M	56		01:13:00	01:12:18	AÇOREANA C BANIF
498	57	PEDRO VENTURA	M	48		01:13:01	01:12:50	INDIVIDUAL
499	823	CARLOS ANTUNES	M	64		01:13:02	01:12:12	CA ODIMARQ
500	790	ANTÓNIO MORAIS	M	62		01:13:06	01:12:55	CA PATAMEIRAS
501	1422	ARMANDO MUCHAGATA	M	43		01:13:06	01:11:52	INDIVIDUAL
502	807	MÁRIO VICENTE	M	66		01:13:06	01:12:03	GIL EANES RUNNING
503	72	JOSÉ LIBERATO	M	39		01:13:07	01:12:42	GDCT IN CASA MOEDA
504	375	LUIS ÁLVARO	M	47		01:13:10	01:13:10	GD BANCO BPI
505	1409	HÉLDER ROMANO	M	50		01:13:11	01:12:22	INDIVIDUAL
506	279	CARLOS DINIS	M	50		01:13:11	01:13:01	C MILLENNIUM BCP
507	806	GONÇALO HILÁRIO	M	25		01:13:13	01:12:17	CARAP AUS DE CORRIDA

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
508	1173	IDALÉCIO BARROS	M	60		01:13:15	01:13:10	INDIVIDUAL
509	1073	LUIS M MARTINS	M	41		01:13:16	01:12:35	INDIVIDUAL
510	7	RUI GUERREIRO	M	31		01:13:17	01:12:16	HOLMES PLACE ALGÉS - FIT 2 RUN
511	1084	IVO NOGUEIRA	M	29		01:13:19	01:12:28	CÂMARA L CLUBE
512	1286	HUGO CARABINEIRO	M	36		01:13:20	01:12:18	INDIVIDUAL
513	1276	JÚLIO ROBALO	M	51		01:13:24	01:13:21	GD INE
514	1438	NUNO PEREIRA	M	39		01:13:26	01:13:07	STEFFAS
515	255	RUI GAMA	M	44		01:13:30	01:12:42	CLUBE NOVO BANCO
516	752	CARLOS M LOPES	M	52		01:13:30	01:12:35	RUNLOVERS
517	911	CRISTINA GODINHO	F	45		01:13:30	01:13:19	NUCLEOEIRAS
518	1374	LEONEL S JOSÉ	M	45		01:13:31	01:12:24	SC ALFRAGIDE
519	680	FREDERICO PINA	M	32		01:13:32	01:12:10	INDIVIDUAL
520	191	JORGE JESUS	M	62		01:13:32	01:13:18	C BENFICA ALG M MARTINS
521	1379	NUNO J AIRES	M	42		01:13:32	01:13:12	INDIVIDUAL
522	1531	GONÇALO SILVA	M	36		01:13:33	01:12:44	AFRS
523	683	JOÃO CALISTO	M	54		01:13:33	01:13:24	INDIVIDUAL
524	1350	NUNO DAMIÃES	M	33		01:13:34	01:12:34	GD SANTANDER TOTTA
525	692	IVAN RAMOS	M	31		01:13:34	01:13:10	CCDP MUN CASCAIS
526	1571	JOSÉ GABRIEL	M	57		01:13:35	01:12:33	INDIVIDUAL
527	1517	RICCARDO T TARDY	M	36		01:13:36	01:12:20	ITÁLIA
528	934	VITOR ROCHA	M	56		01:13:37	01:12:51	STAL
529	937	FERNANDO MOURA	M	54		01:13:37	01:13:10	STAL
530	1457	JOÃO PRATAS	M	48		01:13:38	01:12:56	INDIVIDUAL
531	579	PAULO TORRÃO	M	43		01:13:39	01:12:50	AÇOREANA C BANIF
532	1128	ARMANDO MONTEIRO	M	41		01:13:41	01:13:21	UA POVOENSE
533	878	EURICO LOUREIRO	M	34		01:13:41	01:13:12	SS MONTEPIO GERAL
534	250	RICARDO CANAS	M	42		01:13:41	01:13:31	CLUBE NOVO BANCO
535	1075	DINIS RIBAS	M	44		01:13:42	01:13:42	INDIVIDUAL
536	715	FERNANDO J ROCHA	M	45		01:13:42	01:12:50	INDIVIDUAL
537	308	RUI L SILVA	M	40		01:13:43	01:13:41	CLUBE R2 SEGUROS
538	1431	FRANCISCO DIAS	M	43		01:13:46	01:13:16	PÉ DE ATLETA
539	441	JOÃO GONÇALVES	M	42		01:13:47	01:13:29	MERIDIANOS
540	1032	JOSÉ MATOS	M	46		01:13:49	01:13:32	C PRAÇAS ARMADA
541	1163	RICARDO PEREIRA	M	35		01:13:51	01:13:44	AB CAMPOLIDE
542	1108	CARLOS TEIXEIRA	M	54		01:13:51	01:13:04	LEBRES E TARTARUGAS
543	607	CARLOS GONÇALVES	M	50		01:13:52	01:13:45	SFUAP
544	119	OLGA FIGUEIREDO	F	41		01:13:52	01:13:19	CCD AT
545	843	NUNO COSTA	M	40		01:13:53	01:13:15	SS CGD
546	1182	ANTÓNIO T DUARTE	M	53		01:13:54	01:13:30	CLUBE STRESS

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
547	755	JOÃO LEITÃO	M	44		01:13:56	01:13:02	RUNLOVERS
548	124	PEDRO FERRAZ	M	38		01:13:56	01:13:50	PEDROS
549	736	JOSÉ GABRIEL	M	49		01:13:56	01:13:26	NAZ ABÓBODA
550	737	JOÃO SANTOS	M	55		01:13:57	01:13:27	NAZ ABÓBODA
551	1158	HÉLDER SANTOS	M	32		01:13:58	01:12:56	INDIVIDUAL
552	323	PEDRO M INÁCIO	M	32		01:13:59	01:13:22	INDIVIDUAL
553	711	JOAQUIM MARINHO	M	57		01:13:59	01:13:36	GD CHELAS
554	1464	NELSON SILVA	M	38		01:14:01	01:13:15	INDIVIDUAL
555	83	MARCOS MADEIRA	M	40		01:14:02	01:13:58	INDIVIDUAL
556	167	JOSÉ C MELO	M	52		01:14:02	01:13:08	RUN 4 FUN
557	16	MARIA M FONSECA	F	47		01:14:03	01:13:41	INDIVIDUAL
558	1280	MARCOS R RAMOS	M	41		01:14:03	01:12:26	BRASIL
559	1287	FERNANDO GUERREIRO	M	68		01:14:05	01:13:46	GD SAO DOMINGOS
560	1468	ANTÓNIO GODINHO	M	35		01:14:06	01:14:06	INDIVIDUAL
561	120	LUIS GASPAR	M	45		01:14:08	01:13:34	CCD AT
562	567	FRANCISCO PEREIRA	M	48		01:14:08	01:14:03	AÇOREANA C BANIF
563	574	NELSON MOTA	M	44		01:14:08	01:13:34	AÇOREANA C BANIF
564	1435	JOSÉ AGAPITO	M	47		01:14:09	01:12:45	INDIVIDUAL
565	745	LUIS QUENTAL	M	55		01:14:10	01:13:36	INDIVIDUAL
566	1313	ANA VIEIRA	F	47		01:14:13	01:14:08	INDIVIDUAL
567	377	PAULO ALMEIDA	M	47		01:14:14	01:12:40	GD BANCO BPI
568	831	CARLOS ALBANO	M	43		01:14:15	01:13:35	SS CGD
569	82	PAULO J GONÇALVES	M	42		01:14:17	01:13:50	INDIVIDUAL
570	437	ANDRÉ WIBORG	M	56		01:14:19	01:14:16	WL84
571	1416	JOSÉ MONTEIRO	M	58		01:14:21	01:13:31	INDIVIDUAL
572	468	TINA OLIVEIRA	F	51		01:14:22	01:14:17	AMINHACORRIDA/SKECHERS
573	467	JORGE AMARAL	M	46		01:14:23	01:13:46	AMINHACORRIDA/SKECHERS
574	466	VITOR JORGE	M	53		01:14:23	01:13:51	AMINHACORRIDA/SKECHERS
575	469	FLORIANO SILVA	M	36		01:14:23	01:13:46	AMINHACORRIDA/SKECHERS
576	1528	LUIS M SILVA	M	47		01:14:30	01:14:10	INDIVIDUAL
577	619	ANTÓNIO MOREZO	M	55		01:14:30	01:14:19	AMIGOS DA CORRIDA.COM
578	682	ANTÓNIO C ALMEIDA	M	44		01:14:31	01:13:41	INDIVIDUAL
579	774	GERMANO MATOS	M	67		01:14:32	01:13:14	LINDA-A-PASTORA SC
580	531	LUIS MOURA	M	44		01:14:34	01:14:06	GD CELCAT
581	530	NUNO PINTO	M	41		01:14:35	01:14:07	GD CELCAT
582	955	VITOR AGUILAR	M	64		01:14:36	01:13:56	RUN 4 FUN
583	1333	TIAGO CANHOTO	M	42		01:14:38	01:13:47	GD SANTANDER TOTTA
584	447	DAVID SIMÃO	M	45		01:14:39	01:14:22	INDIVIDUAL
585	871	CARLOS A CARVALHO	M	44		01:14:39	01:13:38	RB RUNNING

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
586	905	JOÃO C DUARTE	M	52		01:14:41	01:14:23	INDIVIDUAL
587	1548	CARLOS MAGALHAES	M	46		01:14:41	01:13:36	INDIVIDUAL
588	987	FERNANDO CARVALHÃO	M	35		01:14:42	01:14:42	INDIVIDUAL
589	273	JOÃO GONÇALVES	M	48		01:14:43	01:13:30	C MILLENNIUM BCP
590	450	LUGDERO SANTANA	M	51		01:14:43	01:14:23	CDJ VILA FRIA
591	257	SÉRGIO EIRA	M	43		01:14:45	01:13:50	CLUBE NOVO BANCO
592	1293	GONÇALO REBELO	M	56		01:14:48	01:14:48	GD SAO DOMINGOS
593	1489	RENÉ DUARTE	M	65		01:14:53	01:14:28	INDIVIDUAL
594	1292	ANABELA CARVALHO	F	51		01:14:54	01:14:34	GD SAO DOMINGOS
595	1376	FERNANDO COSTA	M	38		01:14:56	01:13:51	INDIVIDUAL
596	1403	INÊS PEIXOTO	F	36		01:14:57	01:14:26	INDIVIDUAL
597	713	ANTÓNIO VARELA	M	48		01:14:59	01:14:51	INDIVIDUAL
598	1031	ANTÓNIO BARBOSA	M	54		01:15:00	01:14:40	C PRAÇAS ARMADA
599	502	JOEL TOMAZ	M	35		01:15:00	01:13:59	INDIVIDUAL
600	366	RICARDO CORREIA	M	31		01:15:01	01:13:50	INDIVIDUAL
601	1069	RAQUEL PEDRO	F	29		01:15:02	01:14:34	A JORGE PINA
602	642	MARIANA L SILVA	F	35		01:15:10	01:14:54	RUN 4 FUN
603	1148	SEBASTIEN LIBERT	M	45		01:15:11	01:14:38	FRANÇA
604	1368	JOÃO SERRA	M	43		01:15:11	01:14:37	WERUN PORTUGAL
605	351	JORGE SERRA	M	48		01:15:12	01:14:38	WERUN PORTUGAL
606	510	NUNO TENREIRO	M	30		01:15:14	01:14:42	INDIVIDUAL
607	1364	RICARDO SALGADO	M	38		01:15:16	01:14:07	COFINA RUNNERS
608	233	EDUARDO FIGUEIREDO	M	43		01:15:16	01:14:50	CLUBE NOVO BANCO
609	141	JOÃO SEQUEIRA	M	52		01:15:17	01:14:04	CCDT METRO LX
610	400	JOSÉ C MARTINS	M	36		01:15:19	01:15:15	FALCÕES SELVAGENS
611	443	JORGE D PINHEIRO	M	48		01:15:19	01:14:36	RUN 4 FUN
612	1299	ANTÓNIO SILVA	M	41		01:15:20	01:14:49	BAMOXIMBORA
613	370	FRANCISCO FREIRE	M	35		01:15:21	01:14:46	GD BANCO BPI
614	105	NUNO NUNES	M	40		01:15:21	01:15:14	CCD AT
615	1542	MAGNIFICA ALVAREDO	F	60		01:15:22	01:15:09	C SARGENTO ARMADA
616	947	VICTOR PEREIRA	M	52		01:15:23	01:14:45	STAL
617	1239	JOSÉ TORRES	M	50		01:15:30	01:14:39	OS ZATOPEQUES
618	1234	JOSÉ MORAIS	M	53		01:15:31	01:14:42	OS ZATOPEQUES
619	1385	MAFALDA MARTINHO	F	26		01:15:32	01:14:22	INDIVIDUAL
620	1026	JOSÉ INFANTE	M	47		01:15:32	01:14:42	C PRAÇAS ARMADA
621	551	ISABEL GOMES	F	46		01:15:32	01:15:17	INDIVIDUAL
622	1002	AVELINO HENRIQUES	M	54		01:15:33	01:15:33	INDIVIDUAL
623	155	CARLOS O SILVA	M	50		01:15:34	01:14:51	INDIVIDUAL
624	1535	JOAO CORREIRA	M	46		01:15:36	01:14:47	AFRS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
625	1428	CARLOS SOARES	M	47		01:15:38	01:15:38	INDIVIDUAL
626	475	MANUEL ANTÓNIO	M	46		01:15:38	01:15:17	RAIL RUNNERS
627	8	LUIS PIRES	M	42		01:15:41	01:14:40	HOLMES PLACE ALGÉS - FIT 2 RUN
628	252	RICARDO RODRIGUES	M	43		01:15:44	01:15:40	CLUBE NOVO BANCO
629	1291	ROSÁRIA MORGADO	F	39		01:15:44	01:15:24	GD SAO DOMINGOS
630	1288	ANÍBAL CARVALHO	M	63		01:15:44	01:14:37	GD SAO DOMINGOS
631	74	NUNO GONÇALVES	M	40		01:15:46	01:15:21	GDCT IN CASA MOEDA
632	1259	ANDRÉ F LOPES	M	30		01:15:47	01:14:31	BILHUDOS DE S BENTO
633	805	JOSÉ HILÁRIO	M	55		01:15:47	01:14:52	CARAP AUS DE CORRIDA
634	1112	RODOLFO CARNEIRO	M	26		01:15:50	01:14:37	INDIVIDUAL
635	1235	JORGE LEITÃO	M	50		01:15:50	01:14:53	OS ZATOPEQUES
636	1044	JORGE PAULO	M	56		01:15:51	01:15:08	RUN 4 FUN
637	1034	JOSÉ MAGALHÃES	M	47		01:15:51	01:14:54	RUN 4 FUN
638	372	JOÃO ANTUNES	M	44		01:15:52	01:15:08	GD BANCO BPI
639	697	LUIS REIS	M	56		01:15:54	01:15:07	CCDP MUN CASCAIS
640	589	MARCO COSTA	M	31		01:15:54	01:15:36	INDIVIDUAL
641	246	PAULO GONÇALVES	M	47		01:15:55	01:15:30	CLUBE NOVO BANCO
642	258	SÍLVIO PAIVA	M	63		01:15:55	01:15:07	CLUBE NOVO BANCO
643	1052	NORBERTO MARQUES	M	44		01:15:55	01:15:16	RUNNIG OF D. MARIA
644	1100	LÍCINIO FIDALGO	M	55		01:15:58	01:14:44	CÂMARA L CLUBE
645	644	FILIPE OLIVEIRA	M	40		01:15:59	01:14:58	INDIVIDUAL
646	270	VASCO NUNES	M	44		01:16:04	01:15:48	C MILLENNIUM BCP
647	1325	MÁRIO RUI COSTA	M	39		01:16:04	01:15:17	GD SANTANDER TOTTA
648	900	JOSÉ S AUGUSTO	M	54		01:16:05	01:15:30	FALCÕES SELVAGENS
649	433	SAMUEL TRANCOSO	M	45		01:16:05	01:15:48	BRRNIGHTRUNNERS
650	1159	ANTÓNIO CARRETO	M	32		01:16:06	01:14:58	INDIVIDUAL
651	1020	MANUEL BENTO	M	38		01:16:09	01:15:21	SC CASAÍNHOS
652	256	RUI GAMEIRO	M	41		01:16:10	01:15:54	CLUBE NOVO BANCO
653	552	PEDRO NISA	M	41		01:16:10	01:15:54	INDIVIDUAL
654	919	ALEXANDRE DÂMASO	M	47		01:16:10	01:16:05	AERO RUNNERS
655	427	FRANCISCO PLÍNIO	M	59		01:16:11	01:15:27	CCDT METRO LX
656	723	FILIPE SÁ	M	44		01:16:11	01:16:00	VILA FRIA JG SEGUROS
657	1061	CARLOS CRAVEIRO	M	43		01:16:11	01:15:32	INDIVIDUAL
658	1512	EVA C ROSA	F	45		01:16:11	01:15:44	CORRER LISBOA
659	1347	RUI CUNHA	M	48		01:16:12	01:15:49	GD SANTANDER TOTTA
660	362	TEODORO TRINDADE	M	53		01:16:15	01:15:32	RUN 4 FUN
661	1448	FERNANDA CAMACHO	F	44		01:16:18	01:15:50	CARRASCO&AMIGOS
662	1063	FERNANDO L FERNANDES	M	53		01:16:19	01:15:31	APOGMA
663	482	MANUEL O PEREIRA	M	57		01:16:30	01:15:52	GYM 2010

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
664	483	ANA RAMOS	F	38		01:16:31	01:15:53	GYM 2010
665	126	JOSÉ BELCHIOR	M	63		01:16:32	01:16:17	OS PERIGOSOS
666	632	GIL JORGE	M	46		01:16:38	01:15:58	INDIVIDUAL
667	949	FRANCISCO CUNHA	M	50		01:16:39	01:16:38	STAL
668	950	JOSÉ SILVA	M	51		01:16:39	01:16:38	STAL
669	241	JÚLIO FERREIRA	M	60		01:16:40	01:16:22	CLUBE NOVO BANCO
670	1258	EDUARDO PINTO	M	33		01:16:40	01:16:32	INDIVIDUAL
671	570	JOÃO FERNANDES	M	34		01:16:41	01:16:14	AÇOREANA C BANIF
672	474	LUIS FERREIRA	M	47		01:16:42	01:16:06	RAIL RUNNERS
673	1059	PAULO INÁCIO	M	35		01:16:43	01:15:43	INDIVIDUAL
674	1035	RUBEN FORTES	M	32		01:16:43	01:15:43	INDIVIDUAL
675	686	ALBERTO ABREU	M	43		01:16:46	01:16:34	CCDP MUN CASCAIS
676	1429	ÁLVARO GOMES	M	41		01:16:50	01:16:24	INDIVIDUAL
677	1109	CARLOS GONÇALVES	M	48		01:16:57	01:16:10	LEBRES E TARTARUGAS
678	1037	HELENA SILVA	F	47		01:16:58	01:16:31	INDIVIDUAL
679	1285	JOSÉ LUIS CANHOTO	M	66		01:16:58	01:16:32	INDIVIDUAL
680	698	PAULA MACHADO	F	60		01:17:02	01:16:43	CCDP MUN CASCAIS
681	134	ALÍPIO OLIVEIRA	M	54		01:17:03	01:15:56	CCDT METRO LX
682	43	DULCE REIS	F	45		01:17:03	01:16:41	CORRER LISBOA
683	317	JOAQUIM PINTO	M	56		01:17:04	01:15:58	INDIVIDUAL
684	261	LUIS AFONSO	M	44		01:17:07	01:16:10	GEORUNNERS
685	1038	RUI M OLIVEIRA	M	42		01:17:08	01:16:29	RUN 4 FUN
686	143	JOSÉ P CUNHA	M	51		01:17:10	01:16:25	CCDT METRO LX
687	313	ORLANDO COUTO	M	60		01:17:10	01:16:36	4 AO KM
688	1331	JOÃO ROCHA	M	63		01:17:11	01:17:05	GD SANTANDER TOTTA
689	641	MIGUEL CASTELA	M	44		01:17:12	01:16:01	AA LEBRES SADO
690	422	AFONSO PIRES	M	47		01:17:12	01:16:44	INDIVIDUAL
691	834	FERNANDO LIMA	M	45		01:17:13	01:16:37	SS CGD
692	1054	PAULO J GONÇALVES	M	48		01:17:14	01:16:45	INDIVIDUAL
693	63	FRANCISCO M SARDINHA	M	44		01:17:16	01:16:59	CORRER LISBOA
694	1395	GONÇALO B MARQUES	M	38		01:17:17	01:15:52	INDIVIDUAL
695	1383	DAVID DE ALMEIDA	M	43		01:17:18	01:16:40	INDIVIDUAL
696	1051	JORGE FERREIRA	M	50		01:17:23	01:16:42	RUNNIG OF D. MARIA
697	980	ANTÓNIO ESTRELINHA	M	41		01:17:27	01:17:03	ALCATRAZ COFFEE RUNNERS
698	867	LUIS ANTUNES	M	43		01:17:29	01:16:58	RB RUNNING
699	500	ANA R MATOS	F	44		01:17:33	01:17:15	INDIVIDUAL
700	1015	PEDRO MORGADO	M	29		01:17:34	01:16:41	GDC BANCO PORTUGAL
701	180	ALEXANDRE REIS	M	54		01:17:38	01:17:15	C BENFICA ALG M MARTINS
702	303	FERNANDO LEMOS	M	65		01:17:43	01:16:34	C MILLENNIUM BCP

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
703	1459	PAULO ALVES	M	51		01:17:48	01:17:16	SOBEIDESCE
704	309	NUNO MARQUES	M	41		01:17:48	01:17:46	CLUBE R2 SEGUROS
705	1461	RUI P NUNES	M	41		01:17:50	01:16:43	INDIVIDUAL
706	266	JACINTO PEREIRA	M	58		01:17:53	01:17:44	LIS RUNNING CPA
707	655	VITOR REVEZ	M	55		01:17:55	01:16:50	CARRASCO&AMIGOS
708	528	RICARDO ARAÚJO	M	30		01:17:56	01:17:14	INDIVIDUAL
709	171	ANTÓNIO BOGAS	M	48		01:17:56	01:17:00	C BENFICA ALG M MARTINS
710	541	TIAGO NASCIMENTO	M	26		01:18:00	01:17:30	C COLAB AXA
711	1320	STEVEN DUNLOP	M	41		01:18:03	01:17:41	INDIVIDUAL
712	915	CARLOS NEVES	M	62		01:18:05	01:17:52	AD REAL ACADEMIA
713	277	ANTÓNIO SOUSA	M	68		01:18:08	01:18:08	C MILLENNIUM BCP
714	997	PAULO ANTUNES	M	46		01:18:13	01:18:00	LESMAS ALOPRADAS
715	785	SIMÃO ORTEGA	M	31		01:18:16	01:17:02	INDIVIDUAL
716	1550	SERGIO BROTA	M	37		01:18:18	01:18:10	INDIVIDUAL
717	1298	MEGAN JONES	F	27		01:18:20	01:17:26	INDIVIDUAL
718	118	JOÃO SEQUEIRA	M	40		01:18:21	01:17:48	CCD AT
719	1371	MÓNICA VEIGA	F	32		01:18:24	01:17:51	OS AMIGOS DA ALAMEDA
720	201	MIGUEL BERMONTE	M	39		01:18:25	01:17:58	INDIVIDUAL
721	676	JOSÉ VAZ	M	57		01:18:27	01:18:12	CLUBE ANACOM
722	738	ISIDRO SANTOS	M	59		01:18:27	01:18:17	NAZ ABÓBODA
723	193	RAÚL COSTA	M	54		01:18:28	01:18:26	CLUBE ROBBIALAC
724	1443	FABIANO BORTOLOTTI	M	40		01:18:29	01:18:06	INDIVIDUAL
725	166	JOÃO FIALHO	M	36		01:18:30	01:18:22	CCD AT
726	636	PAULO MONIZ	M	60		01:18:31	01:17:55	INDIVIDUAL
727	219	MANUEL EMÍDIO	M	58		01:18:31	01:18:15	AA AGUALVA
728	464	PAULO NEVES	M	37		01:18:36	01:18:18	INDIVIDUAL
729	566	FERNANDO ANDRADE	M	60		01:18:36	01:18:16	AÇOREANA C BANIF
730	885	RICARDO DIAS	M	41		01:18:37	01:17:59	SS MONTEPIO GERAL
731	881	JORGE SOUSA	M	42		01:18:37	01:18:00	SS MONTEPIO GERAL
732	1357	PEDRO A SÁ	M	45		01:18:43	01:17:35	COFINA RUNNERS
733	811	MARCO FRANCISCO	M	25		01:18:47	01:17:56	OS INDOMÁVEIS
734	361	JOAQUIM PALMA	M	60		01:18:51	01:18:18	OS COTAS
735	850	PEDRO LOPES	M	36		01:18:52	01:18:25	SS CGD
736	454	JOAQUIM SILVÉRIO	M	69		01:18:55	01:17:52	INDIVIDUAL
737	840	JOSÉ GUIA	M	66		01:18:57	01:18:35	SS CGD
738	85	JOSÉ HENRIQUES	M	60		01:18:59	01:18:44	OS PERIGOSOS
739	330	CARLOS COSTA	M	48		01:19:00	01:18:04	A VALE SILÊNCIO
740	844	NUNO VALADA	M	44		01:19:01	01:18:08	SS CGD
741	328	ANTÓNIO FERNANDES	M	58		01:19:01	01:18:05	A VALE SILÊNCIO

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
742	610	LUIS COSTA	M	38		01:19:02	01:18:52	AMIGOS DA CORRIDA.COM
743	1341	LINO M OLIVEIRA	M	39		01:19:03	01:18:56	GD SANTANDER TOTTA
744	1488	TIAGO FERREIRA	M	32		01:19:06	01:18:02	INDIVIDUAL
745	750	MANUEL GOMES	M	49		01:19:08	01:18:52	CLUBE MARGINAL
746	1098	EDUARDO MANSO	M	53		01:19:09	01:17:55	CÂMARA L CLUBE
747	210	NOÉMIA MONTEIRO	F	39		01:19:09	01:18:48	INDIVIDUAL
748	164	Mª LUZ CONCHINHA	F	56		01:19:10	01:18:49	INDIVIDUAL
749	772	FABIANO FERREIRA	M	30		01:19:18	01:18:46	INDIVIDUAL
750	238	JOÃO BATISTA	M	39		01:19:20	01:18:37	CLUBE NOVO BANCO
751	1153	SILVIA TOSCANI	F	25		01:19:21	01:18:24	ITÁLIA
752	1265	SÉRGIO MATEUS	M	42		01:19:23	01:18:17	INDIVIDUAL
753	288	JOSÉ A ROCHA	M	48		01:19:25	01:17:50	C MILLENNIUM BCP
754	244	LUIS MONTEIRO	M	43		01:19:26	01:18:36	CLUBE NOVO BANCO
755	131	ALICE PAIS	F	42		01:19:28	01:19:02	INDIVIDUAL
756	1282	CARLOS PORFÍRIO	M	63		01:19:29	01:17:49	STAL
757	495	TERESA SEPÚLVEDA	F	34		01:19:31	01:19:23	GARMIN/ CO OEIRAS
758	789	ALBINO TOMÁS	M	58		01:19:34	01:19:24	CA PATAMEIRAS
759	1118	NUNO ANTUNES	M	39		01:19:37	01:18:47	INDIVIDUAL
760	1113	RUI P RODRIGUES	M	40		01:19:38	01:19:18	INDIVIDUAL
761	855	RUI PEREIRA	M	44		01:19:38	01:18:50	SS CGD
762	478	JOANA DUARTE	F	37		01:19:40	01:18:30	INDIVIDUAL
763	810	PEDRO PINTO	M	65		01:19:46	01:18:55	OS INDOMÁVEIS
764	446	VITOR PEREIRA	M	43		01:19:46	01:18:21	INDIVIDUAL
765	969	JOSÉ SAMPAIO	M	45		01:19:47	01:18:54	LISBOA RACKET CENTER
766	657	LÚCIO MORAIS	M	55		01:19:47	01:18:54	CARRASCO&AMIGOS
767	1469	DÉBORA GARCIA	F	20		01:19:50	01:19:29	ACR MEALHADA
768	1503	EDUARDO SANTOS	M	32		01:19:50	01:18:38	INDIVIDUAL
769	358	ARMINDO LOUREIRO	M	66		01:19:53	01:19:21	OS COTAS
770	647	CARLA MORGADO	F	44		01:19:53	01:19:32	INDIVIDUAL
771	293	MÁRIO B CAMPOS	M	66		01:19:56	01:18:50	C MILLENNIUM BCP
772	282	FERNANDO R FERREIRA	M	68		01:19:58	01:18:49	C MILLENNIUM BCP
773	1381	JOSÉ F GOMES	M	61		01:19:58	01:19:01	TEJAVISTA
774	415	MIGUEL CAPELA	M	43		01:20:00	01:19:04	PILINHA RUNNERS
775	1534	ALBERTO CARVALHO	M	57		01:20:01	01:19:12	AFRS
776	1167	ANTÓNIO LIMA	M	52		01:20:01	01:19:58	AB CAMPOLIDE
777	1300	PAULO SENA	M	43		01:20:01	01:19:48	INDIVIDUAL
778	598	CHARLES GONÇALVES	M	48		01:20:03	01:19:09	INDIVIDUAL
779	1025	ANTÓNIO BORLA	M	69		01:20:05	01:20:05	C PRAÇAS ARMADA
780	93	JOÃO ADEGAS	M	44		01:20:05	01:19:43	INDIVIDUAL

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
781	148	HELLEN VESPUCIO	F	42		01:20:07	01:18:47	INDIVIDUAL
782	766	NUNO M OLIVEIRA	M	42		01:20:09	01:20:06	LUSO ATLÂNTICA SEGUROS
783	383	LUIS M FILIPE	M	39		01:20:11	01:19:20	SMF - SOMOS MUITA FORTES
784	696	JÚLIO MEIRELES	M	63		01:20:11	01:19:52	CCDP MUN CASCAIS
785	69	MÁRCIO BASÍLIO	M	32		01:20:12	01:19:59	INDIVIDUAL
786	709	NUNO BERTON	M	43		01:20:13	01:18:56	INDIVIDUAL
787	968	AVELINO VESTIAS	M	65		01:20:14	01:20:13	OS INDOMÁVEIS
788	945	BRUNO FERREIRA	M	39		01:20:18	01:19:18	STAL
789	1178	CELSO OSÓRIO	M	45		01:20:20	01:19:19	INDIVIDUAL
790	1164	MARCO COSTA	M	36		01:20:24	01:19:25	AB CAMPOLIDE
791	963	NUNO F PERES	M	35		01:20:26	01:20:05	INDIVIDUAL
792	169	RICARDO FERREIRO	M	29		01:20:27	01:20:03	INDIVIDUAL
793	884	PAULO RAINHO	M	48		01:20:32	01:20:32	SS MONTEPIO GERAL
794	1176	CLÁUDIA L FERREIRA	F	48		01:20:34	01:20:14	INDIVIDUAL
795	1268	LUIS V COSTA	M	60		01:20:36	01:19:45	BAMOXIMBORA
796	342	GILBERTO GONÇALVES	M	66		01:20:36	01:19:26	INDIVIDUAL
797	159	ANTÓNIO GONÇALVES	M	59		01:20:38	01:19:36	INDIVIDUAL
798	485	ANTÓNIO AMIEIRO	M	46		01:20:40	01:19:43	GARMIN/ CO OEIRAS
799	176	ARNALDO MACHADO	M	65		01:20:41	01:20:34	C BENFICA ALG M MARTINS
800	513	JOÃO BEIRÃO	M	62		01:20:41	01:19:44	ASAS
801	349	JOAQUIM SECO	M	46		01:20:43	01:20:20	INDIVIDUAL
802	1217	PEDRO FONTES	M	39		01:20:44	01:20:07	INDIVIDUAL
803	352	FERNANDO SARDINHA	M	39		01:20:45	01:20:08	BRRNIGHTRUNNERS
804	389	TIAGO LAJE	M	34		01:20:47	01:19:43	BONS DIAS
805	921	ANA NUNES	F	21		01:20:47	01:19:44	INDIVIDUAL
806	432	MIGUEL PEREIRA	M	41		01:20:49	01:19:54	PILINHA RUNNERS
807	253	RICARDO SILVA	M	37		01:20:50	01:19:50	CLUBE NOVO BANCO
808	1241	FRANCISCO AGRA	M	52		01:20:50	01:20:31	OS ZATOPEQUES
809	994	RUI VIEITAS	M	39		01:20:53	01:19:58	FAT OLD DUDES
810	158	NUNO GONÇALVES	M	38		01:20:54	01:19:54	INDIVIDUAL
811	194	JOSÉ VILELA	M	50		01:20:55	01:20:53	CLUBE ROBBIALAC
812	203	ANTÓNIO M ALMEIDA	M	49		01:20:55	01:19:52	INDIVIDUAL
813	440	ARLINDO C SANTOS	M	53		01:20:55	01:20:14	INDIVIDUAL
814	524	VIRGÍLIA FREIRE	F	50		01:20:56	01:20:14	INDIVIDUAL
815	777	ABÍLIO TAVARES	M	60		01:20:56	01:20:50	INDIVIDUAL
816	764	AUGUSTO CARIA	M	62		01:20:57	01:20:42	INDIVIDUAL
817	866	JOSÉ TOMÁS	M	40		01:20:57	01:19:52	INDIVIDUAL
818	1432	ANTÓNIO CARREIRA	M	35		01:20:58	01:20:28	PÉ DE ATLETA
819	1090	JOÃO PEREIRA	M	44		01:20:59	01:19:47	CÂMARA L CLUBE

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
820	1366	HENRIQUE VENTURA	M	35		01:21:04	01:20:36	AM 18 DE MAIO
821	1510	JORGE BRITO	M	44		01:21:05	01:19:58	INDIVIDUAL
822	1332	LINO OLIVEIRA	M	69		01:21:05	01:20:59	GD SANTANDER TOTTA
823	700	RUI VASQUES	M	49		01:21:05	01:20:18	CCDP MUN CASCAIS
824	1566	JOAQUIM GAMITO	M	53		01:21:06	01:20:29	INDIVIDUAL
825	1274	ELSA MOREIRA	F	40		01:21:07	01:20:32	GD INE
826	759	PEDRO GONÇALVES	M	60		01:21:08	01:20:15	INDIVIDUAL
827	1500	ANDRE APARICIO	M	38		01:21:09	01:20:28	FUNDAÇÃO INATEL
828	858	SÍLVIA NEIVA	F	45		01:21:09	01:20:15	SS CGD
829	157	MANUEL CLEMENTE	M	65		01:21:11	01:19:50	INDIVIDUAL
830	1079	CARLOS ALBUQUERQUE	M	41		01:21:11	01:20:06	INDIVIDUAL
831	970	JOÃO NAVARRO	M	40		01:21:11	01:20:18	LISBOA RACKET CENTER
832	1541	CLAUDIA NOVAIS	F	47		01:21:12	01:20:13	NETCORRIER LOGISTICA
833	1289	EDMIR CORREIA	M	23		01:21:13	01:20:47	GD SAO DOMINGOS
834	662	CARLOS ROSA	M	43		01:21:13	01:20:39	UNIDOS DA MANUTENÇÃO
835	639	LUIS OLIVEIRA	M	45		01:21:15	01:20:04	AA LEBRES SADO
836	388	HELENA FREITAS	F	31		01:21:15	01:19:52	BONS DIAS
837	516	TIAGO SILVA	M	24		01:21:18	01:20:22	A VALE SILÊNCIO
838	405	FERNANDO SILVA	M	40		01:21:18	01:20:22	A VALE SILÊNCIO
839	340	SANDRA BAPTISTA	F	39		01:21:18	01:20:22	A VALE SILÊNCIO
840	1557	JOSE FERREIRA	M	55		01:21:19	01:20:32	INDIVIDUAL
841	1195	JOAQUIM COSTA	M	54		01:21:19	01:20:50	OS AMIGOS DA ALAMEDA
842	956	Mª JOÃO VAZ	F	49		01:21:19	01:20:51	INDIVIDUAL
843	509	PAULO LAPÃO	M	49		01:21:21	01:21:00	INDIVIDUAL
844	799	FERNANDO MARQUES	M	51		01:21:21	01:20:54	CORRER EPAL
845	222	AGOSTINHO TORRES	M	54		01:21:24	01:21:24	AA AGUALVA
846	1028	MANUEL CARDIM	M	63		01:21:25	01:20:33	C PRAÇAS ARMADA
847	1151	JOAQUIM LUIS	M	37		01:21:25	01:20:52	FRANÇA
848	292	MARCOS NORITAKE	M	48		01:21:26	01:20:51	C MILLENNIUM BCP
849	428	MIGUEL MARQUES	M	54		01:21:26	01:20:40	INDIVIDUAL
850	311	JOÃO P LIMA	M	55		01:21:29	01:20:43	4 AO KM
851	404	ANDRÉ COSTAL	M	39		01:21:30	01:20:45	INDIVIDUAL
852	99	VASCO AFONSO	M	42		01:21:30	01:20:51	INDIVIDUAL
853	895	VITOR PASSARINHO	M	49		01:21:36	01:21:36	INDIVIDUAL
854	1003	RUI E HORTA	M	49		01:21:36	01:21:01	INDIVIDUAL
855	1452	ORLANDO S SILVA	M	44		01:21:37	01:20:42	INDIVIDUAL
856	872	RICARDO SOUSA	M	28		01:21:41	01:20:26	INDIVIDUAL
857	781	CARLOS TOMÉ	M	45		01:21:42	01:21:27	INDIVIDUAL
858	780	FÁTIMA ANTUNES	F	42		01:21:42	01:21:27	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
859	1013	FILIPA GONÇALVES	F	33		01:21:45	01:20:53	GDC BANCO PORTUGAL
860	1012	GINA CHEIO	F	44		01:21:45	01:20:53	GDC BANCO PORTUGAL
861	957	RUDOLFO BENTO	M	35		01:21:46	01:21:08	INDIVIDUAL
862	1317	JOSÉ P GONÇALVES	M	40		01:21:46	01:21:11	INDIVIDUAL
863	877	ANTÓNIO FRANCO	M	49		01:21:48	01:21:11	SS MONTEPIO GERAL
864	1081	FÉLIX ESTEVES	M	69		01:21:50	01:20:55	INDIVIDUAL
865	1508	PAULO J ALMEIDA	M	41		01:21:50	01:21:21	INDIVIDUAL
866	1074	ANDRÉ DIAS	M	31		01:21:54	01:21:08	INDIVIDUAL
867	899	ANTÓNIO C MARTINS	M	54		01:21:55	01:21:30	FALCÕES SELVAGENS
868	1102	ANA MONTEIRO	F	44		01:21:57	01:21:28	CÂMARA L CLUBE
869	1370	ODETE NOGUEIRA	F	60		01:22:01	01:21:31	OS AMIGOS DA ALAMEDA
870	1519	THOMAS SCHELLENKENS	M	22		01:22:04	01:21:35	BELGICA
871	497	PEDRO DUARTE	M	34		01:22:04	01:21:17	GALHETEIRO
872	1022	NUNO SANTOS	M	22		01:22:04	01:21:14	SC CASAÍNHOS
873	545	NEVES SILVA	M	62		01:22:05	01:21:24	C FERROV PORTUGAL
874	1040	CARLOS GONÇALVES	M	49		01:22:05	01:21:14	RUN 4 FUN
875	1041	AMÉLIA GONÇALVES	F	44		01:22:06	01:21:15	RUN 4 FUN
876	1062	JOÃO A COSTA	M	59		01:22:07	01:20:59	INDIVIDUAL
877	1021	JORGE LOURENÇO	M	21		01:22:07	01:21:17	SC CASAÍNHOS
878	835	FRANCISCO CLERIGO	M	61		01:22:09	01:21:17	SS CGD
879	620	ANÍBAL CAIADO	M	70		01:22:16	01:21:53	AMIGOS DA CORRIDA.COM
880	1518	JANE SNYKERS	F	21		01:22:17	01:21:47	BELGICA
881	612	CARLOS MONTEIRO	M	64		01:22:19	01:22:02	AMIGOS DA CORRIDA.COM
882	677	SÉRGIO ANTUNES	M	48		01:22:30	01:22:15	CLUBE ANACOM
883	897	FERNANDO VERGAMOTA	M	59		01:22:30	01:22:30	CA AMIGOS PARQUE PAZ
884	536	DIOGO LEITE	M	45		01:22:32	01:22:01	C COLAB AXA
885	1171	DEOLINDA PINHEIRO	F	47		01:22:35	01:22:32	AB CAMPOLIDE
886	417	CARLOS F CORREIA	M	29		01:22:37	01:22:35	INDIVIDUAL
887	857	RUI SOARES	M	40		01:22:37	01:21:53	SS CGD
888	1506	FILIPA CURRALO	F	38		01:22:38	01:21:34	INDIVIDUAL
889	1507	JOAO CRUZ	M	41		01:22:38	01:21:34	INDIVIDUAL
890	890	FREIRE MATINHA	M	58		01:22:38	01:22:25	AMIGOS DA MATINHA
891	479	JOEL FERREIRA	M	30		01:22:44	01:22:22	INDIVIDUAL
892	751	NUNO MARQUES	M	47		01:22:46	01:21:51	RUNLOVERS
893	989	JOÃO ALBERTO	M	48		01:22:46	01:22:19	JOBRINDE MONTES SALOIOS
894	669	RUI XAVIER	M	48		01:22:50	01:22:41	CP EDP LISBOA
895	145	MÁRIO GONÇALVES	M	49		01:22:51	01:22:06	CCDT METRO LX
896	1137	JOSÉ CARLOS	M	48		01:22:51	01:21:52	UA POVOENSE
897	1131	INÊS ARRENEGA	F	30		01:22:53	01:21:54	UA POVOENSE

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
898	1215	MARÍLIA RIBEIRO	F	31		01:22:53	01:21:44	TOKANDAR
899	1155	MARC SEPANDIO	M	28		01:22:56	01:21:59	ITÁLIA
900	214	DIOGO DIAS	M	30		01:22:59	01:22:50	INDIVIDUAL
901	272	LUIS P MONTEIRO	M	43		01:23:05	01:22:50	C MILLENNIUM BCP
902	307	PEDRO PIRES	M	47		01:23:05	01:22:51	C MILLENNIUM BCP
903	226	PATRÍCIA ENCARNAÇÃO	F	43		01:23:06	01:22:10	INDIVIDUAL
904	239	JORGE MONTEIRO	M	48		01:23:08	01:22:34	CLUBE NOVO BANCO
905	343	DEOLINDA MATOS	F	58		01:23:12	01:21:46	INDIVIDUAL
906	341	VITOR P LUIS	M	56		01:23:12	01:21:48	INDIVIDUAL
907	511	RUI MIGUEL ALMEIDA	M	36		01:23:14	01:22:22	INDIVIDUAL
908	1237	ORLANDO SILVA	M	55		01:23:18	01:22:30	OS ZATOPEQUES
909	407	FILIPE RAMALHO	M	34		01:23:18	01:22:14	A VALE SILÊNCIO
910	609	FILOMENA DE JESUS	F	42		01:23:19	01:23:07	SFUAP
911	333	JOÃO INOCÊNCIO	M	44		01:23:19	01:22:14	A VALE SILÊNCIO
912	1576	GREGORIO PEDRO	M	53		01:23:19	01:22:18	INDIVIDUAL
913	1485	NUNO MOREIRA	M	39		01:23:21	01:22:32	INDIVIDUAL
914	487	JOSÉ CATITA	M	56		01:23:22	01:22:29	GARMIN/ CO OEIRAS
915	486	ISABEL RODRIGUES	F	44		01:23:23	01:22:17	GARMIN/ CO OEIRAS
916	335	JOSÉ JACOB	M	49		01:23:23	01:22:19	A VALE SILÊNCIO
917	787	BERTO MARINHO	M	71		01:23:23	01:22:17	CA PATAMEIRAS
918	434	ANDREA PASSEIRA	F	36		01:23:24	01:23:01	INDIVIDUAL
919	778	JOÃO P COSTA	M	53		01:23:25	01:22:55	AMIGOS DA CORRIDA.COM
920	614	LUIS BARBOT	M	51		01:23:26	01:22:55	AMIGOS DA CORRIDA.COM
921	616	PEDRO RODRIGUES	M	66		01:23:26	01:22:25	AMIGOS DA CORRIDA.COM
922	617	ANTÓNIO BELO	M	70		01:23:27	01:22:27	AMIGOS DA CORRIDA.COM
923	615	HENRIQUE ADREGA	M	62		01:23:27	01:22:28	AMIGOS DA CORRIDA.COM
924	117	ANA DEODATO	F	38		01:23:30	01:23:30	CCD AT
925	123	CLÁUDIO PINA	M	37		01:23:30	01:22:56	CCD AT
926	121	NUNO NEVES	M	43		01:23:31	01:22:57	CCD AT
927	1479	VASCO ALPALHÃO	M	45		01:23:33	01:22:25	INDIVIDUAL
928	668	Mª JOÃO CORTESÃO	F	30		01:23:35	01:23:31	CP EDP LISBOA
929	363	JORGE ESTEVES	M	50		01:23:36	01:22:52	RUN 4 FUN
930	972	Mª FILOMENA MARTINS	F	58		01:23:37	01:23:22	INDIVIDUAL
931	348	MÁRIO LINO	M	52		01:23:39	01:22:41	INDIVIDUAL
932	520	ANTÓNIO J CAMPOS	M	40		01:23:43	01:22:54	INDIVIDUAL
933	284	ARTUR LEITE	M	50		01:23:44	01:23:32	C MILLENNIUM BCP
934	60	ARNALDO AMORIM	M	53		01:23:46	01:22:18	INDIVIDUAL
935	643	PEDRO FERNANDES	M	34		01:23:46	01:23:17	INDIVIDUAL
936	498	TIAGO BOLETO	M	31		01:23:47	01:23:47	GALHETEIRO

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
937	472	INÁCIO GONÇALVES	M	63		01:23:49	01:23:13	RAIL RUNNERS
938	230	ANA AZEVEDO	F	35		01:23:49	01:22:51	CLUBE NOVO BANCO
939	298	ORLANDO CHINA	M	67		01:23:51	01:22:27	C MILLENNIUM BCP
940	477	INÊS MARIQUITOS	F	25		01:23:52	01:22:41	INDIVIDUAL
941	933	MANUEL TEIXEIRA	M	60		01:23:52	01:23:26	STAL
942	864	SUSANA GOMES	F	46		01:23:53	01:22:48	INDIVIDUAL
943	576	PAULO SARAMAGO	M	43		01:23:53	01:22:55	AÇOREANA C BANIF
944	344	JOSÉ M MARTINS	M	56		01:23:53	01:23:15	INDIVIDUAL
945	320	JOSÉ FREITAS	M	36		01:23:54	01:23:35	A LIVRES CANEÇAS
946	1392	MAURA FONSECA	F	24		01:23:55	01:23:50	AS ENJOADAS DO ASFALTO
947	836	HUGO VENÂNCIO	M	36		01:23:55	01:23:28	SS CGD
948	546	NATAL DA LUZ	M	66		01:23:56	01:23:23	C FERROV PORTUGAL
949	926	RUTE SANTOS	F	48		01:23:57	01:23:16	STAL
950	1436	CHEILA DIAS	F	27		01:23:57	01:22:45	NUMERO SETE
951	1454	RITA MARQUES	F	45		01:23:58	01:23:15	INDIVIDUAL
952	740	GABRIEL ANTÓNIO	M	51		01:23:59	01:22:21	URD ARRANHÓ
953	1562	VITOR DOMINGOSD	M	69		01:24:01	01:23:48	INDIVIDUAL
954	1405	ANALICE SILVA	M	71		01:24:03	01:23:45	AD MUNDO CORRIDA
955	1493	CRISTINA GUERREIRO	F	42		01:24:03	01:23:45	GDCT REPSOL POLIMEROS
956	401	FRANCISCO SILVA	M	54		01:24:04	01:23:31	FALCÕES SELVAGENS
957	78	RUI CORREIA	M	39		01:24:05	01:23:22	GDCT IN CASA MOEDA
958	753	FRANCO WUDICH	M	50		01:24:09	01:23:15	RUNLOVERS
959	754	HELENA LEITÃO	F	45		01:24:10	01:23:15	RUNLOVERS
960	156	SERAFIM SANTOS	M	61		01:24:12	01:23:31	INDIVIDUAL
961	798	JORG PIRROW	M	46		01:24:13	01:22:58	INDIVIDUAL
962	817	SÉRGIO BORGES	M	42		01:24:14	01:23:34	ND AUTOCOOPE
963	813	CARLOS FERREIRA	M	58		01:24:14	01:23:35	ND AUTOCOOPE
964	712	JUSTINO SANTOS	M	34		01:24:14	01:24:03	INDIVIDUAL
965	1284	DAVID SAMUEL	M	45		01:24:16	01:23:54	INDIVIDUAL
966	247	PAULO VERÍSSIMO	M	47		01:24:17	01:24:07	CLUBE NOVO BANCO
967	1351	ANTÓNIO PEREIRA	M	49		01:24:21	01:23:03	GD SANTANDER TOTTA
968	312	JOÃO CRAVO	M	30		01:24:23	01:23:37	4 AO KM
969	672	VITOR M MARTINS	M	40		01:24:26	01:23:08	INDIVIDUAL
970	1446	PEDRO QUINA	M	49		01:24:28	01:23:33	INDIVIDUAL
971	35	PAULO BORGES	M	46		01:24:28	01:23:40	INDIVIDUAL
972	1525	ISABEL BARRA	F	46		01:24:34	01:23:50	INDIVIDUAL
973	797	MANUELA ABREU	F	47		01:24:34	01:23:50	INDIVIDUAL
974	1546	FABIO SILVA	M	36		01:24:36	01:24:08	INDIVIDUAL
975	779	JOÃO CAEIRO	M	67		01:24:36	01:23:03	AMIGOS DA CORRIDA.COM

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
976	1437	PAULO DIAS	M	50		01:24:37	01:23:25	NUMERO SETE
977	1067	ANTÓNIO M SOUSA	M	43		01:24:38	01:23:59	INDIVIDUAL
978	1249	ANTÓNIO M GONÇALVES	M	36		01:24:45	01:24:19	INDIVIDUAL
979	1057	PAULO T SILVA	M	36		01:24:51	01:24:22	INDIVIDUAL
980	621	JOÃO TORRADO	M	66		01:24:51	01:24:13	SAPATISTA
981	646	RICARDO AFONSO	M	43		01:24:52	01:24:06	INDIVIDUAL
982	986	ANTÓNIO TRINDADE	M	41		01:24:52	01:24:06	INDIVIDUAL
983	13	JOSE M FERREIRA	M	42		01:24:52	01:23:47	INDIVIDUAL
984	927	INÊS SANTOS	F	26		01:24:55	01:24:01	STAL
985	1050	ANABELA P CARVALHO	F	35		01:24:58	01:24:55	INDIVIDUAL
986	1460	SILVANO MONTEIRO	M	53		01:25:06	01:24:31	SOBEIDESCE
987	442	JOÃO FONSECA	M	43		01:25:08	01:24:50	MERIDIANOS
988	1144	SILVIA PURARELLI	F	30		01:25:09	01:24:13	ITÁLIA
989	599	NUNO MELO	M	39		01:25:09	01:25:09	INDIVIDUAL
990	1346	LÚCIO SILVA	M	48		01:25:09	01:23:53	GD SANTANDER TOTTA
991	809	ANTÓNIO SILVA	M	59		01:25:15	01:24:24	OS INDOMÁVEIS
992	1156	ANTON V TOUS	M	27		01:25:18	01:24:18	ESPANHA
993	1565	AMÉRICO COSTA	M	57		01:25:20	01:24:31	TECNOSPIE
994	783	JEREMIAS RIBEIRO	M	72		01:25:21	01:24:10	INDIVIDUAL
995	245	MANUEL ANASTÁCIO	M	46		01:25:22	01:24:48	CLUBE NOVO BANCO
996	1492	MANUEL SEQUEIRA	M	64		01:25:27	01:25:08	GDCT REPSOL POLIMEROS
997	419	ANTÓNIO JUBILADO	M	58		01:25:27	01:25:08	INDIVIDUAL
998	1324	RUI MACHINHO	M	38		01:25:29	01:24:43	GD SANTANDER TOTTA
999	953	ALMERINDO SILVA	M	55		01:25:30	01:24:48	ADC CATUJAL
1000	891	JORGE C MATINHA	M	45		01:25:31	01:24:56	AMIGOS DA MATINHA
1001	18	JOAQUINA SOUSA	F	70		01:25:33	01:25:21	GA SUPER ESTRELAS
1002	1018	NUNO PEREIRA	M	43		01:25:34	01:25:24	SC CASAÍNHOS
1003	162	MIGUEL CAMPO	M	45		01:25:35	01:24:54	INDIVIDUAL
1004	161	ANA PEREIRA	F	46		01:25:36	01:24:34	INDIVIDUAL
1005	1495	SÓNIA SANTOS	F	33		01:25:38	01:24:32	INDIVIDUAL
1006	1463	JOÃO MELO	M	38		01:25:41	01:24:55	INDIVIDUAL
1007	744	MARTINS BARATA	M	72		01:25:42	01:25:19	C FERROV PORTUGAL
1008	1467	HENRIQUETA SOLIPA	F	53		01:25:43	01:24:49	INDIVIDUAL
1009	301	CARLOS CONCEIÇÃO	M	52		01:25:44	01:24:39	C MILLENNIUM BCP
1010	1310	MIGUEL PEDRO	M	45		01:25:46	01:24:12	GINYRAMA TOURS
1011	990	XAVIER ROSA	M	38		01:25:46	01:24:20	JOBRINDE MONTES SALOIOS
1012	1094	FERNANDO VELEZ	M	49		01:25:46	01:25:46	CÂMARA L CLUBE
1013	1092	PAULO SANTOS	M	49		01:25:47	01:25:46	CÂMARA L CLUBE
1014	849	PEDRO GOMES	M	34		01:25:53	01:25:17	SS CGD

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1015	848	PEDRO CLÁUDIO	M	47		01:25:53	01:24:55	SS CGD
1016	856	RUI SANTOS	M	47		01:25:53	01:25:13	SS CGD
1017	1154	ERIC BREHIM	M	45		01:25:55	01:25:22	FRANÇA
1018	30	CARLA P FERNANDES	F	38		01:25:56	01:25:16	CCDT MUN ODIVELAS
1019	100	PEDRO SANTOS	M	43		01:25:57	01:25:13	INDIVIDUAL
1020	674	JOÃO PALMEIRO	M	19		01:26:01	01:25:09	INDIVIDUAL
1021	842	MIGUEL REIS	M	39		01:26:02	01:25:21	SS CGD
1022	1462	FERNANDO CASTANHEIRO	M	65		01:26:04	01:24:51	CORREDORES RESINEIROS CORGAS
1023	678	ISAAC CARRELO	M	54		01:26:04	01:25:49	CLUBE ANACOM
1024	675	JAIME AFONSO	M	50		01:26:06	01:25:49	CLUBE ANACOM
1025	459	JOAQUIM NEIVA	M	71		01:26:07	01:25:26	C BENFICA ALG M MARTINS
1026	517	BRUNO SILVA	M	29		01:26:10	01:25:12	A VALE SILÊNCIO
1027	1442	NUNO BARRADAS	M	50		01:26:13	01:26:13	WIKABOO
1028	1509	ANTONIO GONÇALVES	M	41		01:26:15	01:25:49	TARTARUGAS SOLIDÁRIAS
1029	269	JOÃO P PERNECO	M	43		01:26:15	01:25:45	INDIVIDUAL
1030	1122	PAULA SOARES	F	44		01:26:16	01:25:22	REST O CARTAXEIRO
1031	1055	LUIS M REIS	M	48		01:26:16	01:26:00	INDIVIDUAL
1032	1000	RUI M PIRES	M	42		01:26:20	01:24:58	INDIVIDUAL
1033	40	JOÃO P FERNANDES	M	35		01:26:27	01:25:19	INDIVIDUAL
1034	526	BRUNO OLIVEIRA	M	39		01:26:27	01:26:17	INDIVIDUAL
1035	175	LUIS PALMINHAS	M	45		01:26:29	01:25:34	C BENFICA ALG M MARTINS
1036	521	CLÁUDIA S SANTOS	F	30		01:26:32	01:25:50	INDIVIDUAL
1037	1544	SALVATORE GALGOLIANO	M	39		01:26:33	01:25:55	ITÁLIA
1038	1338	ANTÓNIO CASTRO	M	45		01:26:33	01:25:05	GD SANTANDER TOTTA
1039	529	CÉLIA FRANCISCO	F	41		01:26:34	01:26:11	INDIVIDUAL
1040	605	MARIA CORREIA	F	62		01:26:36	01:26:03	GD O INDEPENDENTE
1041	825	VANDA AUGUSTO	F	60		01:26:36	01:25:33	CA ODIMARQ
1042	1296	JOSÉ A SANTOS	M	54		01:26:36	01:26:07	INDIVIDUAL
1043	1323	LUIS GATINHO	M	47		01:26:40	01:26:17	GD SANTANDER TOTTA
1044	1114	PEDRO M NETO	M	31		01:26:40	01:26:40	INDIVIDUAL
1045	1116	ANTÓNIO P TEIXEIRA	M	38		01:26:40	01:25:11	WIKABOO
1046	1192	PAULO PIRES	M	47		01:26:46	01:26:12	OS AMIGOS DA ALAMEDA
1047	951	JOÃO L NOBRE	M	25		01:26:46	01:25:51	INDIVIDUAL
1048	959	BRUNO DIAS	M	38		01:26:51	01:26:24	SS CGD
1049	113	ISABEL SOFIA	F	44		01:26:54	01:25:39	NS S MIGUEL
1050	355	PAULO A SILVA	M	54		01:26:57	01:26:10	INDIVIDUAL
1051	846	PAULO ANDRADE	M	43		01:26:57	01:25:21	SS CGD
1052	395	ADELAIDE MANHICA	F	56		01:26:59	01:26:49	TEAM DA PTZONA
1053	397	CARMEN CRISTINO	F	42		01:26:59	01:26:52	TEAM DA PTZONA

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1054	37	MIGUEL RODRIGUES	M	35		01:27:03	01:25:23	LETS RUN MODAFOCAS
1055	58	TIAGO RODRIGUES	M	36		01:27:04	01:25:56	CORRER LISBOA
1056	55	JOSÉ G GOMES	M	37		01:27:04	01:25:55	CORRER LISBOA
1057	1494	MIGUEL QUINTANILHA	M	39		01:27:04	01:26:27	CORRER LISBOA
1058	174	IRIS MAURÍCIO	F	38		01:27:07	01:26:12	C BENFICA ALG M MARTINS
1059	1039	ISABEL L OLIVEIRA	F	45		01:27:10	01:26:31	RUN 4 FUN
1060	645	PEDRO C FERREIRA	M	35		01:27:11	01:26:50	INDIVIDUAL
1061	1471	RUI M ALMEIDA	M	43		01:27:13	01:26:51	TARTARUGAS SOLIDÁRIAS
1062	290	ANTÓNIO SANTOS	M	56		01:27:13	01:26:51	C MILLENNIUM BCP
1063	898	ANTÓNIO VINAGRE	M	67		01:27:13	01:26:55	CA AMIGOS PARQUE PAZ
1064	132	OSVALDO PIRES	M	31		01:27:16	01:26:51	INDIVIDUAL
1065	1549	VERA ALMEIDA	F	35		01:27:18	01:26:53	INDIVIDUAL
1066	381	CARLA HENRIQUES	F	39		01:27:20	01:26:44	INDIVIDUAL
1067	519	JORGE FRADIQUE	M	55		01:27:20	01:26:43	TEAMOLENGA
1068	540	PAULO PAIXÃO	M	41		01:27:20	01:26:21	C COLAB AXA
1069	537	JOÃO F FRADE	M	43		01:27:21	01:26:22	C COLAB AXA
1070	1001	JOSÉ TRONCOSO	M	54		01:27:23	01:26:30	INDIVIDUAL
1071	808	JOSÉ NEVES	M	63		01:27:27	01:27:21	OS INDOMÁVEIS
1072	964	CARLOS BRANCO	M	45		01:27:29	01:27:04	LX RUN
1073	618	DOMINGOS DURO	M	70		01:27:31	01:26:21	AMIGOS DA CORRIDA.COM
1074	306	JOÃO CANAS	M	32		01:27:34	01:26:43	C MILLENNIUM BCP
1075	1190	DANIEL BEEN	M	44		01:27:36	01:26:36	INDIVIDUAL
1076	1305	PEDRO SANTOS	M	36		01:27:37	01:26:06	GINYRAMA TOURS
1077	1307	VASCO RODEIA	M	45		01:27:37	01:26:06	GINYRAMA TOURS
1078	769	IVO CLARO	M	37		01:27:41	01:26:27	INDIVIDUAL
1079	168	CÁTIA COUVEIRO	F	29		01:27:42	01:27:17	INDIVIDUAL
1080	151	CARLOS A LOPES	M	31		01:27:42	01:27:17	INDIVIDUAL
1081	628	ANA OLIVEIRA	F	25		01:27:43	01:27:05	SAPATISTA
1082	33	PEDRO FARO	M	47		01:27:44	01:26:55	INDIVIDUAL
1083	416	JOÃO C GOMES	M	38		01:27:44	01:27:04	INDIVIDUAL
1084	413	JOÃO CARDOSO	M	41		01:27:46	01:27:24	INDIVIDUAL
1085	412	NUNO TERRAQUENTE	M	43		01:27:46	01:27:24	INDIVIDUAL
1086	172	ANTONIO GINJEIRA	M	74		01:27:50	01:27:31	C BENFICA ALG M MARTINS
1087	41	DAVID SILVA	M	32		01:27:51	01:27:28	CORRER LISBOA
1088	184	FERNANDO FERREIRA	M	76		01:27:51	01:27:34	C BENFICA ALG M MARTINS
1089	182	PATRÍCIA PEDRO	F	49		01:27:52	01:27:05	C BENFICA ALG M MARTINS
1090	1570	JOAQUIM OLIMPIO	M	64		01:27:57	01:27:04	INDIVIDUAL
1091	865	Mª JOÃO FRANCO	F	40		01:28:02	01:26:57	INDIVIDUAL
1092	569	IDALINA MADEIRA	F	54		01:28:05	01:27:38	AÇOREANA C BANIF

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1093	847	PAULO BAILÃO	M	44		01:28:07	01:27:22	SS CGD
1094	893	JOSÉ PEREIRA	M	58		01:28:10	01:26:24	OS PERIGOSOS
1095	86	BENTO VALENTE	M	49		01:28:10	01:26:22	OS PERIGOSOS
1096	385	Mª LEONOR ANTUNES	F	46		01:28:13	01:27:46	INDIVIDUAL
1097	534	LUIS ABRUNHOSA	M	47		01:28:16	01:26:41	INDIVIDUAL
1098	892	CARLOS MATINHA	M	64		01:28:16	01:27:01	AMIGOS DA MATINHA
1099	1269	TIAGO OLIVEIRA	M	35		01:28:17	01:27:36	INDIVIDUAL
1100	1523	MANUEL MENDONÇA	M	34		01:28:17	01:27:36	INDIVIDUAL
1101	14	JOAQUIM FRAGOSO	M	65		01:28:21	01:27:08	INDIVIDUAL
1102	565	CLÁUDIA TAM	F	33		01:28:22	01:28:01	AÇOREANA C BANIF
1103	1397	MIGUEL EÇA	M	42		01:28:29	01:27:04	INDIVIDUAL
1104	1380	JOANA GOMES	F	32		01:28:30	01:27:32	TEJAVISTA
1105	860	CRISTIANA ALMEIDA	F	50		01:28:34	01:27:40	SS CGD
1106	830	ANDRÉ NORONHA	M	50		01:28:34	01:27:40	SS CGD
1107	1404	CARLOS CORTÊS	M	51		01:28:39	01:27:33	POWERBOST CLUB
1108	1129	DEOLINDA URBANO	F	60		01:28:39	01:28:20	UA POVOENSE
1109	1433	ANTÓNIO REGO	M	43		01:28:40	01:27:52	PÉ DE ATLETA
1110	650	CARLOS FOLGADO	M	34		01:28:41	01:27:52	GRD RIBEIRA LAGE
1111	652	LÍCINIA REGO	F	45		01:28:41	01:27:52	GRD RIBEIRA LAGE
1112	854	RUI OLIVEIRA	M	48		01:28:48	01:28:09	SS CGD
1113	1412	VASCO S RAMOS	M	38		01:28:49	01:27:43	INDIVIDUAL
1114	260	XANA FILIPE	F	43		01:28:52	01:28:43	CLUBE NOVO BANCO
1115	396	SANDRA SILVA	F	41		01:28:55	01:28:46	TEAM DA PTZONA
1116	1529	RAMIRO MIGUEL	M	69		01:28:58	01:28:24	INDIVIDUAL
1117	1312	CARLOS PENA	M	46		01:28:58	01:28:58	INDIVIDUAL
1118	749	FRANCISCO COITO	M	63		01:29:01	01:28:45	CLUBE MARGINAL
1119	670	ALBERTINO SOARES	M	52		01:29:03	01:27:47	INDIVIDUAL
1120	1410	SÓNIA SOARES	F	35		01:29:04	01:27:58	INDIVIDUAL
1121	501	PEDRO A GONÇALVES	M	32		01:29:06	01:28:34	INDIVIDUAL
1122	1117	BRUNO AFONSO	M	29		01:29:06	01:28:12	INDIVIDUAL
1123	451	FILOMENA SANTANA	F	48		01:29:07	01:28:45	CDJ VILA FRIA
1124	535	ANDRÉ F DIAS	M	27		01:29:08	01:29:03	C COLAB AXA
1125	286	DULCE RAMOS	F	45		01:29:09	01:28:33	C MILLENNIUM BCP
1126	880	JOÃO CATARINO	M	48		01:29:11	01:28:46	SS MONTEPIO GERAL
1127	729	PAULO BETTENCOURT	M	53		01:29:11	01:28:49	INDIVIDUAL
1128	1375	JOSÉ LINDO	M	68		01:29:12	01:29:01	INDIVIDUAL
1129	285	LUIS REIS	M	45		01:29:15	01:28:29	C MILLENNIUM BCP
1130	1558	VITOR RODRIGUES	M	58		01:29:16	01:28:42	FIGAS E AMIGOS
1131	251	RICARDO FERNANDES	M	55		01:29:19	01:28:29	CLUBE NOVO BANCO

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1132	15	JORGE ANJOS	M	45		01:29:20	01:28:35	INDIVIDUAL
1133	1526	DANIEL LEITÃO	M	55		01:29:20	01:28:33	INDIVIDUAL
1134	727	ANTÓNIO R BATISTA	M	48		01:29:26	01:28:27	PELEGAS
1135	795	ANTÓNIO C NOVAS	M	36		01:29:28	01:28:17	INDIVIDUAL
1136	728	JOÃO F RITA	M	57		01:29:30	01:28:29	PELEGAS
1137	1480	MIGUEL S SANTOS	M	53		01:29:31	01:28:23	INDIVIDUAL
1138	1004	PEDRO PEREIRA	M	35		01:29:38	01:29:10	INDIVIDUAL
1139	1355	MANUEL PRATES	M	42		01:29:42	01:29:03	ATLETISMO VIDENSE
1140	473	JACINTA ALMEIDA	F	51		01:29:43	01:29:07	RAIL RUNNERS
1141	192	MARIA SILVA	F	46		01:29:44	01:28:44	INDIVIDUAL
1142	1455	ANA FANECA	F	43		01:29:46	01:28:55	INDIVIDUAL
1143	913	VITOR M FERNANDES	M	64		01:29:55	01:29:24	INDIVIDUAL
1144	1466	EDUARDO M ALVES	M	37		01:29:59	01:29:18	INDIVIDUAL
1145	26	ELISIO COSTA	M	59		01:30:00	01:29:18	CCDT MUN ODIVELAS
1146	423	RUI M RODRIGUES	M	40		01:30:00	01:29:29	INDIVIDUAL
1147	391	Mª TERESA FONSECA	F	30		01:30:04	01:28:41	BONS DIAS
1148	393	PEDRO MURTINHAL	M	44		01:30:04	01:29:33	AD MUNDO CORRIDA
1149	1365	GONÇALO PEDRO	M	35		01:30:06	01:29:40	AM 18 DE MAIO
1150	262	RICARDO LEAL	M	46		01:30:10	01:28:57	GEORUNNERS
1151	1522	DAVID CALDEIRA	M	36		01:30:10	01:29:20	A DANIEL CALDEIRA
1152	62	ANTÓNIO PINTO	M	38		01:30:10	01:28:42	INDIVIDUAL
1153	1521	ANTONIO CALDEIRA	M	61		01:30:10	01:29:19	A DANIEL CALDEIRA
1154	1419	TELMA MOREIRA	F	29		01:30:14	01:30:00	INDIVIDUAL
1155	79	JORGE LOPES	M	48		01:30:14	01:29:19	INDIVIDUAL
1156	1271	PHELIM OKANE	M	57		01:30:15	01:29:19	OS ZATOPEQUES
1157	354	MARLENE OLIVEIRA	F	41		01:30:17	01:29:45	INDIVIDUAL
1158	1270	CARLOS MORENO	M	36		01:30:17	01:29:35	INDIVIDUAL
1159	1277	LUIS AFONSO	M	56		01:30:19	01:29:49	GD INE
1160	95	NUNO J ALMEIDA	M	30		01:30:23	01:29:19	INDIERUNNERS
1161	512	HELENA CUNHA	F	56		01:30:23	01:29:26	ASAS
1162	917	NELSON B COELHO	M	32		01:30:23	01:29:19	INDIVIDUAL
1163	96	PAULA NOGUEIRA	F	39		01:30:23	01:29:19	INDIERUNNERS
1164	515	ANTÓNIO S MARQUES	M	66		01:30:24	01:29:27	ASAS
1165	410	JOSÉ REBOCHO	M	59		01:30:27	01:30:05	A VALE SILÊNCIO
1166	1101	JOÃO FIGUEIREDO	M	58		01:30:27	01:29:15	CÂMARA L CLUBE
1167	387	DEOLINDA SANTOS	F	43		01:30:30	01:29:04	INDIVIDUAL
1168	595	DÁLIA LEITE	F	52		01:30:31	01:30:16	TEAM NETO
1169	1378	MARCO LOPES	M	43		01:30:31	01:30:27	ALVERCA URBAN RUNNERS
1170	280	CARLOS TOMÉ	M	63		01:30:32	01:29:51	C MILLENNIUM BCP

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1171	1532	MARIO SILVA	M	47		01:30:33	01:29:46	AFRS
1172	386	GONÇALO DELCA	M	40		01:30:34	01:29:10	INDIVIDUAL
1173	550	CARLOS A GOMES	M	47		01:30:36	01:30:20	INDIVIDUAL
1174	572	JOSÉ SEQUEIRA	M	54		01:30:42	01:29:44	AÇOREANA C BANIF
1175	1552	~RUI M SANTOS	M	42		01:30:47	01:29:42	INDIVIDUAL
1176	629	MANUEL RODRIGUES	M	54		01:30:57	01:30:19	SAPATISTA
1177	453	JOÃO CAMPOS	M	42		01:30:57	01:30:35	INDIVIDUAL
1178	503	ELSA ALCOBIA	F	34		01:30:57	01:30:35	INDIVIDUAL
1179	274	LEONEL BRANDÃO	M	47		01:31:02	01:30:21	C MILLENNIUM BCP
1180	439	JOÃO C FERREIRA	M	51		01:31:08	01:30:25	TÁLENTO PRÁ CORRER TEAM
1181	178	ADRIANA SILVA	F	20		01:31:09	01:30:57	C BENFICA ALG M MARTINS
1182	27	FREDERICO VALLES	M	38		01:31:13	01:30:34	CCDT MUN ODIVELAS
1183	1335	LUIS M MARTINS	M	55		01:31:16	01:30:29	GD SANTANDER TOTTA
1184	1398	ANTÓNIO BILA	M	58		01:31:20	01:30:00	INDIVIDUAL
1185	832	ESMERALDO PEREIRA	M	68		01:31:22	01:30:26	SS CGD
1186	144	JOSÉ PIRES	M	79		01:31:24	01:30:39	CCDT METRO LX
1187	671	FRANCISCO RAFAEL	M	40		01:31:26	01:30:12	INDIVIDUAL
1188	1308	ALEXANDRA CENTENO	F	42		01:31:28	01:29:56	GINYRAMA TOURS
1189	543	VICTOR J RAMOS	M	44		01:31:31	01:31:00	C COLAB AXA
1190	876	ANA F CANELHAS	F	30		01:31:43	01:31:06	SS MONTEPIO GERAL
1191	235	FERNANDO FILIPE	M	46		01:31:43	01:31:33	CLUBE NOVO BANCO
1192	208	SOFIA SANTOS	F	34		01:31:44	01:30:18	INDIVIDUAL
1193	592	MIGUEL RANGEL	M	31		01:31:45	01:31:16	INDIVIDUAL
1194	590	JOAQUIM M C SANTOS	M	63		01:31:46	01:31:17	INDIVIDUAL
1195	942	ISABEL COSTA	F	42		01:31:48	01:30:46	STAL
1196	995	MIGUEL CASTRO	M	47		01:31:48	01:30:46	FAT OLD DUDES
1197	944	CARLA FERREIRA	F	34		01:31:49	01:30:45	STAL
1198	45	SÉRGIO CARDOSO	M	36		01:31:55	01:30:48	INDIVIDUAL
1199	369	HELENA ESTEVINHA	F	45		01:31:59	01:31:33	GD BANCO BPI
1200	555	MANUEL SILVA	M	41		01:31:59	01:31:41	INDIVIDUAL
1201	658	HÉLDER BATISTA	M	44		01:31:59	01:31:41	CARRASCO&AMIGOS
1202	445	JORGE H PEREIRA	M	51		01:32:01	01:30:36	INDIVIDUAL
1203	231	ANTÓNIO REIS	M	49		01:32:06	01:31:56	CLUBE NOVO BANCO
1204	1309	NUNO MARTINS	M	41		01:32:07	01:30:35	GINYRAMA TOURS
1205	294	NELSON GUIMARÃES	M	67		01:32:12	01:31:05	C MILLENNIUM BCP
1206	883	NUNO RODRIGUES	M	39		01:32:13	01:31:36	SS MONTEPIO GERAL
1207	1451	BRUNO FERNANDES	M	35		01:32:15	01:32:15	INDIVIDUAL
1208	1499	AMADEU SILVA	M	67		01:32:15	01:32:03	INDIVIDUAL
1209	875	FRANCISCO FURÃO	M	33		01:32:17	01:31:05	BRRNIGHTRUNNERS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1210	322	JOANA VAZ	F	30		01:32:18	01:31:45	INDIVIDUAL
1211	1029	CONSTANTINO MENDÃO	M	55		01:32:19	01:30:39	C PRAÇAS ARMADA
1212	1232	CÉLIA SILVEIRA	F	42		01:32:22	01:31:20	C PRAÇAS ARMADA
1213	889	LUIS M MATINHA	M	58		01:32:31	01:31:54	AMIGOS DA MATINHA
1214	190	JOSÉ P CARLOS	M	68		01:32:34	01:31:36	C BENFICA ALG M MARTINS
1215	371	INÊS BARRADAS	F	35		01:32:37	01:32:11	GD BANCO BPI
1216	514	JOSÉ FERRABELO	M	62		01:32:39	01:31:42	ASAS
1217	1107	FREDERICO SOUSA	M	51		01:32:42	01:31:54	LEBRES E TARTARUGAS
1218	1321	RUI SARROEIRA	M	46		01:32:49	01:31:46	GD SANTANDER TOTTA
1219	999	FILOMENA AGUIÃ	F	54		01:32:52	01:32:10	LESMAS ALOPRADAS
1220	1361	SÓNIA MORAIS SANTOS	F	41		01:32:53	01:32:26	COFINA RUNNERS
1221	1360	RICARDO BRANCO	M	42		01:32:54	01:32:27	COFINA RUNNERS
1222	706	JOÃO LANDEIRO	M	68		01:32:57	01:31:54	INDIVIDUAL
1223	1230	RODRIGO REIS	M	41		01:33:00	01:31:23	INDIVIDUAL
1224	108	EDUARDO AMORIM	M	43		01:33:08	01:31:42	INDIVIDUAL
1225	1573	CLAUDIA GARCIA	F	34		01:33:10	01:31:36	INDIVIDUAL
1226	3	JORGE MASSIMO	M	40		01:33:10	01:32:57	INDIVIDUAL
1227	974	ANA CANDEIAS	F	41		01:33:20	01:32:09	AS ENJOADAS DO ASFALTO
1228	1103	ANABELA M VIA	F	46		01:33:24	01:32:06	CÂMARA L CLUBE
1229	1400	BEATRIZ FRANCO	F	59		01:33:33	01:33:16	INDIVIDUAL
1230	394	JOÃO F SANTOS	M	29		01:33:34	01:32:07	INDIVIDUAL
1231	326	HENRIQUE VILHENA	M	59		01:33:34	01:32:12	INDIVIDUAL
1232	1172	ISILDA BARRADAS	F	64		01:33:44	01:33:44	AB CAMPOLIDE
1233	1556	CUSTODIO SILVA	M	50		01:34:07	01:33:55	INDIVIDUAL
1234	1572	EDUARDO MARTISN	M	67		01:34:07	01:33:33	INDIVIDUAL
1235	177	ROSA GONCALVES	F	47		01:34:07	01:33:55	C BENFICA ALG M MARTINS
1236	1430	ANDRÉ JOÃO SILVA	M	26		01:34:12	01:32:49	INDIVIDUAL
1237	462	RICARDO SOUSA	M	43		01:34:15	01:32:51	C BENFICA ALG M MARTINS
1238	776	CARLOS MATOS	M	77		01:34:15	01:32:55	LINDA-A-PASTORA SC
1239	181	JOAQUIM CRUZ	M	56		01:34:16	01:32:53	C BENFICA ALG M MARTINS
1240	32	EVA COELHO	F	33		01:34:20	01:33:28	INDIVIDUAL
1241	991	SÓNIA COSTA	F	41		01:34:20	01:32:54	JOBRINDE MONTES SALOIOS
1242	23	JOSÉ L AGAPITO	M	36		01:34:20	01:33:28	INDIVIDUAL
1243	597	NUNO A DIAS	M	39		01:34:23	01:33:30	BOFES DE FORA
1244	596	MARCOS A DIAS	M	45		01:34:24	01:33:33	BOFES DE FORA
1245	111	MÁRIO LIMA	M	62		01:34:25	01:33:17	AD MUNDO CORRIDA
1246	334	JOAQUIM ADELINO	M	66		01:34:25	01:33:16	A VALE SILÊNCIO
1247	1078	NUNO MARQUES	M	44		01:34:32	01:33:33	SEMPRE EM FESTA
1248	1141	SOPHIE FESTIS	F	52		01:34:36	01:34:06	FRANÇA

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1249	1336	NÍDIA FERREIRA	F	35		01:34:37	01:33:35	GD SANTANDER TOTTA
1250	1334	ANA CANHOTO	F	44		01:34:37	01:33:34	GD SANTANDER TOTTA
1251	793	MIGUEL TAVARES	M	42		01:34:37	01:33:35	CA PATAMEIRAS
1252	1327	MANUEL ROBALO	M	69		01:34:38	01:33:11	GD SANTANDER TOTTA
1253	718	ANA I MARQUES	F	45		01:34:40	01:33:33	BRRNIGHTRUNNERS
1254	29	SÓNIA ENVIA	F	38		01:34:40	01:34:01	CCDT MUN ODIVELAS
1255	316	SUSANA ALEXANDRE	F	31		01:34:46	01:34:18	CLUBE NOVO BANCO
1256	315	ELISABETE MARQUES	F	35		01:34:47	01:34:19	CLUBE NOVO BANCO
1257	1516	FRANCESCA BERNI	F	37		01:34:50	01:33:33	ITÁLIA
1258	53	JORGE M FRANCISCO	M	39		01:34:53	01:34:49	INDIVIDUAL
1259	1233	ÁLVARO COSTA	M	68		01:34:53	01:33:30	O MUNDO DA CORRIDA
1260	59	FRANCISCO L RIBEIRO	M	67		01:34:56	01:34:49	INDIVIDUAL
1261	452	MARTA ANDRADE	F	40		01:35:03	01:34:20	TREINO EM CASA
1262	988	DANIEL RAMOS	M	38		01:35:04	01:34:20	JOBRINDE MONTES SALOIOS
1263	135	ANABELA GONÇALVES	F	44		01:35:04	01:34:21	CCDT METRO LX
1264	39	RUI P SANTOS	M	45		01:35:06	01:33:41	INDIVIDUAL
1265	384	ILÍDIO MONTEIRO	M	65		01:35:12	01:33:52	INDIVIDUAL
1266	345	LUCÍLIA CASANOVA	F	59		01:35:15	01:34:38	INDIVIDUAL
1267	888	ADELINO MATINHA	M	55		01:35:20	01:34:29	AMIGOS DA MATINHA
1268	1160	SUSANA MALHEIRO	F	30		01:35:24	01:33:55	INDIVIDUAL
1269	887	ESMAEL MATINHA	M	64		01:35:24	01:34:09	AMIGOS DA MATINHA
1270	1149	NICK DOUBLE	M	38		01:35:27	01:35:04	G BRETANHA
1271	1150	RICHARD DILLEY	M	45		01:35:27	01:35:03	G BRETANHA
1272	1382	JOÃO PARRA	M	59		01:35:28	01:34:30	TEJAVISTA
1273	281	LEONEL FERREIRINHA	M	66		01:35:35	01:34:26	C MILLENNIUM BCP
1274	1229	ADRIANO CUNHA	M	61		01:35:41	01:34:55	INDIVIDUAL
1275	542	VANDA SEQUEIRA	F	42		01:35:43	01:34:44	C COLAB AXA
1276	1337	PEDRO DIAS	M	43		01:35:47	01:34:22	GD SANTANDER TOTTA
1277	1326	SUSANA GUERREIRO	F	38		01:36:00	01:34:40	GD SANTANDER TOTTA
1278	1527	MARTA CUNHA	M	33		01:36:05	01:35:21	INDIVIDUAL
1279	571	JOSÉ PAVÃO	M	58		01:36:10	01:36:01	AÇOREANA C BANIF
1280	1225	BRUNO CAETANO	M	36		01:36:14	01:35:59	INDIVIDUAL
1281	271	EDUARDO PINTO	M	47		01:36:15	01:35:29	C MILLENNIUM BCP
1282	523	ALBANO SANTOS	M	54		01:36:15	01:35:27	INDIVIDUAL
1283	367	CARLOS CORREIA	M	38		01:36:27	01:35:43	LEBRES DA RINCHOA
1284	1396	INÊS CORDEIRO	F	23		01:36:29	01:35:05	INDIVIDUAL
1285	1343	JOSÉ MONTEIRO	M	66		01:36:34	01:36:28	GD SANTANDER TOTTA
1286	314	EBERHARD A WILHELM	M	67		01:36:40	01:36:34	4 AO KM
1287	237	ISMAEL TEIXEIRA	M	40		01:36:42	01:35:40	CLUBE NOVO BANCO

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1288	107	RUI ARAÚJO	M	33		01:36:47	01:35:58	INDIVIDUAL
1289	106	SARA LOPES	F	29		01:36:47	01:35:59	INDIVIDUAL
1290	1170	MARIA AGUIAR	F	43		01:36:50	01:35:46	AB CAMPOLIDE
1291	1162	JOÃO SOUSA	M	16		01:36:50	01:36:50	AB CAMPOLIDE
1292	1043	RUI MELÃO	M	51		01:36:51	01:35:25	INDIVIDUAL
1293	948	PAULO MENDES	M	51		01:36:53	01:35:30	STAL
1294	1199	SOFIA ABRANTES	F	28		01:37:09	01:35:39	BALHELHAS
1295	586	TAM AFONSO	M	62		01:37:32	01:37:25	AÇOREANA C BANIF
1296	568	HELENA SANTOS	F	52		01:37:32	01:37:27	AÇOREANA C BANIF
1297	563	ANTÓNIO JORGE	M	60		01:37:32	01:37:25	AÇOREANA C BANIF
1298	863	PEDRO SÉRGIO	M	47		01:37:39	01:37:21	CCD CA MÚTUO
1299	525	CÁTIA ALVES	F	28		01:37:49	01:37:04	INDIVIDUAL
1300	1188	ADELINO SANTOS	M	42		01:38:02	01:37:48	TEAM SABICOR /REXCOL
1301	1329	PAULA FIGUEIREDO	F	47		01:38:08	01:36:41	GD SANTANDER TOTTA
1302	276	BRUNO SANTOS	M	41		01:38:17	01:36:51	C MILLENNIUM BCP
1303	1198	INÊS ABRANTES	F	30		01:38:27	01:38:27	BALHELHAS
1304	716	ANA MESQUITA	F	36		01:38:36	01:37:32	INDIVIDUAL
1305	967	CATARINA BORGES	F	37		01:38:43	01:37:20	INDIVIDUAL
1306	1322	RAFAEL PESSOA	M	41		01:38:52	01:37:49	GD SANTANDER TOTTA
1307	704	CARMEN CUNA	F	39		01:39:08	01:39:08	BRRNIGHTRUNNERS
1308	1474	NUNO JESUS	M	37		01:39:24	01:38:04	NJEP
1309	695	JOÃO PEREIRA	M	52		01:39:31	01:38:01	CCDP MUN CASCAIS
1310	688	ANTÓNIO TAVARES	M	50		01:39:31	01:38:32	CCDP MUN CASCAIS
1311	694	JOÃO PAIXÃO	M	64		01:39:31	01:38:31	CCDP MUN CASCAIS
1312	701	SARA HENRIQUES	F	41		01:39:31	01:38:29	CCDP MUN CASCAIS
1313	693	IVONE PEREIRA	F	48		01:39:31	01:38:30	CCDP MUN CASCAIS
1314	1105	RITA FERNANDES	F	21		01:39:33	01:38:34	MOV'ET
1315	896	MANUEL A SANTOS	M	76		01:39:44	01:38:06	INDIVIDUAL
1316	127	CATARINA SIMÃO	F	35		01:39:47	01:39:15	INDIVIDUAL
1317	1339	RITA RAMOS	F	35		01:39:47	01:39:35	GD SANTANDER TOTTA
1318	289	JORGE PALMA	M	41		01:39:48	01:38:13	C MILLENNIUM BCP
1319	1058	DANIELA FERNANDES	F	30		01:39:57	01:39:35	INDIVIDUAL
1320	1179	ANTÓNIO M CERQUEIRA	M	62		01:40:05	01:39:02	INDIVIDUAL
1321	197	DANIEL RODRIGUES	M	35		01:40:09	01:39:32	CLUBE ROBBIALAC
1322	199	MAGALI GUERREIRO	F	32		01:40:09	01:39:32	CLUBE ROBBIALAC
1323	1016	ELISABETH LOUREIRO	F	59		01:40:14	01:39:13	SC CASAÍNHOS
1324	133	RUI ALMEIDA	M	37		01:40:55	01:39:16	INDIVIDUAL
1325	758	TÂNIA FERNANDES	F	32		01:41:06	01:40:30	INDIVIDUAL
1326	862	PAULA NETO	F	50		01:41:11	01:40:47	CCD CA MÚTUO

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1327	925	SUSANA DIAS	F	53		01:41:25	01:40:41	STAL
1328	185	ADALBERTO GRILO	M	53		01:41:25	01:40:29	C BENFICA ALG M MARTINS
1329	1545	RENATO CARREIRA	M	42		01:41:51	01:41:51	INDIVIDUAL
1330	879	ISABEL OLIVEIRA	F	54		01:41:54	01:41:21	SS MONTEPIO GERAL
1331	916	DORA DUARTE	F	64		01:41:59	01:41:26	INDIVIDUAL
1332	973	PATRÍCIA ALMEIDA	F	40		01:42:00	01:40:49	AS ENJOADAS DO ASFALTO
1333	1362	JOÃO TAVARES	M	40		01:42:01	01:41:14	COFINA RUNNERS
1334	234	FELICIANA FERREIRA	F	49		01:42:18	01:42:08	CLUBE NOVO BANCO
1335	1441	JOANA RODRIGUES	F	32		01:42:34	01:41:35	INDIVIDUAL
1336	295	JOÃO SEBORRO	M	48		01:42:34	01:41:56	C MILLENNIUM BCP
1337	816	JOÃO GRAÇA	M	75		01:42:34	01:40:57	ND AUTOCOOPE
1338	296	PATRÍCIA CASTANHEIRA	F	46		01:42:34	01:41:56	C MILLENNIUM BCP
1339	150	FERNANDA PARRO	F	51		01:42:57	01:41:53	PARRORUNNERS
1340	149	LUIS PARRO	M	53		01:43:03	01:42:00	PARRORUNNERS
1341	1066	NUNO SANTIAGO	M	38		01:43:03	01:41:49	O MUNDO DA CORRIDA
1342	1060	RITA SALDANHA	F	27		01:43:04	01:43:04	INDIVIDUAL
1343	1123	MARIANA MARTINS	F	26		01:43:04	01:42:11	INDIVIDUAL
1344	1143	ELENA MAKAROVA	F	32		01:43:10	01:42:13	RÚSSIA
1345	1200	ANTÓNIO ABRANTES	M	60		01:43:10	01:41:41	BALHELHAS
1346	1470	LUIS C ALMEIDA	M	44		01:43:10	01:42:05	INDIVIDUAL
1347	46	JOANA D CHOURIÇO	F	51		01:43:26	01:43:21	INDIVIDUAL
1348	1358	ANDREIA VALE	F	36		01:43:39	01:42:53	COFINA RUNNERS
1349	31	CLÁUDIA ENVIA	F	34		01:43:40	01:43:00	CCDT MUN ODIVELAS
1350	1564	CESÁRIO SANHES	M	62		01:43:41	01:42:59	INDIVIDUAL
1351	1456	PAULA MAGALHÃES	F	43		01:44:25	01:43:02	INDIVIDUAL
1352	64	MARIA SILVA	F	47		01:44:49	01:43:50	CORRER LISBOA
1353	1255	SUSANA AMORIM	F	29		01:44:50	01:44:22	CORRER LISBOA
1354	390	JOSÉ L FREITAS	M	63		01:44:56	01:43:33	BONS DIAS
1355	841	JOSÉ MARTINS	M	40		01:44:56	01:43:49	SS CGD
1356	223	TERESA GRAÇA	F	60		01:45:07	01:44:55	INDIVIDUAL
1357	1189	ROBIN BEEN	F	40		01:45:20	01:44:19	INDIVIDUAL
1358	1097	CARLOS FERREIRA	M	50		01:45:40	01:44:20	CÂMARA L CLUBE
1359	638	JOAQUIM PEREIRA	M	75		01:45:55	01:45:51	AA LEBRES SADO
1360	591	ACÁCIO PEREIRA	M	54		01:46:57	01:46:26	INDIVIDUAL
1361	573	MA FEE HUNG	F	65		01:47:31	01:47:05	AÇOREANA C BANIF
1362	1218	NUNO BOTELHO	M	41		01:47:33	01:46:10	INDIVIDUAL
1363	1253	ANA F SILVA	F	29		01:47:33	01:47:04	CORRER LISBOA
1364	259	TERESA MARCELINO	F	42		01:47:51	01:46:56	CLUBE NOVO BANCO
1365	318	DIANA F SANTOS	F	22		01:47:53	01:47:53	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1366	1536	PEDRO MARQUES	M	28		01:49:06	01:47:30	INDIVIDUAL
1367	1537	RITA MARQUES	F	38		01:49:06	01:47:30	INDIVIDUAL
1368	547	HELENA FRANCO	F	41		01:49:10	01:47:42	INDIVIDUAL
1369	1417	MIGUEL SILVA	M	70		01:49:38	01:48:48	INDIVIDUAL
1370	1306	HUGO FRANCISCO	M	26		01:49:48	01:48:17	GINYRAMA TOURS
1371	506	JOSÉ HENRIQUES	M	65		01:49:50	01:49:50	CCD TRANQUILIDADE
1372	1356	NUNO JERÓNIMO	M	47		01:49:59	01:49:09	COFINA RUNNERS
1373	684	HELENA C SILVA	F	34		01:50:02	01:49:38	INDIVIDUAL
1374	268	PATRÍCIA BRANCO	F	42		01:50:02	01:48:38	INDIVIDUAL
1375	1145	HELENE FURTE	F	24		01:50:12	01:49:02	REP CHECA
1376	170	HELDER BAPTISTA	M	44		01:50:25	01:48:40	CARRASCO&AMIGOS
1377	782	CARINA AMARO	F	24		01:50:37	01:50:09	INDIVIDUAL
1378	1185	VANDA COVAS	F	33		01:52:09	01:51:21	INDIVIDUAL
1379	1186	RICARDO SANTOS	M	35		01:52:09	01:51:22	INDIVIDUAL
1380	548	JOÃO NOGUEIRA	M	50		01:52:21	01:50:53	INDIVIDUAL
1381	1076	PEDRO DIAS	M	24		01:52:55	01:52:28	INDIVIDUAL
1382	1157	MARGARIDA FONSECA	F	60		01:53:27	01:51:50	INDIVIDUAL
1383	299	ANTÓNIO BRAGA	M	55		01:56:16	01:55:16	C MILLENNIUM BCP
1384	300	ARINDA BRAGA	F	53		01:56:17	01:55:16	C MILLENNIUM BCP
1385	975	SANDRA SARAIVA	F	44		01:57:06	01:55:54	AS ENJOADAS DO ASFALTO
1386	350	Mª CARMO ANJOS	F	68		01:58:06	01:57:04	CONDOR
1387	283	FOCK CHIU	F	64		02:02:41	02:01:27	C MILLENNIUM BCP
1388	275	JOSÉ ARRUDA	M	66		02:02:42	02:01:28	C MILLENNIUM BCP
1389	1045	ANA I SILVA	F	56		02:03:45	02:03:44	GRD OS FIXES

Total de registros: 1389